

Delivering Age-Friendly Care: Implementing the 4M Framework and Supporting Care Partners of People with Dementia

Call for Applications

PROGRAM OVERVIEW

The Care Transformation Collaborative of Rhode Island (CTC-RI), in collaboration with the Rhode Island Department of Health (RIDOH), the Rhode Island Geriatrics Education Center and UnitedHealthcare, is pleased to offer \$6,000 to six primary care sites to participate in a seven-month quality improvement initiative. Should additional funding be secured, the committee may select up to ten practices.

This initiative will support 4M implementation and strengthen support for dementia care partners through identification, education, and referral. Optionally, sites may choose to incorporate the 4Ms into Medicare Annual Wellness Visits to improve consistency, efficiency, and quality of age-friendly care delivery.

Along with care partner engagement work, practices will participate in one of the following levels:

- **Level 1 – Age-Friendly Health System Participant:** for practices preparing to implement the 4M framework. Practices will develop and test workflows to support 4M implementation.
- **Level 2 – Committed to Care Excellence:** for practices that have already achieved Level 1 recognition. Practices will strengthen and refine 4Ms workflows and test reliable implementation.

EXPECTED BENEFITS

- Integration of the 4Ms into standardized clinical care
- National recognition as an Age-Friendly Health System
- Strengthened team-based workflows to improve care for older adults
- Improved identification and support of dementia care partners
- Increased staff confidence and competence in caring for older adults and people living with dementia
- Opportunities for peer learning and quality improvement coaching
- Enhanced Medicare Annual Wellness Visits (optional)

APPLICATION PROCESS

Applicants must submit:

- Online Application Form – See [Application Form](#) (view [PDF](#)) with:
 - a) Letter of Commitment– [Practice](#)
 - b) Letter of Commitment– [System of care](#) (as applicable)

Applications due Friday, July 31, 2026

Program dates: September 2026 through March 2027

For questions, contact: 4Mframework@ctc-ri.org

BACKGROUND

[Age-Friendly Health Systems](#) is an initiative of The John A. Hartford Foundation and the Institute of Healthcare Improvement (IHI), in partnership with the American Hospital Association and the Catholic Health Association of the United States. Age-Friendly Health Systems follow an essential set of evidence-based practices, cause no harm, and align care with What Matters to the older adult and their family caregivers. Becoming an Age-Friendly Health System entails reliably providing a set of four evidence-based elements of high-quality care, known as the “4Ms,” to all older adults: What **M**atters, **M**edication, **M**entation, and **M**obility.

By 2030, an estimated 25% of Rhode Island’s population will be aged 60 and older, increasing the need for age-friendly care. Older adults often face complex care needs related to medications, mobility, falls, cognition, mood, and personal goals and preferences. In addition, dementia care partners experience high levels of stress and increased health risks. This initiative will support practices in implementing the 4Ms while strengthening identification of care partners and connecting them to education and community resources.

SUPPORT PROVIDED

- \$6,000 to support initiative activities
- Monthly 1:1 practice facilitation, coaching, and technical assistance
- Guidance related to IHI recognition requirements
- Access to tools, templates, and implementation resources
- Support with identifying and supporting care partners of those with dementia
- Peer learning and shared problem-solving opportunities
- Assistance in integrating the 4Ms into AWV workflows (optional)

PRACTICE REQUIREMENTS*

- Identify a quality improvement team (provider champion plus 2-3 clinic or administrative staff of choice)
- Attend monthly 1-hour practice-facilitation meetings
- Integrate the 4Ms into clinical care workflows and documentation
- Complete brief pre- and post-assessment and one program evaluation
- Participate in three 1.5-hour virtual learning collaboratives
- Share limited aggregated 4M data for performance improvement and peer learning
- Apply for Level 1 or Level 2 recognition through IHI

**Estimated time commitment: approximately 2-4 hours per month*

FUNDING

- Practices will receive \$6,000, in two equal installments, to support initiative activities. The first \$3,000 will be paid at the start of the project. The second payment will be issued after completion of project deliverables and submission of the IHI application.

APPLICATION REVIEW

Up to six sites will be selected. Applications will be reviewed and scored in an objective, standardized manner. To view CTC’s policy and procedure for application review, [click here](#)

Preference may be given to practices:

- Serving larger populations of adults age 65+
- Serving larger population of patients living with dementia
- Participating in prior related CTC-RI initiatives or ECHO learning series

PROGRAM TIMELINE

Phase	Activity	Date
Application Planning	Optional information session to speak with CTC-RI Team Zoom: Meeting Link Here Meeting ID: 893 5454 4865 Passcode: 646876 <i>RSVP not required</i>	June 18, 7:30-8:30 AM June 24, 2026, 12:00-1:00 PM
Application Submission & Notification	Submit Online Application , along with: a. Letter of Commitment– Practice b. Letter of Commitment– System of care (as applicable)	July 31, 2026, by 5:00 PM ET
	Practices notified of selection; Participative agreement issued; Pre-assessment survey circulated	August 14, 2026
	Signed participative agreement and pre-assessment survey due	August 28, 2026
Program Implementation	Schedule monthly practice facilitation meetings (1 hour each)	August 28, 2026 - February 28, 2027
	Kickoff learning collaborative meeting (1.5 hours)	September 8, 2026
	Midpoint learning collaborative meeting (1.5 hours)	December 4, 2026
	Post-program survey due (~15 minutes)	February 28, 2027
	IHI application due	February 28, 2027
	Final learning collaborative meeting (1.5 hours)	March 4, 2027
	Program evaluation due (~15 minutes)	March 10, 2027