

NEW BEDFORD PUBLIC SCHOOLS


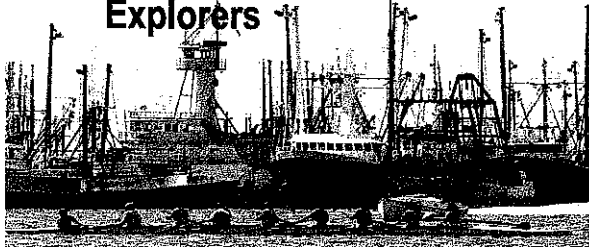
VIEW MENU ONLINE: • www.newbedfordschools.org

(click on Breakfast/Lunch Menu under Quick Links, then click Menus)



Elementary & Middle School Menu

DECEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 BREAKFAST: LUCKY CHARMS CEREAL KIT w/FRUIT JUICE, PEACH CUP, MILK LUNCH: SOUTHWESTERN BEEF BOWL IN A TACO TUB w/RICE, BLACK BEANS, SALSA, SOUR CREAM, GUACAMOLE, FRESH APPLE, MILK</p>	<p>3 BREAKFAST: CINNAMON ROLL, GRAPE JUICE, FRESH PEAR, MILK LUNCH: CHICKEN TERIYAKI DIPPERS, SWEET POTATO FRIES, DINNER ROLL, MARGARINE CUP PEARS, MILK</p>	<p>4 BREAKFAST: VANILLA YOGURT, GRANOLA, CRAISINS, APPLE JUICE, MILK LUNCH: PEPPERONI PIZZA, CUCUMBER & TOMATO SALAD w/ITALIAN DRESSING, BLUE RASPBERRY SORBET CUP, MILK</p>	<p>5 BREAKFAST: HONEY WHEAT BREAKFAST BAR, FRUIT PUNCH, FRESH TANGERINES, MILK LUNCH: GRILLED CHEESE SANDWICH, TATER TOTS, STEAMED BROCCOLI, FRUIT COCKTAIL, MILK</p>	<p>6 BREAKFAST: CHOCOLATE CHIP MUFFIN BREAKFAST KIT w/JUICE, APPLE SLICES, MILK LUNCH: CHICKEN PATTY ON A BUN w/LETTUCE & TOMATO, SPIRAL FRIES, FRESH PEAR, MILK</p>
<p>9 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL KIT w/APPLE JUICE, PEACH CUP, MILK LUNCH: TANGERINE CHICKEN, RICE, PEAS, BABY CARROTS, PINEAPPLE TIDBITS, MILK</p>	<p>10 BREAKFAST: BANANA BREAD, APPLESAUCE CUP, ORANGE JUICE, MILK LUNCH: CHEESY BEEF NACHOS, BLACK BEANS, SALSA, FRESH APPLE, MILK</p>	<p>11 BREAKFAST: SWEET POTATO ROLL, GRAPE JUICE, FRESH BANANA, MILK LUNCH: PIZZA BITES w/MARINARA SAUCE, TOSSED SALAD w/RANCH DRESSING, PEARS, MILK</p>	<p>12 BREAKFAST: SUNRISE BITES, RAISINS, FRUIT PUNCH, MILK LUNCH: FRENCH TOAST STICKS w/MAPLE SYRUP, TURKEY BACON, CELERY STICKS, ORANGE WEDGES, MILK</p>	<p>13 BREAKFAST: CINNAMON CRUMB CAKE, FRESH PEAR, GRAPE JUICE, MILK LUNCH: CHEESEBURGER ON A BUN w/LETTUCE & TOMATO, POTATO SPUDSTERS, APPLESAUCE CUP, MILK</p>
<p>16 BREAKFAST: TRIX CEREAL KIT w/FRUIT JUICE, PEACH CUP, MILK LUNCH: BAKED MAC & CHEESE, STEAMED BROCCOLI, TROPICAL FRUIT, MILK</p>	<p>17 BREAKFAST: CHOCOLATE CHIP MUFFIN TOP, TANGERINES, APPLE JUICE, MILK LUNCH: CHICKEN FAJITA WRAP w/CHEESE, SOUR CREAM, BLACK BEANS, FRESH RED PEPPER STRIPS, RANCH DRESSING, ORANGE SORBET CUP, MILK</p>	<p>18 BREAKFAST: CRUNCHMANIA FRENCH TOAST BITES, APPLE SLICES, ORANGE JUICE, MILK LUNCH: STUFFED CRUST CHEESE PIZZA, TOMATO & CUCUMBER SALAD, PEACHES, STRAWBERRY CRAISINS, MILK</p>	<p>19 BREAKFAST: BLUEBERRY BREAD, CRAISINS, FRUIT JUICE, MILK LUNCH: BREAKFAST CROISSANT w/HAM, EGG & CHEESE, CRISPY BAKED POTATO EMOTICONS, SNACK PACK CARROTS, RANCH DRESSING, FRESH APPLE, MILK</p>	<p>20 BREAKFAST: PUMPKIN BREAD, APPLESAUCE CUP, GRAPE JUICE, MILK LUNCH: BAKED TURKEY DINNER w/MASHED POTATOES, TURKEY GRAVY, DINNER ROLL, MARGARINE CUP, GREEN BEANS, STRAWBERRY KIWI JOLLY FROZEN JUICE CUP, MILK</p>
<p>23 NO SCHOOL</p>	<p>24 NO SCHOOL</p>	<p>25 </p>	<p>26 27 Christmas Vacation</p>	
<p>30 NO SCHOOL</p>	<p>31 NO SCHOOL</p>	<p></p>	<p>NEW BEDFORD PUBLIC SCHOOLS Explorers </p>	

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

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Menu is subject to change.