



NEWPORT  
HOSPITALITY GROUP



## BAKE MY DAY

**NHG recognizes October Breast Cancer Awareness Month with our annual Bake My Day sale!**

Every October the Newport Hospitality Group, Inc. corporate office hosts a bake sale to raise awareness and a few funds for breast cancer research in honor of our family and friends. Very few of us can say that we haven't been touched in some way by this disease and this is our small way of helping to find a way to make lives better. This year our **Bake My Day** sale raised \$1060.00! Not bad for cakes and cookies (FYI the Key Lime Pies sold out immediately)! Thank you to everyone who participated by baking, buying, and donating!

*"Other than skin cancer, breast cancer is the most common cancer among American women. Mammograms are the best way to find breast cancer early when it is easier to treat and before it is big enough to feel or cause symptoms."*

**The CDC makes detection affordable by offering free, or low-cost mammograms to lower-income, and uninsured families, click to find out if you qualify.**

### **Know the Symptoms! They may include:**

- Changes in the size or shape of the breast.
- Pain in any area of the breast.
- Nipple discharge other than breast milk (including blood).
- A new lump in the breast or underarm.

**Don't wait, contact your doctor right away.  
Early detection can make all the difference in your world.**

**LAURIE CAMPBELL**  
**Senior Corporate Director of Sales and Marketing**

