

NEW BEDFORD PUBLIC SCHOOLS

VIEW MENU ONLINE: • www.newbedfordschools.org
(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



Elementary Menu OCTOBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BREAKFAST: TRIX CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: KALE SOUP, DINNER ROLL, MARGARINE CUP, FRESH FRUIT, MILK	3 BREAKFAST: ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK LUNCH: CHEESEBURGER ON A BUN, OVEN FRIES, CARROTS, CINNAMON APPLE SLICES, MILK	4 BREAKFAST: GOLDEN GRAHAM BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: CHIX TERIYAKI DIPPERS, DINNER ROLL, MARGARINE CUP, MASHED POTATO, PEAS, PEARS, MILK	5 BREAKFAST: CHOCOLATE CHIP MUFFIN, YOGURT, FRESH FRUIT, JUICE, MILK LUNCH: AMERICAN CHOP SUEY, FRESH SALAD w/STRAWBERRY DRESSING, FRESH FRUIT, MILK	6 BREAKFAST: FRUIT LOOPS CEREAL JUMP START BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: MAXX STICKS DIPPING SAUCE, GREEN BEANS, SORBET FRUIT CUP, MILK
9  NO SCHOOL	10 BREAKFAST: NUTRI GRAIN BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: CHIX NUGGETS, SWEET & SOUR SAUCE, DINNER ROLL, MARGARINE CUP, SWEET POTATO FRIES, FRESH APPLE, MILK	11 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BAR BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: FRENCH TOAST STICKS, SYRUP CUP, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK	12 BREAKFAST: MUFFIN TOP, FRESH FRUIT, JUICE, MILK LUNCH: PIZZA SQUARE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK	13 BREAKFAST: APPLE JACKS CEREAL JUMP START BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: BBQ CHICKEN, DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FRUIT MIX, MILK
16 BREAKFAST: MULTI GRAIN CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: MOZZARELLA STICKS w/MARINARA SAUCE, ONION RINGS, BROCCOLI, FRESH FRUIT, MILK	17 BREAKFAST: BANANA BREAD, FRESH FRUIT, JUICE, MILK LUNCH: SLOPPY JOE ON A BUN, ROMAINE SALAD MIX w/CHIC PEAS, LITE DRESSING, PEARS, OATMEAL RAISIN COOKIE, MILK	18 BREAKFAST: COCOA PUFF CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: CREAMED TURKEY, DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FROZEN FRUIT JUICE CUP, MILK	19 BREAKFAST: SUNRISE BITES, FRESH FRUIT, JUICE, MILK LUNCH: GRILLED CHEESE SANDWICH, TOMATO SOUP, BANANA, MILK	20 BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: TACO SALAD, R/F FRITOS, SHREDDED LETTUCE, TOMATO, LITE SHREDDED CHEESE, APPLE SAUCE, MILK
23 BREAKFAST: FROSTED MINI WHEAT CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: SPAGHETTI w/MEATSAUCE, DINNER ROLL, MARGARINE CUP, CELERY STICKS w/HUMMUS, FRESH APPLE, MILK	24 BREAKFAST: CRUNCHMANIA FRENCH TOAST, FRESH FRUIT, JUICE, MILK LUNCH: CHICKEN PATTY ON A BUN COLESLAW, RAISINS, MILK	25 BREAKFAST: STRAWBERRY OATMEAL BAR BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: PIZZA WEDGE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, TROPICAL FRUIT, MILK	26 BREAKFAST: BLUE BELVITA BISCUIT, FRESH FRUIT, JUICE, MILK LUNCH: SHEPARD'S PIE w/CORN, BROWN GRAVY, DINNER ROLL, MARGARINE CUP, PEACHES, MILK	27 BREAKFAST: LUCKY CHARMS CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: MEATBALL SUB, 4 BEAN SALAD, FRESH PEAR, MILK
30 BREAKFAST: TRIX CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK LUNCH: KALE SOUP, DINNER ROLL, MARGARINE CUP, FRESH FRUIT, MILK	31 BREAKFAST: ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK LUNCH: CHEESEBURGER ON A W/W BUN, OVEN FRIES, CARROTS, CINNAMON APPLE SLICES, HALLOWEEN COOKIE, MILK	 HAPPY HALLOWEEN	NEW BEDFORD PUBLIC SCHOOLS Explorers 	

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

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