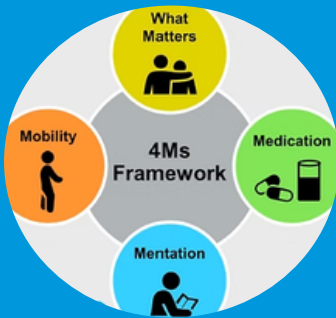


CTC-RI Launches Next Cohort of Delivering Age-Friendly Care: Implementing the 4M Model and Supporting Care Partners of People with Dementia



The Care Transformation Collaborative of RI (CTC-RI) kicked off the 2026-2027 cohort of Delivering Age-Friendly Care: Implementing the 4M Model and Supporting Care Partners of People with Dementia on September 17. Over the next six months, four Rhode Island primary care organizations will work toward Level 1 or Level 2 recognition from the Institute for Healthcare Improvement's (IHI) Age-Friendly Health Systems initiative, building on three prior cohorts of this work.

Age-Friendly Health Systems asks primary care practices to reliably address four things for every older adult: What Matters to them, their Medications, their Mentation (cognition and mood), and their Mobility, known together as the 4Ms.

Why This Work Matters

Nationally, about half of patients with Alzheimer's disease or related dementia report ever being told their diagnosis, and caregivers face similar gaps in information and support. The results from CTC-RI's prior cohorts show what changes when practices build a deliberate process around this work: the pre/post assessment from Cohort 3 found the largest gains in identifying and supporting care partners and in documenting what matters most to patients, along with significant improvement in mobility and mentation screening. For the roughly 1 in 10 Rhode Islanders over 65 living with a dementia diagnosis, and for the family members who often become full-time caregivers overnight, these aren't abstract quality metrics. They're the difference between a caregiver who feels alone and one who's handed a phone number for the Alzheimer's Association during the same visit where their own stress gets acknowledged for the first time.

How the Program Works

Practices will engage in a structured data-driven quality improvement collaborative modeled on the Plan-Do-Study-Act (PDSA) framework. Each practice will develop and test improvement strategies focused on embedding the 4Ms, What Matters, Medication, Mentation, and Mobility, into everyday clinical workflows, with particular attention to identifying and supporting care partners of patients living with dementia.

Looking Ahead

Practices will participate in peer Learning Collaborative sessions, giving practice teams the opportunity to share progress, troubleshoot challenges, and learn from subject matter experts in application of age-friendly health systems implementation. The project will conclude in February 2027 with practices applying to the Institute for Healthcare Improvement for Level 1 (Participant) or Level 2 (Committed to Care Excellence) recognition as an Age-Friendly Health System.

For more information about the Delivering Age-Friendly Care: Implementing the 4M Framework and Supporting Care Partners of People with Dementia Project contact Der Kue, Program Manager at dkue@ctc-ri.org.

Meet the Practice Facilitators

Suzanne Herzberg,
PhD, MS, OTR/L



Jayne Daylor, RN, MS

Christine Feronne, MS



Participating Practices

CTC-RI is pleased to welcome the following seven primary care practices into the 2026-2027 Delivering Age-Friendly Care Quality Improvement Project:

- Breakwater Primary Care (Pawtucket sites)
- Chad E. Lamendola, MD (East Greenwich)
- CNEMG Internal Medicine (Pawtucket)
- CNEMG Primary Care (Coventry)