

NEW BEDFORD PUBLIC SCHOOLS

VIEW MENU ONLINE: • www.newbedfordschools.org

(click on Breakfast/Lunch Menu under Quick Links, then click Menus)



Elementary & Middle School Menu

JANUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NEW BEDFORD PUBLIC SCHOOLS Explorers</p>	<p>1</p> <p>2020 HAPPY NEW YEAR</p> <p>NO SCHOOL</p>	<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>NO SCHOOL</p>	
<p>6</p> <p>BREAKFAST: MULTIGRAIN CHEERIOS CEREAL KIT w/JUICE, PEACH CUP, MILK</p> <p>LUNCH: CLASSIC POP-CORN CHICKEN BOWL w/MASHED POTATOES, CORN, CHEDDAR CHEESE GRAVY, HAPPY NEW YEAR STRAWBERRY LEMONADE FROZEN JUICE CUP, MILK</p>	<p>7</p> <p>BREAKFAST: ZUCCHINI BREAD, APPLE JUICE, FRESH TANGERINES, MILK</p> <p>LUNCH: BEEF & BEAN BURRITO w/CHEESE, REFRIED BEANS, SALSA, SOUR CREAM, APPLESAUCE CUP, MILK</p>	<p>8</p> <p>BREAKFAST: CINNAMON ROLL, APPLE SLICES, BERRY JUICE, MILK</p> <p>LUNCH: FRENCH BREAD PIZZA, TOSSED SALAD, ITALIAN DRESSING, DICED BEETS, TROPICAL FRUIT, MILK</p>	<p>9</p> <p>BREAKFAST: BLUEBERRY MUFFIN TOP, FRESH APPLE, ORANGE JUICE, MILK</p> <p>LUNCH: CHICKEN TENDERS, DINNER ROLL, MARGARINE CUP, CARROTS, STRAWBERRY CUP, MILK</p>	<p>10</p> <p>BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BAR KIT w/JUICE, APPLE SAUCE, MILK</p> <p>LUNCH: ALL-BEEF HOT DOG ON A BUN, CORN ON THE COB, VEGETARIAN BEANS, FRESH PEAR, MILK</p>
<p>13</p> <p>BREAKFAST: LUCKY CHARMS CEREAL KIT w/JUICE, PEACH CUP, MILK</p> <p>LUNCH: SOUTHWESTERN BEEF BOWL IN A TACO TUB w/SEASONED BEEF, RICE, BLACK BEANS, SALSA & SOUR CREAM, FRESH APPLE, MILK</p>	<p>14</p> <p>BREAKFAST: CORN MUFFIN, GRAPE JUICE, FRESH PEAR, MILK</p> <p>LUNCH: CHICKEN TERIYAKI DIPPERS, SWEET POTATO FRIES, DINNER ROLL, MARGARINE CUP, ORANGE WEDGES, MILK</p>	<p>15</p> <p>BREAKFAST: VANILLA YOGURT, GRANOLA, CRAISINS, APPLE JUICE, MILK</p> <p>LUNCH: PEPPERONI PIZZA, CUCUMBER & TOMATO SALAD w/ITALIAN DRESSING, PEARS, MILK</p>	<p>16</p> <p>BREAKFAST: HONEY WHEAT BREAKFAST BAR, BERRY JUICE, FRESH TANGERINES, MILK</p> <p>LUNCH: GRILLED CHEESE SANDWICH, TATER TOTS, STEAMED BROCCOLI, FRUIT COCKTAIL, MILK</p>	<p>17</p> <p>BREAKFAST: COCO PUFFS CEREAL KIT w/JUICE, APPLE SLICES, MILK</p> <p>LUNCH: CHICKEN PATTY SANDWICH w/LETTUCE & TOMATO, SPIRAL FRIES, FRESH PEAR, MILK</p>
<p>20</p> <p>MARTIN LUTHER KING JR. Day</p> <p>NO SCHOOL</p>	<p>21</p> <p>BREAKFAST: CINNAMON TOAST CRUNCH CEREAL KIT w/JUICE, PEACH CUP, MILK</p> <p>LUNCH: TANGERINE CHICKEN, RICE, PEAS, BABY CARROTS, PEACHES, MILK</p>	<p>22</p> <p>BREAKFAST: SWEET POTATO ROLL, GRAPE JUICE, APPLESAUCE CUP, MILK</p> <p>LUNCH: PIZZA BITES w/MARINARA SAUCE, TOSSED SALAD w/LITE RANCH DRESSING, PEARS, MILK</p>	<p>23</p> <p>BREAKFAST: CINNAMON CRUMB CAKE, BERRY JUICE, MILK</p> <p>LUNCH: FRENCH TOAST STICKS w/MAPLE SYRUP, TURKEY BACON, CELERY STICKS, ORANGE WEDGES, MILK</p>	<p>24</p> <p>BREAKFAST: APPLE JACKS CEREAL KIT w/JUICE, FRESH PEAR, MILK</p> <p>LUNCH: CHEESEBURGER ON A BUN w/LETTUCE & TOMATO, POTATO SPUDSTERS, APPLESAUCE CUP, MILK</p>
<p>27</p> <p>PROFESSIONAL DEVELOPMENT DAY</p> <p>NO SCHOOL</p>	<p>28</p> <p>BREAKFAST: CHOCOLATE CHIP MUFFIN, FRESH TANGERINES, APPLE JUICE, MILK</p> <p>LUNCH: CHICKEN FAJITA WRAP w/CHEESE, SOUR CREAM, BLACK BEANS, FRESH RED PEPPER STRIPS, LITE RANCH DRESSING, FRESH PEAR, MILK</p>	<p>29</p> <p>BREAKFAST: APPLE CINNAMON MUFFIN, FRESH BANANA, PEACH CUP, ORANGE JUICE, MILK</p> <p>LUNCH: STUFFED CRUST CHEESE PIZZA, TOMATO & CUCUMBER SALAD, STRAWBERRY CRAISINS, MILK</p>	<p>30</p> <p>BREAKFAST: BLUEBERRY BREAD, CRAISINS, BERRY JUICE, MILK</p> <p>LUNCH: BREAKFAST CROISSANT w/HAM, EGG & CHEESE, CRISPY BAKED MASHED POTATO EMOTICONS, SNACK PACK CARROTS, RANCH DRESSING, FRESH APPLE, MILK</p>	<p>31</p> <p>BREAKFAST: FROSTED FLAKES CEREAL KIT w/JUICE, APPLESAUCE CUP, MILK</p> <p>LUNCH: BAKED TURKEY DINNER w/MASHED POTATOES, TURKEY GRAVY, DINNER ROLL, MARGARINE CUP, BAKED CINNAMON APPLES, GREEN BEANS, MILK</p>

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

USDA Non-discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascrusda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights - 1400 Independence Avenue, SW - Washington, DC 20250-9410; fax: (202) 690-7442; or e-mail: program.intake@usda.gov.

This institution is an equal opportunity provider.

Menu is subject to change.