

# Rhode Island Commercial Health Insurance Tobacco Cessation Benefits



## Tobacco Cessation Treatment Coverage *(Fully Insured Plans Only)*

Benefits Information Contacts	Blue Cross/Blue Shield of RI (800) 639-2227 bcbsri.com	United Healthcare (800) 422-1404 uhc.com	Tufts Health Plan (800) 682-8059 tuftshealthplan.com	Neighborhood Health Plan of RI (401) 459-6637 nhpri.org
Pharmacotherapy Support: Over-The-Counter				
Nicotine patch	Yes	Yes	Yes	Yes
Nicotine gum	Yes	Yes	Yes	Yes
Nicotine lozenge	Yes	Yes	Yes	Yes
Is a prescription required?	Yes	Yes	Yes	Yes
Over the Counter covered?	Yes	Yes	Yes – generics only pursuant to a prescription	Yes
Length of treatment	180 days per 365	Two 90-day cycles per 365 days	365 days per 365	365 days per 365
Co-pay (for 90-day supply)	\$0 per 30-day supply, 90-day not available	\$0	\$0	\$0
Deductible required?	No	No	No	No
Comments	See length of treatment limits	Prior Authorization required for all tobacco treatment products	Prescription is required	Prescription is required
Pharmacotherapy Support: Prescription				
Zyban	No	Yes (generic Zyban)	Yes	Yes, generic
Wellbutrin SR (Brand) Bupropion (Generic)	Yes, generic	No	No	Yes, generic
Chantix® (varenicline)	Yes	Yes- Step Therapy	Yes	Yes
Nicotine inhaler	Yes	Yes- Step Therapy	Yes	Yes- for 168 days/year*
Nicotine nasal spray	Yes	Yes- Step Therapy	Yes	Yes- for 168 days/year*
Deductible required?	No	No	No	No
Comments	See length of treatment limits	Prior Authorization required for all tobacco treatment products	Generic Zyban is covered as well. Wellbutrin SR which is indicated for depression is not included	None
Length of treatment	180 days per 365	Two 90-day cycles per 365 days	365 days per 365	365 days per 365- unless specified otherwise above*
Co-pay (for 90-day supply)	\$0 per 30-day supply, 90-day not available	\$0	\$0	\$0

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Counseling Support				
Counseling support to stop smoking covered CPT codes 99406, 99407	Yes	Yes	Yes	Yes
What is covered	Individual counseling	Individual and group counseling	Individual, telephone, group counseling	Individual, group and telephonic counseling and smoking cessation classes
Length of treatment - # of session, minutes, etc.	No limits on smoking and tobacco use cessation counseling visits.	None	None	There are no visit time limits or # of session limits
Co-pay	No	No- Network providers at 100% (ACA Preventive Care Services benefit)	No	No
Deductible required?	No	No	No	No

\* Healthcare providers should review specific Health Plans, benefits are subject to change.

### The Five "As" of Intervention

- Ask about tobacco use at every visit.
- Advise to quit.
- Assess readiness to quit/willingness to make a quit attempt.
- Assist the patient willing to make a quit attempt.
- Arrange follow-up/referral as follows:

- To have the Quitline contact your patients, go to [QuitworksRI.org](#) and complete the fax referral form or web referral form
- For patients to refer themselves, they can call 1-800-QUIT NOW
- For information on quit resources, patients can visit [QuitNowRI.com](#)

### Billing Codes for Tobacco Addiction Treatment

The following list of codes for treatment of tobacco addiction is **not all-inclusive** as there may be additional codes available. **Contact the Health Plans for specific questions regarding billing of services.**

HCPCS/CPT Code	Type of Counseling	Description
99406	Intermediate	Smoking and tobacco use cessation counseling visit is greater than three minutes, but no more than 10 minutes
99407	Intensive	Smoking and tobacco use cessation counseling visit is greater than 10 minutes
99381-99397	Preventive medicine services	Comprehensive, preventive evaluation based on age and gender to include appropriate history (identify tobacco use status), examination, counseling/anticipatory guidance, risk factor reduction interventions, and related plan of care

Suggested Tobacco-Related ICD-10 CM Diagnosis Codes	Description
F17.200	Tobacco use disorder
O99.33	Tobacco use disorder complicating pregnancy, childbirth, or puerperium
T65.221	Toxic effect of tobacco and nicotine
<b>Code Listings:</b> The American Academy of Family Physicians -Coding Reference for Tobacco Use Prevention and Cessation Counseling Find A Code, LLC – 2016 American Medical Association	

**DISCLAIMER:** To the best of our knowledge, the information contained herein is accurate and complete at or near the date of publication; however, we do not warranty, nor do we assume any liability whatsoever for the accuracy and completeness of this information. Healthcare providers, and where appropriate other interested parties, should review specific Health Plans for benefits, which benefits are subject to change without notice.