

SAPPHIRE AT SCHOOL

(949) 715-3320
info@sapphireatschool.com

SAINTS CAFÉ MENU

Every child deserves™ a healthy start.

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor.

Our sauces and dressings are homemade and contain no high fructose corn syrup, preservatives, or additives.

The menu includes carefully sourced ingredients such as certified organic chicken, 100% natural beef, select meats without added nitrates or nitrites, and recipes designed to minimize the use of seed oils whenever feasible.

For our sandwiches, we proudly utilize locally produced artisanal breads with no preservatives.

Each meal is served à la carte and includes packaged utensils, napkins, and condiments. All are individually packaged and labeled with student name and grade.

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

SAPPHIRE AT SCHOOL

MONDAY | OCTOBER 19

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD — 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR — 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

ROAST CHICKEN COBB SALAD — 8.75
Romaine, Egg, Bacon, Tomato, Cucumber, Cheddar Cheese, Avocado Ranch Dressing

(3) HAM & CHEDDAR SLIDERS — 7.25
Ham, Sweet Hawaiian Roll

OVEN ROASTED TURKEY CLUB SANDWICH — 9
Nitrate-Free Bacon, Lettuce, Tomato, White Bread *GFO*

FALAFEL WRAP — 8.25
Romaine, Cucumber, Diced Tomato, Roasted Beet Hummus, Tahini Sauce, Flour Tortilla

(6) COLD PORK DUMPLINGS — 8.95
Cucumber, Edamame, Ponzu

HOT ENTREES

BAKED ZITI PASTA (LARGE) — 8.75
Marinara, Mozzarella, Ricotta, Penne

CHICKEN TIKKA MASALA (LARGE) — 8.95
Chicken, Peas, Buttered Basmati Rice

CHOPPED CARNE ASADA BURRITO — 8.95
Refried Pinto Beans, Tomato-Garlic White Rice Salsa Roja, Flour Tortilla

BEAN & CHEESE BURRITO — 6.50
Cheddar Cheese, Pinto Beans, Flour Tortilla

SAPPHIRE AT SCHOOL

TUESDAY | OCTOBER 20

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

CHOPPED BBQ CHICKEN SALAD 8.65
Romaine, Tomato, Cucumber, Roast Corn, Red Onion, Black Bean, Cheddar Cheese, BBQ Ranch Dressing

ROAST BEEF & HAVARTI CROISSANT 9.50
Tomato, Lettuce

CHICKEN PESTO HOAGIE 8.75
Fresh Mozzarella, Tomato, Arugula, Balsamic Pesto, Baguette

SPICY KRAB & AVOCADO ROLL 8.25
Sticky Rice, Nori, Edamame

COLD TOFU UDON NOODLE BOWL 8.65
Cucumber, Edamame, Cabbage, Carrot, Green Onion Sesame Seed, Soy-Ginger Dressing

COLD CHICKEN UDON NOODLE BOWL 11.65
Organic Chopped Chicken, Cucumber, Edamame, Cabbage, Carrot, Green Onion Sesame Seed, Soy-Ginger Dressing

HOT ENTREES

CHEESEBURGER 8.15
Angus Beef, Cheddar Cheese, White Bun *GFO*

HAMBURGER 7.85
Angus Beef, White Bun *GFO*

TERIYAKI BEEF FRIED RICE 8.95
Scrambled Egg, Carrot, Cabbage, Pea, Onion

PENNE & (3) MEATBALLS 8.95
Marinara, Parmesan Cheese

PENNE MARINARA (LARGE) *GFO* 6.50

SAPPHIRE AT SCHOOL

WEDNESDAY | OCTOBER 21

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

LIMITED MENU DUE TO MININUM DAY SCHEDULE

COLD ENTREES

CAESAR SALAD — 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR — 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

BEEF TACO SALAD — 8.35
Romaine, Tomato, Roasted Corn, Black Beans, Cheddar Cheese, Pico de Gallo, Corn Tortilla Strips, Salsa Ranch

FALAFEL HOAGIE — 7.75
Lettuce, Tomato, Cucumber, Red Onion, Feta Cheese, Tzatziki, Lemon Tahini

TURKEY HOAGIE — 7.50
Provolone Cheese, Lettuce, Tomato

(6) COLD PORK DUMPLINGS — 8.95
Cucumber, Edamame, Ponzu

CALIFORNIA “POKE” BOWL — 9.95
Krab, Sticky White Rice, Edamame, Tomato, Cucumber
Japanese Carrot, Cabbage, Green Onion
Side of: Pickled Ginger, Sriracha-Sesame Mayo, Soy Sauce

SAPPHIRE AT SCHOOL

THURSDAY | OCTOBER 22

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD — 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR — 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

CHINESE CHICKEN SALAD — 8.75
Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton, Orange-Sesame Dressing

CHINESE TOFU SALAD — 7.75
Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton, Orange-Sesame Dressing

GROUND BEEF TACO WRAP — 8.75
Cheddar Cheese, Bell Pepper, Black Beans, Romaine, Pico de Gallo, Chipotle-Lime Ranch, Flour Tortilla

ITALIAN COLD SUB — 8.75
Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette

(3) TURKEY & CHEDDAR SLIDERS — 7.50
Sweet Hawaiian Roll

SPICY KRAB INARIZUSHI — 9.25
Edamame, Cucumber, Ponzu Sauce

HOT ENTREES

CHEESE ENCHILADAS — 7.50
Pinto Bean, Spanish Rice

4 PIECE BAKED CHICKEN TENDERS — 7.50

ITALIAN SAUSAGE HOAGIE — 8.95
Bell Pepper, Onion, Mozzarella, Marinara

TRADITIONAL POT ROAST — 8.95
Carrot, Pea, Mashed Potato, Onion, Celery

SAPPHIRE AT SCHOOL

FRIDAY | OCTOBER 23

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

BLACKENED SALMON CAESAR SALAD 11
Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHIPOTLE CHICKEN WRAP 8.75
Black Bean, Cheese, Lettuce, Tomato, Avocado, Honey Chipotle Mayo, Flour Tortilla

BLT CROISSANT 9.75
Bacon, Lettuce, Tomato

CALIFORNIA ROLL 7.75
Krab, Cucumber, Avocado, Sushi Rice, Nori, Soy Sauce

HOT ENTREES

ALL BEEF HOT DOG 5.25
Traditional Bun *GFO*

BRAISED BEEF STEW (LARGE) 8.95
Onion, Carrot, Peas, Mashed Potato

GRILLED CHICKEN MAC & CHEESE (LARGE) 8.75
Macaroni, House Made Cheese Sauce *GFO*

MAC & CHEESE (LARGE) 7.75
Macaroni, House Made Cheese Sauce *GFO*

SAPPHIRE®
AT SCHOOL

BREAKFAST

ASSORTED CEREAL	2.05	BUTTER CROISSANT	3.95	CINNAMON ROLL	3.45
BAGEL & CREAM CHEESE	4.50	CHOCOLATE CROISSANT	3.45	EGG & CHEESE BURRITO	6.50
ASSORTED MUFFINS	3.15	ASSORTED DANISHES	3.45	BACON & EGG BURRITO	7.50

DAILY BEVERAGES

NIAGRA WATER	1.45	GATORADE	2.60	ORGANIC CHOCOLATE MILK	2.95
SMART WATER	3.10	ALOHA	3.15	HAWAIIAN KONA COFFEE	3.15
SAN PELLEGRINO	2.60	NAKED JUICE	4.95	STARBUCKS DOUBLE SHOT	4.15
SAN PELLEGRINO (SPARKLING)	2.75	HONEST GREEN TEA	3.15	LA COLOMBE COFFEE	5.75
BAI INFUSION	3.45	ORGANIC MILK	2.95	ITO EN GREEN TEA	3.40

DAILY HOMEMADE & RETAIL SNACKS

MIXED FRUIT	3.75	EDAMAME	3.40	STACEY'S PITA CHIPS	2.25
ORANGE SLICES	2.95	CHOBANI YOGURT	1.95	BEEF JERKY	4.75
GRAPE CUP	3.35	POPCORN	2.25	POWER PROTEIN BAR	2.15
WATERMELON CUP	2.95	MISS VICKIE'S CHIPS	2.15	PICKLE BITES	3.10
PINEAPPLE CUP	2.95	LAY'S CHIPS	1.95	POCKY	3.40
MANGO CUP	4.85	CHEEZ ITS	0.95	FESHLY BAKED COOKIES	1.25
(2) HARD BOILED EGGS	1.85	CHEETOS	1.95	(2) ENERGY BITES	3.85
CRUDITE & RANCH	3.85	TAKIS	1.00	SAPPHIRE BROWNIES	1.85