

# NEW BEDFORD PUBLIC SCHOOLS

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(click on Breakfast/Lunch Menu under Quick Links, then click Menus)



Elementary & Middle School Menu

## FEBRUARY 2020

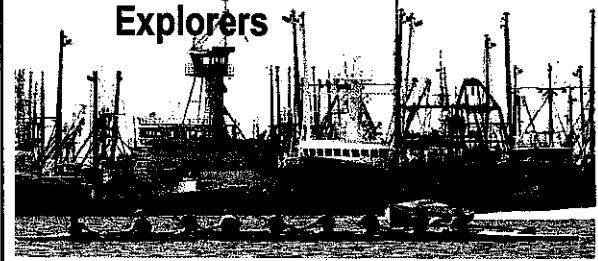
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>BREAKFAST:</b> MULTIGRAIN CHEERIOS CEREAL KIT w/JUICE, APPLESAUCE CUP, MILK <b>LUNCH:</b> CLASSIC POP-CORN CHICKEN BOWL w/MASHED POTATOES, GRAVY, CORN, CHEDDAR CHEESE, DICED PEACHES, MILK	<b>4</b> <b>BREAKFAST:</b> CINNAMON ROLL, FRESH APPLE, BERRY JUICE, MILK <b>LUNCH:</b> CHICKEN & WAF-FLES, MAPLE SYRUP, CAR-ROT STICKS, RANCH DRESSING, STRAWBER-RIES, MILK	<b>5</b> <b>BREAKFAST:</b> MARSHMAL-LOW MATEYS CEREAL, APPLE JUICE, FRESH PEAR, MILK <b>LUNCH:</b> BEEF & BEAN BUR-RITO w/CHEESE, REFRIED BEANS, SALSA, SOUR CREAM, APPLESAUCE, MILK	<b>6</b> <b>BREAKFAST:</b> BLUEBERRY MUFFIN TOP, FRESH APPLE SLICES, ORANGE JUICE, MILK <b>LUNCH:</b> FRENCH BREAD PIZZA, TOSSED-SALAD, ITALIAN DRESSING, DICED BEETS, SNOWMAN FROZEN 100% JUICE CUP, MILK	<b>7</b> <b>BREAKFAST:</b> COCO PUFFS CEREAL KIT w/JUICE, PEACH CUP, MILK <b>LUNCH:</b> ALL-BEEF HOT DOG ON A BUN, CORN ON THE COB, VEGETARIAN BAKED BEANS, FRESH GOLDEN DELICIOUS APPLE, MILK
<b>10</b> <b>BREAKFAST:</b> LUCKY CHARMS CEREAL KIT w/JUICE, PEACH CUP, MILK <b>LUNCH:</b> SOUTHWESTERN BEEF BOWL IN A TACO TUB w/SEASONED BEEF, RICE, BLACK BEANS, SALSA & SOUR CREAM, FRESH APPLE, MILK	<b>11</b> <b>BREAKFAST:</b> CORN MUF-FIN, GRAPE JUICE, FRESH BANANA, MILK <b>LUNCH:</b> CHICKEN TERIYAKI DIPPERS, CRISPY BAKED MASHED POTATO EMOTI-CONS, DINNER ROLL, MAR-GARINE CUP, ORANGE WEDGES, MILK	<b>12</b> <b>BREAKFAST:</b> VANILLA YO-GURT, GRANOLA, CRAISINS, APPLE JUICE, MILK <b>LUNCH:</b> PEPPERONI PIZZA, CUCUMBER & TOMATO SALAD w/ITALIAN DRESS-ING, PEARS, MILK	<b>13</b> <b>BREAKFAST:</b> HONEY WHEAT BREAKFAST BAR, BERRY JUICE, FRESH PEAR, MILK <b>LUNCH:</b> GRILLED CHEESE SANDWICH, STEAMED BROCCOLI, FRUIT COCK-TAIL, MILK	<b>14</b> Valentine's Day <b>BREAKFAST:</b> CINNAMON TOAST CRUNCH CEREAL BAR KIT w/JUICE, APPLE SLICES, MILK <b>LUNCH:</b> CHICKEN PATTY SANDWICH w/LETTUCE & TOMATO, ROASTED BUT-TERNUT SQUASH, CHERRY VALENTINE'S FROZEN JUICE CUP, MILK
<b>17</b> President's Day	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>

# W I N T E R V A C A T I O N

<b>24</b> <b>BREAKFAST:</b> TRIX CEREAL KIT w/JUICE, PEACH CUP, MILK <b>LUNCH:</b> BAKED TURKEY DINNER w/MASHED POTATOES, TURKEY GRAVY, DIN-NER ROLL, MARGARINE CUP, BAKED CINNAMON APPLES, GREEN BEANS, MILK	<b>25</b> <b>BREAKFAST:</b> CHOCOLATE CHIP MUFFIN, APPLE SLICES, ORANGE JUICE, MILK <b>LUNCH:</b> MINI CORN DOGS, KETCHUP, VEGETARIAN CHILI, FRESH RED PEPPER STRIPS, LITE RANCH DRESSING, FRESH PEAR, MILK	<b>26</b> <b>BREAKFAST:</b> APPLE JACKS CEREAL KIT w/JUICE, FRESH PEAR, MILK <b>LUNCH:</b> STUFFED CRUST CHEESE PIZZA, TOMATO & CUCUMBER SALAD, STRAWBERRY CRAISINS, MILK	<b>27</b> <b>BREAKFAST:</b> APPLE CINNA-MON MUFFIN, APPLE JUICE, PEACH CUP, MILK <b>LUNCH:</b> CHICKEN DRUM-STICK, DINNER ROLL, MAR-GARINE CUP, ROASTED BABY BAKER POTATOES, SNACK PACK CARROTS, RANCH DRESSING, FRESH APPLE, MILK	<b>28</b> <b>BREAKFAST:</b> FROSTED FLAKES CEREAL KIT w/JUICE, APPLESAUCE CUP, MILK <b>LUNCH:</b> BAKED MAC & CHEESE, STEAMED BROCCOLI, TROPICAL FRUIT, MILK
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## NEW BEDFORD PUBLIC SCHOOLS Explorers



**ALLERGIES:** Before placing your order, please inform your server if there is a food allergy.

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This institution is an equal opportunity provider.

Menu is subject to change.