

## July 21st to July 23rd, 2023 Mater Dolorosa Retreat Center

700 N. Sunnyside Avenue, Sierra Madre, CA, 91024 (626) 355-7188

#### \$250 FOR THE WEEKEND INCLUDES **ACCOMMODATIONS AND ACTIVITIES**

\$10 suggested voluntary contribution for future retreat planning can be made at the retreat check-in station.

#### **ACCOMMODATIONS**

- Air-conditioned single or double room with en suite bathroom with shower
- Chef-prepared meals

#### **ACTIVITIES**

- Facilitator-led workshops •
- Recovery meetings
- Guided meditation
- Art Therapy
- Gentle yoga
- Sound bath
- Spiritual walks
- Other wellness activities

#### FOR AN ADDITIONAL FEE

- Reiki Sessions\*
- Massage\*

\*scheduled upon arrival

# "Journey Through the Spiritual Principles"

- FACILITATED BY -

### Pearl Gillespie-Gray, CSW, M.Div., MSSW

Pearl Gillespie-Gray, M.Div, MSSW is an educator, social work practitioner, and spiritual leader with over 42 years of recovery. Pearl resides in Louisville, Kentucky, and conducts spiritual retreats internationally.

#### Special Guests

Basia Tacik, M.Ed, Yoga Teacher, Reiki Master, & Sound Vibration Therapist Pinoko Rudolph, Reiki & Sound Vibration Master, & Women's Circle Facilitator

Check-in on Friday, 7/21 from 3:45 pm to 5 pm Retreat begins with dinner at 6 pm and ends at noon on Sunday, 7/23.

Additional details will be provided via e-mail prior to the retreat.

For more information, contact:

Chair Tonya B. (626) 720-7622

Co-Chair Caroline H. (626) 466-2398

For room questions, contact:

Meredith G. (818) 679-1848

Find us on (7) al2stepwomen



Scan QR code to register or visit: https://tinyurl.com/womensall12

A nonrefundable \$50 deposit will reserve your space! Pay your remaining balance later or at the retreat. For payment questions, call Nancy at (626) 355-7188.

WOMEN'S ALL 12-STEP RETREAT   JULY 21ST-23R	RD.	2023
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To register by mail, please complete, detach, and return this portion to the address above. Include your payment or your nonrefundable \$50 deposit. You may also register by phone by calling the retreat center at the number listed

Name:			Room Preference:SingleDouble	
Address:				
	Street	Apt.#	Roommate:	
City	State	Zip	Room Considerations (mountain view, first floor, etc.):	
Phone:			Specify any ADA requirements:	
Email:				
Recovery group(s) affiliation (optional):			Specify any dietary requirements:	
Recovery Date (optional):			Scholarship donation:	