





NEW BEDFORD PUBLIC SCHOOLS



K-8 Breakfast / Lunch Menu

VIEW MENU ONLINE: • www.newbedfordschools.org
(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)

JANUARY 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p>  <p>NOSCHOOL</p>	<p>3</p> <p>BREAKFAST: TRIX BREAKFAST CEREAL KIT, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: MAXX STICKS, DIPPING SAUCE, GREEN BEANS, SORBET FRUIT CUP, MILK</p>	<p>4</p> <p>BREAKFAST: ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHIX TERIYAKI DIPPERS, DINNER ROLL, MARGARINE CUP, MASHED POTATO, PEAS, PEARS, MILK</p>	<p>5</p> <p>BREAKFAST: FRUIT LOOPS JUMP START BREAKFAST KIT w/FRUIT JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: AMERICAN CHOP SUEY, FRESH SALAD w/ STRAWBERRY DRESSING, FRESH FRUIT, MILK</p>	<p>6</p> <p>BREAKFAST: CINNAMON TOAST CEREAL BAR, YOGURT, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHEESEBURGER ON A WHOLE WHEAT BUN, OVEN FRIES, CARROTS, CINNAMON APPLE SLICES, MILK</p>
<p>9</p> <p>BREAKFAST: SUNRISE BITES, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: HOT DOG ON A WHOLE WHEAT BUN, CORN ON THE COB, VEGETARIAN BEANS, PEACHES, MILK</p>	<p>10</p> <p>BREAKFAST: MULTI GRAIN CHEREIOS BREAKFAST KIT, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHIX NUGGETS, SWEET & SOUR SAUCE, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, SWEET POTATO FRIES, FRESH APPLE, MILK</p>	<p>11</p> <p>BREAKFAST: MUFFIN TOP, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: FRENCH TOAST STICKS, MAPLE SYRUP, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK</p>	<p>12</p> <p>BREAKFAST: CINN TOAST CRUNCH CEREAL BREAKFAST KIT w/APPLE JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: PIZZA SQUARE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK</p>	<p>13</p> <p>BREAKFAST: STRAWBERRY NUTRI GRAIN BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: BBQ CHICKEN, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FRUIT MIX, MILK</p>
<p>16</p>  <p>MARTIN LUTHER KING, JR. DAY</p>	<p>17</p> <p>BREAKFAST: MULTI GRAIN FROSTED FLAKES, JUMP START, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: MOZZERELLA STICKS w/MARINARA SAUCE, ONION RINGS, BROCCOLI, FRESH FRUIT, MILK</p>	<p>18</p> <p>BREAKFAST: STRAWBERRY DELIGHTS, STRING CHEESE, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CREAMED TURKEY, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FROZEN FRUIT JUICE CUP, MILK</p>	<p>19</p> <p>BREAKFAST: APPLE JACK JUMP START BREAKFAST KIT w/FRUIT JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: TACO SALAD, R/F FRITOS, SHREDDED LETTUCE, TOMATO, LITE SHREDDED CHEESE, APPLESAUCE, MILK</p>	<p>20</p> <p>BREAKFAST: BANANA BREAD, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: GRILLED CHEESE SANDWICH, TOMATO SOUP, SEA SALT CARAMEL POPCORN, BANANA, MILK</p>
<p>23</p> <p>PROFESSIONAL DEVELOPMENT DAY</p> <p>NOSCHOOL</p>	<p>24</p> <p>BREAKFAST: COCOA PUFF BREAKFAST KIT, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHICKEN PATTY ON A WHOLE WHEAT BUN, COLESLAW, RAISINS, MILK</p>	<p>25</p> <p>BREAKFAST: CHOCOLATE CHIP MUFFIN, STRING CHEESE, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: PIZZA WEDGE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, TROPICAL FRUIT, MILK</p>	<p>26</p> <p>BREAKFAST: GOLDEN GRAHAM CEREAL BREAKFAST KIT w/APPLE JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: SHEPARD'S PIE w/ CORN, BROWN GRAVY, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, PEACHES, MILK</p>	<p>27</p> <p>BREAKFAST: CRUNCHMANIA FRENCH TOAST, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: MEATBALL SUB, 4 BEAN SALAD, FRESH PEAR, MILK</p>
<p>30</p> <p>BREAKFAST: CHEERIOS CEREAL BAR, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: KALE SOUP, DINNER ROLL, MARGARINE CUP, FRESH FRUIT, MILK</p>	<p>31</p> <p>BREAKFAST: TRIX BREAKFAST CEREAL KIT, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHEESEBURGER ON A WHOLE WHEAT BUN, OVEN FRIES, CARROTS, CINNAMON APPLE SLICES, MILK</p>			 <p>NEW BEDFORD PUBLIC SCHOOLS Explorers</p>

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

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