

PART 1 OF 2 | 3-HOUR | IN-PERSON TRAINING

NICOTINE DEPENDENCE OVERVIEW

What You Need to Know to Help People Quit ::::::::::::::

Tobacco and nicotine use touches every care setting, and conversations about cessation can feel uncomfortable no matter where you work. This training gives you the practical knowledge to screen confidently, counsel effectively, and connect patients to the right resources. You will learn how nicotine affects the brain and body, what drives dependence, and how evidence-based practices support lasting behavior change — **with specific attention to considerations for pregnant and postpartum patients.**

LEARNING OBJECTIVES

- Understand the health impacts of tobacco and nicotine use across patient populations, **particularly in pregnant and postpartum individuals**
- Learn how nicotine delivery mechanisms drive dependence in the brain
- Explore industry strategies, including menthol targeting, and their effects on vulnerable populations
- Review vaping, smokeless products, and emerging nicotine delivery systems
- Overview pharmacotherapy options and NRT, including safety considerations in pregnancy
- Leave with Rhode Island referral resources including QuitNowRI



SESSION DATES & REGISTRATION

CODAC Behavioral Healthcare
45 Royal Little Dr. Providence, RI

~~JUNE 9, 2026 | 10 AM - 1 PM~~ **SESSION FULL**
JULY 15, 2026 | 10 AM - 1 PM
JULY 29, 2026 | 10 AM - 1 PM

CLICK or SCAN TO REGISTER

\$50 stipend for participation
Limited to 25 spots per session

NASW Rhode Island CEUs Available

3 **AAFP CMEs:** Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending

Questions? Contact CTC-RI Der Kue: dkue@ctc-ri.org

PART 2 OF 2 | 3-HOUR | IN-PERSON TRAINING

NICOTINE DEPENDENCE PRACTICUM

Communication Skills for Cessation Conversations





Knowing the facts isn't enough. Providers also need to know how to have the conversation quickly and effectively. This highly interactive practicum equips busy clinicians with practical, evidence-based tools to screen and treat nicotine use more efficiently, with a focus on Motivational Interviewing (MI) skills applicable across care settings. **Special attention is given to the unique barriers faced by pregnant and postpartum patients.** Practice non-judgmental, person-centered language that meets patients where they are. **Completion of Part 1 is strongly recommended.**

LEARNING OBJECTIVES

- Apply MI Spirit to cessation conversations across clinical and community settings
- Use reflection skills to explore ambivalence and build motivation to quit
- Avoid common communication pitfalls that shut down behavior change conversations
- Recognize barriers specific to perinatal patients, including shame, stress, and household smoking
- Address partner and household smoking as a structural barrier to cessation
- Feel confident initiating cessation conversations in any care setting

SESSION DATES & REGISTRATION

 CODAC Behavioral Healthcare
45 Royal Little Dr. Providence, RI

JUNE 16, 2026 | 10 AM - 1 PM 

JULY 22, 2026 | 10 AM - 1 PM

AUGUST 5, 2026 | 10 AM - 1 PM

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