



Sandra Isaacs-Bell

I was born and raised in Jamaica. I am the second oldest of 5 sisters and one brother. I have lived in Steamboat Springs for many years until December of 2021 when we bought our home in Hayden. I am a mother of three adult girls and the most amazing talented and handsome grandson in the world. He's just started High school and is already in the honor roll.... I'm so Proud.

In Jamaica kids were mostly raised by their grandparents, since your parents had to work, and it was no different for me. I spent all my childhood days and most of my adult years with my grandparents and around the elderly, which is normal for me since our grandparents lived with us throughout their years.

I truly enjoyed and learned a lot those years spent with my grandparents and elders in my community, especially since they have so much wisdom and tell the best stories. My grandparents died before I was an adult and was able to give them back all that they have given me. My job as a life enrichment coordinator gives me the opportunity to continue to be around the elders that were the foundation of who I am today, I continue to learn, laugh, do fun activities and be so motivated by their determination to keep going and try new things. I am blessed! To work in a field that allows me to be creative, and bring fulfillment, and meaningful engagement to these elders lives. The truth is it's a win, win. They do the same for me.

One unique thing about me is I love acting. I was involved in theater a lot back home. In fact, I'm in a movie on Netflix.... True Story.