

# NEW BEDFORD PUBLIC SCHOOLS

VIEW MENU ONLINE: • [www.newbedfordschools.org](http://www.newbedfordschools.org)

(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



## Elementary Menu

### MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>NEW BEDFORD PUBLIC SCHOOLS</b> <b>Explorers</b> 				
<b>4</b> <b>BREAKFAST:</b> BANANA BREAD, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> TOTALLY TACO, TOSSED SALAD, LITE DRESSING, FRESH FRUIT, MILK	<b>5</b> <b>BREAKFAST:</b> MULTIGRAIN FROSTED FLAKES CEREAL JUMP START BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK  <b>LUNCH:</b> CREAMED TURKEY, DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, BANANA, MILK	<b>6</b> <b>BREAKFAST:</b> SNACK N'LOAF, YOGURT, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> MAXX STICKS w/DIPPING SAUCE, CARROTS, FRESH APPLE, MILK	<b>7</b> <b>BREAKFAST:</b> CINNAMON TOAST CRUNCH CEREAL BREAKFAST BAR KIT w/JUICE, FRESH FRUIT, MILK  <b>LUNCH:</b> SLOPPY JOE ON A BUN, GREEN BEANS, PEARS, OATMEAL RAISIN COOKIE, MILK	<b>1</b> <b>BREAKFAST:</b> BAGEL w/CREAM CHEESE, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> FISH -n- CHIPS, OVEN FRIES, COLESLAW, FRUIT MIX, MILK
<b>11</b> <b>BREAKFAST:</b> CRUNCHMANIA FRENCH TOAST, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> SPAGHETTI w/MEATBALLS, DINNER ROLL, MARGARINE CUP, TOSSED SALAD, FRESH APPLE, MILK	<b>12</b> <b>BREAKFAST:</b> GOLDEN GRAHAM BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK  <b>LUNCH:</b> CHICKEN PATTY ON A BUN, CELERY STICKS w/HUMMUS, RAISINS, MILK	<b>13</b> <b>BREAKFAST:</b> HONEY WHEAT BREAKFAST BAR, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> SHEPARD'S PIE w/CORN, BROWN GRAVY, DINNER ROLL, MARGARINE CUP, PEACHES, MILK	<b>14</b> <b>BREAKFAST:</b> APPLE JACKS BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK  <b>LUNCH:</b> BREADED CHICKEN DRUMSTICK, BABY BAKER POTATOES, CARROTS, DINNER ROLL, MARGARINE CUP, FRUIT MIX, MILK	<b>15</b> <b>BREAKFAST:</b> CHOCOLATE CHIP MUFFIN, STRING CHEESE, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> PIZZA WEDGE, TOMATO & CUCUMBER SALAD, FRESH PEAR, MILK
<b>18</b> <b>BREAKFAST:</b> ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> CHICKEN BOWL, MASHED POTATO, CORN/GRAVY, FRESH FRUIT, MILK	<b>19</b> <b>BREAKFAST:</b> TRIX CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK  <b>LUNCH:</b> CHEESEBURGER ON A BUN, SEASONED POTATO WEDGES, BROCCOLI, CINNAMON APPLE SLICES, MILK	<b>20</b> <b>BREAKFAST:</b> BLUEBERRY BELVITA, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> CHIX TERIYAKI DIPPERS, DINNER ROLL, MARGARINE CUP, MASHED POTATO, PEAS, PEARS, MILK	<b>21</b> <b>BREAKFAST:</b> CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK  <b>LUNCH:</b> BBQ PULLED PORK SANDWICH, 4 BEAN SALAD, APPLESAUCE, MILK	<b>22</b> <b>BREAKFAST:</b> BLUEBERRY MUFFIN, YOGURT, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> TUNA ROLL, CHIPS, GREEN BEANS, SORBET CUP, MILK
<b>25</b> <b>BREAKFAST:</b> NUTRIGRAIN BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> HOT DOG ON A BUN, CORN ON THE COB, VEGETARIAN BEANS, PEACH CUP, MILK	<b>26</b> <b>BREAKFAST:</b> MULTI-GRAIN CHEERIOS CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK  <b>LUNCH:</b> TACO TUESDAY TORTILLA CHIPS, SHREDDED LETTUCE, TOMATO, SHREDDED MOZZARELLA, SOUR CREAM, FROZEN FRUIT JUICE CUP, MILK	<b>27</b> <b>BREAKFAST:</b> MUFFIN TOP, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> FRENCH TOAST STICKS, MAPLE SYRUP CUP, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK	<b>28</b> <b>BREAKFAST:</b> APPLE CINNAMON CHEERIOS CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK  <b>LUNCH:</b> CHICKEN BROCCOLI ALFREDO, TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK	<b>29</b> <b>BREAKFAST:</b> BAGEL w/CREAM CHEESE, FRESH FRUIT, JUICE, MILK  <b>LUNCH:</b> FISH -n- CHIPS, OVEN FRIES, COLESLAW, FRUIT MIX, MILK

**ALLERGIES: Before placing your order, please inform your server if there is a food allergy.**

USDA Non-discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascrusda.gov/complaint\\_filing\\_cust.html](http://www.ascrusda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights - 1400 Independence Avenue, SW - Washington, DC 20250-9410; fax: (202) 690-7442; or e-mail: [program.inlake@usda.gov](mailto:program.inlake@usda.gov).

This institution is an equal opportunity provider.