
Geriatric Education Series

Exercise for Cognitive and Physical Function in Older Adults with Cognitive Impairment

Wednesday, February 23, 2022 | 12:00–1:00 PM EST

Register Here



Learning Objectives:

After completing this webinar, participants will be able to:

1. Describe the benefits of exercise on brain health and physical function.
2. Discuss mechanisms of neuroplasticity in relation to exercise.
3. Identify practical methods to adapt exercise interventions for people with cognitive impairment.



Speaker

Ellen McGough, PT, PhD

Professor and Department Chair of
Physical Therapy, University of RI

This activity has been submitted to the Northeast Multi-State Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation, and the Rhode Island College School of Social Work for 1.0 contact hours.

For more information or if you have trouble registering:

Email: rigec@etal.uri.edu | Phone: 401.874.5311

Direct Registration Link: <https://bit.ly/brh4reg>