

SAPPHIRE AT SCHOOL

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SAINTS CAFÉ MENU

Every child deserves™ a healthy start.

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor.

Our sauces and dressings are homemade and contain no high fructose corn syrup, preservatives, or additives.

The menu includes carefully sourced ingredients such as certified organic chicken, 100% natural beef, select meats without added nitrates or nitrites, and recipes designed to minimize the use of seed oils whenever feasible.

For our sandwiches, we proudly utilize locally produced artisanal breads with no preservatives.

Each meal is served à la carte and includes packaged utensils, napkins, and condiments. All are individually packaged and labeled with student name and grade.

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

SAPPHIRE AT SCHOOL

MONDAY | SEPTEMBER 21

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD — 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR — 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

CHICKEN & ORZO PASTA SALAD — 8.75
Feta, Red Onion, Tomato, Cucumber, Kalamata Olive, Basil, Spinach, Balsamic Dressing *VEGO*

GROUND BEEF TACO WRAP — 8.75
Cheddar Cheese, Pico de Gallo, Bell Pepper, Black Beans, Romaine, Chipotle-Lime Ranch, Flour Tortilla

OVEN ROASTED TURKEY CLUB SANDWICH — 9
Nitrate-Free Bacon, Lettuce, Tomato, White Bread *GFO*

(6) COLD PORK DUMPLINGS — 8.95
Cucumber, Edamame, Ponzu

HOT ENTREES

(4) BAKED CHICKEN TENDERS — 7.55

BEEF & BROCCOLI BOWL (LARGE) — 8.95
Green Onion, Steamed Jasmine Rice

TOFU & BROCCOLI BOWL (LARGE) — 7.95
Green Onion, Steamed Jasmine Rice

BLACKENED CHICKEN PASTA (LARGE) — 7.95
Bell Pepper, Onion, Tomato, Cajun Alfredo Sauce

BEEF CHORIZO & EGG BURRITO — 8.75
Cheese, Pinto Beans. Tater Tots, Pico de Gallo, Chipotle Crema, Flour Tortilla

SAPPHIRE AT SCHOOL

TUESDAY | SEPTEMBER 22

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

CHOPPED TURKEY & APPLE SALAD 8.65
Mixed Greens, Celery, Carrot, Cucumber, Dried Cranberries Sunflower Seeds, Quinoa, Balsamic Dressing

CHICKEN CAPRESE SANDWICH 8.95
Mozzarella, Tomato, Basil, Balsamic, Baguette

TURKEY & CHEDDAR SANDWICH 7
White Bread *GFO*

SPICY TERIYAKI SALOM ROLL 8.50
Cucumber, Avocado, Sticky Rice, Nori, Edamame

COLD TOFU UDON NOODLE BOWL 7.95
Cucumber, Edamame, Cabbage, Carrot, Green Onion Sesame Seed, Soy-Ginger Dressing

COLD CHICKEN UDON NOODLE BOWL 11.65
Organic Chopped Chicken, Cucumber, Edamame, Cabbage, Carrot, Green Onion Sesame Seed, Soy-Ginger Dressing

HOT ENTREES

CHICKEN POT PIE 8.75
Chicken, Peas, Carrot, Onion, Celery, Herb Gravy Biscuit Crust

KOREAN BBQ CHICKEN BOWL 8.95
Kimchi, Carrot, Edamame, Sesame- Green Onion Rice

PENNE & (3) MEATBALLS 8.95
Marinara, Parmesan Cheese

PENNE MARINARA (LARGE) *GFO* 6.50

SAPPHIRE AT SCHOOL

WEDNESDAY | SEPTEMBER 23

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

BEEF TACO SALAD 8.35
Romaine, Tomato, Roasted Corn, Black Beans, Cheddar Cheese, Pico de Gallo, Corn Tortilla Strips, Salsa Ranch

FALAFEL WRAP 8.25
Romaine, Cucumber, Diced Tomato, Roasted Beet Hummus, Tahini Sauce, Flour Tortilla

TURKEY PESTO HOAGIE 8.75
Arugula, Tomato, Roast Red Onion, Ricotta Pesto, Olive Tapenade, Balsamic, Baguette

(6) COLD PORK DUMPLINGS 8.95
Cucumber, Edamame, Ponzu

CALIFORNIA "POKE" BOWL 9.95
Krab, Sticky White Rice, Edamame, Tomato, Cucumber
Japanese Carrot, Cabbage, Green Onion
Side of: Pickled Ginger, Sriracha-Sesame Mayo, Soy Sauce

HOT ENTREES

(3) BBQ PULLED PORK SLIDERS 7.50
Sweet Hawaiian Roll

CHICKEN FRIED RICE (LARGE) 8.95
Scrambled Egg, Carrot, Corn, Onion, Peas

SHRIMP FRIED RICE (LARGE) 8.95
Green Onion, Broccoli, Carrot, Steamed Brown Rice

PENNE CHICKEN ALFREDO (LARGE) 8.95
Parmesan Cream Sauce *GFO*

PENNE ALFREDO (LARGE) 7.75
Parmesan Cream Sauce *GFO*

SAPPHIRE AT SCHOOL

THURSDAY | SEPTEMBER 24

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD — 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR — 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

CHINESE CHICKEN SALAD — 8.75
Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton, Orange-Sesame Dressing

CHINESE TOFU SALAD — 7.75
Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton, Orange-Sesame Dressing

BBQ CHICKEN TENDER WRAP — 8.75
Cheddar Cheese, Black Bean, Roast Corn, Bell Pepper, Tortilla Strips, BBQ Ranch Dressing

ITALIAN COLD SUB — 8.75
Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette

SRIRACHA GINGER SHRIMP BOWL — 10.95
Sticky Rice, Mango, Seaweed Salad, Edamame, Cucumber, Japanese Carrot, Cabbage, Green Onion, Side of: Pickled Ginger, Soy Sauce

HOT ENTREES

CHEESEBURGER — 8.15
Angus Beef, Cheddar Cheese, White Bun *GFO*

HAMBURGER — 7.85
Angus Beef, White Bun *GFO*

ORANGE CHICKEN BOWL — 8.95
Broccoli, Onion, Steamed Jasmine Rice

RICOTTA STUFFED SHELLS — 7.50
Spinach, Marinara

WHOLE GRAIN CHICKEN CORN DOG — 4.95

SAPPHIRE AT SCHOOL

FRIDAY | SEPTEMBER 25

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD — 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR — 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

BLACKENED SALMON CAESAR SALAD — 11
Romaine, Herb Crouton, Parmesan Dressing

ROAST BEEF & CHEDDAR HOAGIE — 8.25
Caramelized Onion, Arugula, Tomato, Hot- Honey Dijonnaise, Baguette

BLT SANDWICH — 8.75
Bacon, Lettuce, Tomato, White Pullman Bread

FALAFEL BOWL — 7.75
Leaf Lettuce, Quinoa, Tomato, Cucumber, Cabbage, Bell Pepper, Olive, Garbanzo Bean, Lemon-Tahini Dressing

CALIFORNIA ROLL — 7.75
Krab, Cucumber, Avocado, Sushi Rice, Nori, Soy Sauce

HOT ENTREES

GRILLED CHICKEN MAC & CHEESE (LARGE) — 8.75
Macaroni, House Made Cheese Sauce

TURKEY CHILI (LARGE) — 8.50
Red Beans, Pinto Beans, Cheddar Cheese, Tater Tots

BEEF TERIYAKI BOWL (LARGE) — 8.95
Broccoli, Carrot, Cabbage, Steamed Jasmine Rice

TOFU TERIYAKI BOWL (LARGE) — 7.95
Broccoli, Carrot, Cabbage, Steamed Jasmine Rice

SAPPHIRE®
AT SCHOOL

BREAKFAST

ASSORTED CEREAL	2.05	BUTTER CROISSANT	3.95	CINNAMON ROLL	3.45
BAGEL & CREAM CHEESE	4.50	CHOCOLATE CROISSANT	3.45	EGG & CHEESE BURRITO	6.50
ASSORTED MUFFINS	3.15	ASSORTED DANISHES	3.45	BACON & EGG BURRITO	7.50

DAILY BEVERAGES

NIAGRA WATER	1.45	GATORADE	2.60	ORGANIC CHOCOLATE MILK	2.95
SMART WATER	3.10	ALOHA	3.15	HAWAIIAN KONA COFFEE	3.15
SAN PELLEGRINO	2.60	NAKED JUICE	4.95	STARBUCKS DOUBLE SHOT	4.15
SAN PELLEGRINO (SPARKLING)	2.75	HONEST GREEN TEA	3.15	LA COLOMBE COFFEE	5.75
BAI INFUSION	3.45	ORGANIC MILK	2.95	ITO EN GREEN TEA	3.40

DAILY HOMEMADE & RETAIL SNACKS

MIXED FRUIT	3.75	EDAMAME	3.40	STACEY'S PITA CHIPS	2.25
ORANGE SLICES	2.95	CHOBANI YOGURT	1.95	BEEF JERKY	4.75
GRAPE CUP	3.35	POPCORN	2.25	POWER PROTEIN BAR	2.15
WATERMELON CUP	2.95	MISS VICKIE'S CHIPS	2.15	PICKLE BITES	3.10
PINEAPPLE CUP	2.95	LAY'S CHIPS	1.95	POCKY	3.40
MANGO CUP	4.85	CHEEZ ITS	0.95	FESHLY BAKED COOKIES	1.25
(2) HARD BOILED EGGS	1.85	CHEETOS	1.95	(2) ENERGY BITES	3.85
CRUDITE & RANCH	3.85	TAKIS	1.00	SAPPHIRE BROWNIES	1.85