

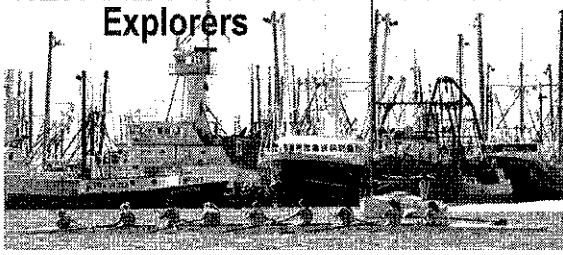



# NEW BEDFORD PUBLIC SCHOOLS

VIEW MENU ONLINE: • [www.newbedfordschools.org](http://www.newbedfordschools.org)

(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



## Elementary Menu NOVEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>NEW BEDFORD PUBLIC SCHOOLS</b> <b>Explorers</b> 		<b>1</b> <b>BREAKFAST:</b> GOLDEN GRAHAM BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK <b>LUNCH:</b> BREADED CHIX DRUM, DINNER ROLL, MARGARINE CUP, BABY BAKERS, PEAS, PEARS, MILK	<b>2</b> <b>BREAKFAST:</b> CHOCOLATE CHIP MUFFIN, YOGURT, FRESH FRUIT, JUICE, MILK <b>LUNCH:</b> AMERICAN CHOP SUEY, FRESH SALAD w/STRAWBERRY DRESSING, FRESH FRUIT, MILK	<b>3</b> <b>BREAKFAST:</b> FRUIT LOOPS CEREAL JUMP START BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK <b>LUNCH:</b> MAXX STICKS DIP-PING SAUCE, GREEN BEANS, SORBET FRUIT CUP, MILK
<b>6</b> <b>BREAKFAST:</b> MULTI GRAIN CHEERIOS CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK <b>LUNCH:</b> HOT DOG ON A W/W BUN, CORN ON THE COB, VEGETARIAN BEANS, PEACH CUP, MILK	<b>7</b> Gomes Elementary Only <b>BREAKFAST:</b> NUTRI GRAIN BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK <b>LUNCH:</b> CHIX NUGGETS, SWEET & SOUR SAUCE, DINNER ROLL, MARGARINE CUP, SWEET POTATO FRIES, FRESH APPLE, MILK <i>All others No School</i>	<b>8</b> <b>BREAKFAST:</b> CINNAMON TOAST CRUNCH CEREAL BAR BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK <b>LUNCH:</b> FRENCH TOAST STICKS, SYRUP CUP, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK	<b>9</b> <b>BREAKFAST:</b> MUFFIN TOP, FRESH FRUIT, JUICE, MILK <b>LUNCH:</b> PIZZA SQUARE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK	<b>10</b>  <b>NO SCHOOL</b>
<b>13</b> <b>BREAKFAST:</b> MULTI GRAIN FROSTED FLAKES CEREAL JUMPSTART BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK <b>LUNCH:</b> MOZZARELLA STICKS w/MARINARA SAUCE, ONION RINGS, BROCCOLI, FRESH FRUIT, MILK	<b>14</b> <b>BREAKFAST:</b> BANANA BREAD, FRESH FRUIT, JUICE, MILK <b>LUNCH:</b> SLOPPY JOE ON A BUN, ROMAINE SALAD MIX w/CHIC PEAS, LITE DRESSING, PEARS, OATMEAL RAISIN COOKIE, MILK	<b>15</b> <b>BREAKFAST:</b> COCOA PUFF CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK <b>LUNCH:</b> CREAMED TURKEY, DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FROZEN FRUIT JUICE CUP, MILK	<b>16</b> <b>BREAKFAST:</b> SUNRISE BITES, FRESH FRUIT, JUICE, MILK <b>LUNCH:</b> GRILLED CHEESE SANDWICH, TOMATO SOUP, BANANA, MILK	<b>17</b> <b>BREAKFAST:</b> CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK <b>LUNCH:</b> TACO SALAD, TORTILLA CHIPS, SHREDDED LETTUCE, TOMATO, LITE SHREDDED CHEESE, APPLESauce, MILK
<b>20</b> <b>BREAKFAST:</b> FROSTED MINI WHEAT CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK <b>LUNCH:</b> SPAGHETTI w/MEATSAUCE, DINNER ROLL, MARGARINE CUP, CELERY STICKS w/HUMMUS, FRESH APPLE, MILK	<b>21</b> <b>BREAKFAST:</b> CRUNCHMANIA FRENCH TOAST, FRESH FRUIT, JUICE, MILK <b>LUNCH:</b> ROAST TURKEY w/GRavy, MASHED POTATO, STUFFING, CORN, CRANBERRY SAUCE, DINNER ROLL, MARGARINE CUP, COOKIE, MILK	<b>22</b> <b>BREAKFAST:</b> STRAWBERRY OATMEAL BAR BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK  <b>½ Day NO LUNCH</b>	<b>23</b>  <b>HAPPY THANKSGIVING!</b>	<b>24</b>  <b>NO SCHOOL</b>
<b>27</b> <b>BREAKFAST:</b> TRIX CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK <b>LUNCH:</b> KALE SOUP, DINNER ROLL, MARGARINE CUP, FRESH FRUIT, MILK	<b>28</b> <b>BREAKFAST:</b> ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK <b>LUNCH:</b> CHEESEBURGER ON A BUN, OVEN FRIES, CARROTS, CINNAMON APPLE SLICES, MILK	<b>29</b> <b>BREAKFAST:</b> GOLDEN GRAHAM BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK <b>LUNCH:</b> BREADED CHIX DRUM, DINNER ROLL, MARGARINE CUP, BABY BAKERS, PEAS, PEARS, MILK	<b>30</b> <b>BREAKFAST:</b> CHOCOLATE CHIP MUFFIN, YOGURT, FRESH FRUIT, JUICE, MILK <b>LUNCH:</b> AMERICAN CHOP SUEY, FRESH SALAD w/STRAWBERRY DRESSING, FRESH FRUIT, MILK	

**ALLERGIES: Before placing your order, please inform your server if there is a food allergy.**

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