Albany State University

Vol. 1 No. 7

September 15th, 2026

RAM REVIEW

FOOTBALL



A Message from our Head Coach: David Bowser

As we move through the season, it becomes evident that we are going to experience ADVERSITY. Webster defines adversity as "a state or instance of serious or continued difficulty or misfortune." Every week during the football season these young men face challenges in the classroom, on the football field, and with relationships on the personal side of life. The great game of football should prepare them for how to deal with the adversity. It is easy to quit or give up during the storm; however, it takes a special mindset to have resilience and fortitude in dealing with the trials or storms in life. We must become comfortable with saying, "I am NOT okay." Once we acknowledge that we are struggling in an area, then we can get the resources and support to overcome the challenges. It is not going to be a simple process every time, but we must know and believe that something better is awaiting us on the other side of the adverse situation. New days bring HOPE and CONFIDENCE that the situation is getting better or more bearable. When we are in an adverse situation, let's change our perspective while waiting for the situation to improve or change. Because it may not change, but we can.

"We must accept finite disappointment but never lose infinite hope." -Martin Luther King, Jr.

WEEK 0
PLAYERS OF THE WEEK



Defense: De'Avary Weeks #4

- Position Defensive Line
- Height: 6-3
- Weight: 261
- Class: Senior
- Hometown: Jacksonville, FL

Stats This Week:

- 7 Tackles
- 1 Sack
- 1 Tackle for Loss



Offense: Derrick Timmons #16

- Position: Wide Receiver
- Height: 6-2
- Weight: 183
- Class: Redshirt Senior
- Hometown: Ellenton, Fla.

Stats This Week

- 5 Receptions
- 66 Yards



Special Teams: Jordan Lassiter #44

- Position: Linebacker
- Height: 5-9
- Weight: 222
- Class: Freshman
- Hometown: Albany, GA

Stats This Week

- 1 Tackle
- 1 Solo Tackle

WEEK 1 PLAYERS OF THE WEEK



Defense: Derrick Drayton #91

- Position: Defensive Line
- Height: 6-2
- Weight: 215
- Class: Redshirt Senior
- Hometown: College Park, GA

Stats This Week:

- 6 Tackles
- 3 Solo Tackles



Offense: Jaquan Graham #18

- Position: Wide Reciever
- Height 5-8
- Weight 158
- Class Junior
- Hometown Albany, GA.

Stats This Week

- 4 Receptions
- 95 Yards



Special Teams: Caleb Anderson #51

- Position: Linebacker
- Height 5-8
- Weight: 200
- Class: Junior
- Hometown: Thomasville, GA

Stats This Week

- 3 Tackles
- 2 Solo Tackles

STUDENT WORKERS OF THE WEEK



Alaysia Manigault



Daesia Willingham

This week, Albany State Football recognizes Alaysia Manigault and Daesia Willingham for their hard work and dedication to our program.

Alaysia Manigault, a senior Interdisciplinary Studies major, has served as a student equipment manager since 2023. Selected for the 2025 NFL Future Leaders in Football Fellowship, Alaysia continues to produce high-caliber work while balancing school, football and a part-time job.

“Alaysia is a Division I-caliber equipment manager. Her commitment to this program is elite, and she is a very special individual,” said Director of Football Operations Ashley Jones.

Daesia Willingham, a senior Health and Human Performance major, serves as a student athletic trainer and is a 2026 initiate of the Delta Rho Chapter of Delta Sigma Theta Sorority, Inc. Her discipline and genuine care for our student-athletes stand out daily.

“Daesia is dependable and reliable. She's there before you arrive, and still going after everyone else has left. Dependable isn't taught. It's who she is,” said Head Athletic Trainer Titania Lester.

LOVE YOUR COMMUNITY



Golden Rams Celebrate Grandparents Day

Albany State Football continued its commitment to serving the community by welcoming students from the Early Learning Center and their grandparents to campus in celebration of Grandparents Day.

Golden Rams football players spent time greeting the families, interacting with the children and helping make the day special for both students and their grandparents. The opportunity allowed our student-athletes to step away from football and simply connect with members of the community who continue to support Albany State.

Moments like these are an important part of our program's mission to develop young men beyond the football field. Whether through a big community service project or simply taking time to make a child or grandparent smile, our Golden Rams understand the importance of being present and giving back.

For the Golden Rams, community is bigger than football.

BEYOND THE FIELD





Pouring Into the Golden Rams

Over the last two weeks, Albany State Football has continued its commitment to developing our student-athletes beyond the field by welcoming Dr. Marvin Billups and Dr. John Davis as guest speakers.

Each speaker had the opportunity to pour wisdom, encouragement and valuable life lessons into our players as they prepared for competition. These sessions are about more than getting ready for Saturday. They give our student-athletes an opportunity to hear different perspectives and learn lessons they can carry with them beyond football.

Under Head Coach David Bowser, the Golden Rams continue to emphasize developing the whole student-athlete and preparing young men to be successful in football, academics, their careers and life.
We thank Dr. Billups and Dr. Davis for taking the time to invest in our Golden Rams.

ALUMNI IN ACTION





Savannah RAMily Shows Its Support

Albany State Football would like to extend a special thank you to the Savannah Coastal Georgia Alumni Chapter of the Albany State University National Alumni Association for providing our Golden Rams with a postgame meal following our trip to Savannah.

Having alumni support us on the road means a great deal to our program and, most importantly, shows our student-athletes that the Golden Ram RAMily extends far beyond Albany. We are grateful for the chapter's generosity and continued commitment to supporting Albany State.

A special thank you goes to Chapter President Candace Lucky for coordinating the postgame meal and making sure our players were taken care of.

We truly appreciate the Savannah Coastal Georgia Alumni Chapter for continuing to show up for our Golden Rams!

HOW YOU CAN HELP THE GOLDEN RAMS



Donations

Below is a List of snacks needed.

- Powerade
- Water
- Uncrustables
- Rice Crispy Treats
- Beef Jerky
- Slim Jims
- Fruit Snacks
- Apple Sauce
- Granola Bars
- Sun Chips
- Baked Chips
- Trail Mix
- Pretzels
- Liquid I.V.

Thank You

Thank you for your continued support of Albany State Football. We are grateful for your commitment to our student-athletes and our program. Together, we are building something special. Go Rams!

Stay connected with us

https://asugoldenrams.com/sports/football

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