

NEW BEDFORD PUBLIC SCHOOLS


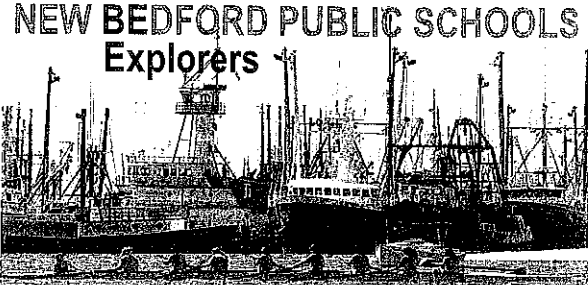
VIEW MENU ONLINE: • www.newbedfordschools.org

(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



Elementary Menu

OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>BREAKFAST: MULTI-GRAIN CHEERIOS CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: HOT DOG ON A BUN, CORN ON THE COB, VEGETARIAN BEANS, PEACH CUP, MILK</p>	<p>2</p> <p>BREAKFAST: NUTRI GRAIN BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHIX NUGGETS, SWEET & SOUR SAUCE, DINNER ROLL, MARGARINE CUP, SWEET POTATO FRIES, FRESH APPLE, MILK</p>	<p>3</p> <p>BREAKFAST: CINNAMON TOAST, CRUNCH CEREAL BAR BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: FRENCH TOAST STICKS, MAPLE SYRUP CUP, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK</p>	<p>4</p> <p>BREAKFAST: MUFFIN TOP, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHICKEN BROCCOLI ALFREDO, TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK</p>	<p>5</p> <p>BREAKFAST: APPLE CINNAMON CHEERIOS BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: FISH "n" CHIPS, OVEN FRIES, COLESLAW, FRUIT MIX, MILK</p>
<p>8</p> <p>Columbus</p>  <p>NO SCHOOL</p>	<p>9</p> <p>BREAKFAST: BANANA BREAD, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: TACO TUESDAY, TORTILLA CHIPS, SHREDDED LETTUCE, TOMATO, SHREDDED MOZZARELLA, SOUR CREAM, FROZEN FRUIT JUICE CUP, MILK</p>	<p>10</p> <p>BREAKFAST: COCOA PUFF CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: CREAMED TURKEY, DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, BANANA, MILK</p>	<p>11</p> <p>BREAKFAST: SUNRISE BITES, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: GRILLED CHEESE SANDWICH, VEGETABLE SOUP, WHITE CHEDDAR POPCORN, APPLESAUCE, MILK</p>	<p>12</p> <p>BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: SLOPPY JOE ON A BUN, GREEN BEANS, PEARS, OATMEAL RAISIN COOKIE, MILK</p>
<p>15</p> <p>BREAKFAST: MULTI GRAIN CHEERIOS BREAKFAST KIT w/JUICE, MILK</p> <p>LUNCH: SPAGHETTI w/MEATBALLS, DINNER ROLL, MARGARINE CUP, TOSSED SALAD, FRESH APPLE, MILK</p>	<p>16</p> <p>BREAKFAST: CRUNCHMANIA FRENCH TOAST, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHICKEN PATTY ON A BUN, CELERY STICKS w/HUMMUS, RAISINS, MILK</p>	<p>17</p> <p>BREAKFAST: STRAWBERRY OATMEAL BAR BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: SHEPARD'S PIE w/CORN, BROWN GRAVY, DINNER ROLL, MARGARINE CUP, PEACHES, MILK</p>	<p>18</p> <p>BREAKFAST: CHOCOLATE CHIP MUFFIN, STRING CHEESE, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: BREADED CHICKEN DRUMSTICK, BABY BAKER POTATOES, CARROTS, DINNER ROLL, MARGARINE CUP, FRUIT MIX, MILK</p>	<p>19</p> <p>BREAKFAST: MULTI GRAIN FROSTED FLAKES BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: PIZZA WEDGE, TOMATO & CUCUMBER SALAD, FRESH PEAR, MILK</p>
<p>22</p> <p>BREAKFAST: TRIX CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: CHICKEN BOWL, MASHED POTATO, CORN/GRAVY, FRESH FRUIT, MILK</p>	<p>23</p> <p>BREAKFAST: ZUCCHINI BREAD, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: CHEESEBURGER ON A BUN, SEASONED POTATO WEDGES, BROCCOLI, CINNAMON APPLE SLICES, MILK</p>	<p>24</p> <p>BREAKFAST: GOLDEN GRAHAM CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: CHIX TERIYAKI DIPPERS, DINNER ROLL, MARGARINE CUP, MASHED POTATO, PEAS, PEARS, MILK</p>	<p>25</p> <p>BREAKFAST: BLUEBERRY BELVITA, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: BBQ PULLED PORK SANDWICH, 4 BEAN SALAD, SORBET FRUIT CUP, MILK</p>	<p>26</p> <p>BREAKFAST: CINNAMON TOAST CRUNCH CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: TANGERINE CHICKEN, SEASONED RICE, GREEN BEANS, FRESH FRUIT, MILK</p>
<p>29</p> <p>BREAKFAST: MULTI-GRAIN CHEERIOS CEREAL BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: HOT DOG ON A BUN, CORN ON THE COB, VEGETARIAN BEANS, PEACH CUP, MILK</p>	<p>30</p> <p>BREAKFAST: NUTRI GRAIN BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK</p> <p>LUNCH: FRENCH TOAST STICKS, MAPLE SYRUP CUP, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK</p>	<p>31 HAPPY HALLOWEEN</p> <p>BREAKFAST: CINNAMON TOAST, CRUNCH CEREAL BAR BREAKFAST KIT w/JUICE, FRESH FRUIT, MILK</p> <p>LUNCH: SPOOKY CHIX NUGGETS, FRANKENSTEIN'S SWEET POTATO FRIES, GOOEY SWEET & SOUR SAUCE, DRACULAS DINNER ROLL w/MARGARINE CUP, BOOLICIOUS FRESH APPLE, JACK-O-LANTERN COOKIE, MONSTER'S MILK</p>	<p>NEW BEDFORD PUBLIC SCHOOLS Explorers</p> 	

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

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