



CTC QUALITY IMPROVEMENT INITIATIVE TO TEST USE OF NEW MEDICAID BILLING CODES TO SUPPORT HEALTH TRANSITION FROM PEDIATRIC TO ADULT CARE



In July 2026, CTC-RI kicked off its' 4th cohort of practices who are working on pediatric to adult care transition work – this time testing new Medicaid Health Transition of Care billing codes. The CTC Quality Improvement Learning Collaborative: Pediatric & Adult Practice Health Transition of Care/EPSDT Billing Code Pilot includes four adult practices and five pediatric practices, pediatric and adult clinician mentors, with learning and sharing at group meetings, monthly practice facilitation, and billing guidance resources. Key partners include RI DOH Title V partners, [Got Transition®](#), Health Plans (Tufts Point 32, United Healthcare, Neighborhood Health Plan), RI Primary Care Physicians Corp, EOHHS RI Medicaid and Rhode Island Department of Health.

Pediatric practices identify young adults aged 20 and under, with Medicaid coverage, who are ready to move to adult medicine. New patient appointments with adult clinicians have started and will continue through March 2027. Pediatric and adult clinicians are using health care transition readiness and skills assessments, providing counseling and guidance, and other transition activities to ensure young adults are prepared and care is coordinated.

Both pediatric and adult clinicians will test use of newly approved CPT codes that allow for payment for this important work.



For pediatric clinician **Patricia Flanagan, MD**, the shift is about more than paperwork.



“For too long, transitioning youth from pediatric to adult care had lacked attention and intention,” she said. “This project has been terrific in focusing on the implementation of intentional transfer of care and now, with new codes from Medicaid, on the process of billing for and receiving payment for this important work. Many thanks to our incredible practices for embracing this project!”

This work builds on five years of successful and successive projects, and has attracted national attention with multiple presentations regionally and nationally.



Amy Hulberg of the RI Executive Office of Health and Human Services (EOHHS) sees the new billing codes as an important policy signal. *“Supporting young people as they transition from pediatric*

to adult health care is an important part of ensuring continuity of care and helping individuals develop the skills they need to manage their health as adults,” she said. “For RI Medicaid, recognizing Health Transition of Care activities through established billing codes is an important step in acknowledging the work clinicians are already doing to make these transitions successful. This pilot provides an opportunity to help practices incorporate these services into their existing Medicaid billing processes, strengthen coordination between pediatric and adult clinicians, and ensure that young people have the support they need as they move into adult health care.”

CTC-RI will share the outcomes of this initiative in the early summer of 2027, together with HTOC toolkit and learning modules that will be available for use by other clinicians and practice teams.