




NEW BEDFORD PUBLIC SCHOOLS

VIEW MENU ONLINE: • www.newbedfordschools.org
(click on Breakfast/Lunch Menu under Hot Topics-Most Requested)



K-8 Breakfast / Lunch Menu

DECEMBER 2016

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BREAKFAST: FRUIT LOOPS JUMP START BREAKFAST KIT w/FRUIT JUICE, FRESH FRUIT, MILK LUNCH: AMERICAN CHOP SUEY, FRESH SALAD w/ STRAWBERRY DRESSING, FRESH FRUIT, MILK	2 BREAKFAST: CINNAMON TOAST CEREAL BAR, YOGURT, FRESH FRUIT, JUICE, MILK LUNCH: MAXX STICKS, DIPPING SAUCE, GREEN BEANS, SORBET FRUIT CUP, MILK
5 BREAKFAST: SUNRISE BITES, FRESH FRUIT, JUICE, MILK LUNCH: HOT DOG ON A WHOLE WHEAT BUN, CORN ON THE COB, VEGETARIAN BEANS, PEACHES, MILK	6 BREAKFAST: MULTI GRAIN CHEREIOS BREAKFAST KIT, FRESH FRUIT, JUICE, MILK LUNCH: CHIX NUGGETS, SWEET & SOUR SAUCE, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, SWEET POTATO FRIES, FRESH APPLE, MILK	7 BREAKFAST: MUFFIN TOP, FRESH FRUIT, JUICE, MILK LUNCH: FRENCH TOAST STICKS, MAPLE SYRUP, SAUSAGE PATTIES, SNACK PACK CARROTS, ORANGE WEDGES, MILK	8 BREAKFAST: CINN TOAST CRUNCH CEREAL BREAKFAST KIT w/APPLE JUICE, FRESH FRUIT, MILK LUNCH: PIZZA SQUARE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, STRAWBERRY CUP, MILK	9 BREAKFAST: STRAWBERRY NUTRI GRAIN BAR, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: BBQ CHICKEN, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FRUIT MIX, MILK
12 BREAKFAST: HONEY WHEAT BREAKFAST BAR, FRESH FRUIT, JUICE, MILK LUNCH: MOZZERELLA STICKS w/MARINARA SAUCE, ONION RINGS, BROCCOLI, FRESH FRUIT, MILK	13 BREAKFAST: MULTI GRAIN FROSTED FLAKES, JUMP START, FRESH FRUIT, JUICE, MILK LUNCH: SLOPPY JOE ON A BUN, ROMAINE SALAD MIX w/CHIC PEAS, LITE DRESSING, PEARS, OATMEAL RAISIN COOKIE, MILK	14 BREAKFAST: STRAWBERRY DELIGHTS, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: CREAMED TURKEY, WHOLE WHEAT DINNER ROLL, MARGARINE CUP, MASHED POTATO, CORN, FROZEN FRUIT JUICE CUP, MILK	15 BREAKFAST: APPLE JACK JUMP START BREAKFAST KIT w/FRUIT JUICE, FRESH FRUIT, MILK LUNCH: TACO SALAD, R/F FRITOS, SHREDDED LETTUCE, TOMATO, LITE SHREDDED CHEESE, APPLESAUCE, MILK	16 BREAKFAST: BANANA BREAD, FRESH FRUIT, JUICE, MILK LUNCH: GRILLED CHEESE SANDWICH, TOMATO SOUP, SEA SALT CARAMEL POPCORN, BANANA, MILK
19 BREAKFAST: BAGEL w/ CREAM CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: SPAGHETTI w/ MEATSAUCE, DINNER ROLL, MARGARINE CUP, CELERY STICKS w/ HUMMUS, FRESH APPLE, MILK	20 BREAKFAST: COCOA PUFF BREAKFAST KIT, FRESH FRUIT, JUICE, MILK LUNCH: CHICKEN PATTY ON A WHOLE WHEAT BUN, COLESLAW, RAISINS, MILK	21 BREAKFAST: CHOCOLATE CHIP MUFFIN, STRING CHEESE, FRESH FRUIT, JUICE, MILK LUNCH: PIZZA WEDGE, TOSSED SALAD w/TOMATO & CUKES, LITE DRESSING, TROPICAL FRUIT, MILK	22 BREAKFAST: GOLDEN GRAHAM CEREAL BREAKFAST KIT w/APPLE JUICE, FRESH FRUIT, MILK LUNCH: BAKED HAM w/ PINEAPPLE, MASHED POTATO, CORN, DINNER ROLL, MARGARINE CUP, CHRISTMAS COOKIE, MILK	23 <p style="text-align: center;">No School</p>
26 	27	28	29	30
<h2 style="color: green;">Christmas Vacation</h2>				

ALLERGIES: Before placing your order, please inform your server if there is a food allergy.

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