



## SAINTS CAFÉ MENU

MONDAY | MARCH 23<sup>rd</sup>

### COLD ENTREES

**PLAIN CAESAR SALAD** \$7.75

Romaine, Herb Crouton, Parmesan Dressing

**GRILLED CHICKEN CAESAR SALAD** \$8.75

Romaine, Herb Crouton, Parmesan Dressing

**CHICKEN & STRAWBERRY SALAD** \$9.25

Field Green, Strawberry, Cucumber, Feta Cheese,  
Sunflower Seed, Sherry Dressing **GF**

**GRILLED CHICKEN CIABATTA SANDWICH** \$8.95

Fresh Mozzarella, Tomato, Arugula, Grilled Red Onion,  
Pesto Mayo, Olive Tapenade

**EGG SALAD CROISSANT** \$8.25

Leaf Lettuce

**COLD PORK DUMPLINGS (6)** \$8.95

Cucumber, Edamame, Ponzu **DF**

### HOT ENTREES

**BEEF STEW (12 oz)** \$8.95

Carrots, Pea, Onion, Mashed Potato **GF**

**GRILED CHICKEN SANDWICH** \$8.75

Bacon, Swiss, Soft Bun

**PENNE CHICKEN ALFREDO (12 oz)** \$8.95

Parmesan Cream Sauce **GF Option**

**PENNE ALFREDO (12 oz)** \$7.95

Parmesan Cream Sauce **VEG**

TUESDAY | MARCH 24<sup>th</sup>

### COLD ENTREES

**PLAIN CAESAR SALAD** \$7.75

Romaine, Herb Crouton, Parmesan Dressing

**GRILLED CHICKEN CAESAR SALAD** \$8.75

Romaine, Herb Crouton, Parmesan Dressing

**MISO SHRIMP SALAD** \$8.75

Cucumber, Carrot, Edamame, Soba Noodle,  
Mixed Green, Creamy Sesame Dressing

**SESAME CHICKEN WRAP** \$8.75

Cucumber, Carrot, Lettuce, Honey-Ginger Mayo,  
Flour Tortilla

**TURKEY & CHEDDAR CHEESE SLIDERS (3)** \$7.25

Sweet Hawaiian Rolls

**COLD TOFU UDON NOODLE BOWL** \$8.65

Cucumber, Edamame, Cabbage, Carrot,  
Green Onion, Sesame Seed, Soy-Ginger Dressing **V**

### HOT ENTREES

**YELLOW THAI CHICKEN CURRY** \$8.95

Carrot, Cabbage, Onion, Steamed Jasmine  
Rice **DF V Option**

**CREAMY CHICKEN PESTO PASTA (12 oz)** \$8.95

Tomato, Zucchini, Parmesan Cheese, Fusilli Pasta

**CHEESEBURGER** \$8.15

Angus Beef, Cheddar Cheese, White Bun **GF Option**

**HAMBURGER** \$7.85

Angus Beef, White Bun **DF GF Option**

WEDNESDAY | MARCH 25<sup>th</sup>COLD ENTREES**PLAIN CAESAR SALAD** \$7.75

Romaine, Herb Crouton, Parmesan Dressing

**GRILLED CHICKEN CAESAR SALAD** \$8.75

Romaine, Herb Crouton, Parmesan Dressing

**CHINESE CHICKEN SALAD** \$8.25Field Green, Orange, Carrot, Cabbage,  
Edamame, Cucumber, Wonton Strip,  
Orange- Sesame Dressing **DF V Option****THAI SWEET CHILI CHICKEN WRAP** \$8.75Carrot, Cucumber, Cabbage, Cilantro, Mint,  
Lettuce, Hoisin- Sunbutter Sauce, Flour Tortilla**ITALIAN COLD SUB** \$8.25Salami, Ham, Provolone, Shredded Lettuce, Tomato,  
Red Onion, Pepperoncini, Italian Dressing, Baguette**CALIFORNIA "POKE" BOWL** \$9.95Krab, Sticky Rice, Edamame, Tomato, Cucumber,  
Japanese Carrot, Cabbage, Green Onion, Side of:  
Pickled Ginger, Sriracha-Sesame Mayo, Soy Sauce **DF**HOT ENTREES**CHICKEN TIKKA MASALA (12 oz)** \$8.95Peas, Buttered Basmati Rice **GF****CAULIFLOWER & CHICKPEA TIKKA (12 oz)** \$7.95Peas, Buttered Basmati Rice **V GF****GRILLED CHICKEN & GREEK LEMON POTATOES** \$8.95Carrot, Broccoli **DF GF****PENNE & MEATBALLS (3) (12 oz)** \$8.95

Marinara, Parmesan Cheese

**PENNE MARINARA (12 oz)** **V** \$7.50THURSDAY | MARCH 26<sup>th</sup>COLD ENTREES**PLAIN CAESAR SALAD** \$7.75

Romaine, Herb Crouton, Parmesan Dressing

**GRILLED CHICKEN CAESAR SALAD** \$8.75

Romaine, Herb Crouton, Parmesan Dressing

**ROAST CHICKEN COBB SALAD** \$8.75Romaine, Egg, Bacon, Tomato, Cucumber,  
Cheddar Cheese, Ranch Dressing **GF****HAM & SWISS CROISSANT** \$9.25

Tomato, Lettuce

**OVEN ROASTED TURKEY CLUB SANDWICH** \$8.75Bacon, Lettuce, Tomato, White Bread **DF GF Option****SPAM MAKI ROLL** \$9.15Cucumber, Picked Carrot, Sushi Rice, Nori, Edamame,  
Chili Oil, Soy SauceHOT ENTREES**BBQ CHICKEN BOWL 12 oz** \$8.50Carrot, Green Bean, Mashed Potato **GF****ORANGE CHICKEN BOWL** \$8.25Broccoli, Onion, Steamed Jasmine Rice **DF V Option****CHEESE PIZZA SLICE** \$4.95

Mozzarella Cheese, Pepperoni, Tomato Sauce

**TANDOORI CHICKEN PIZZA SLICE** \$5.25

Mozzarella &amp; Cheddar Cheese, Tomato Sauce

**INDIVIDUAL PEPPERONI PIZZA** \$10.00

Mozzarella Cheese, Pepperoni, Tomato Sauce

FRIDAY | MARCH 27<sup>th</sup>

COLD ENTREES

**PLAIN CAESAR SALAD \$7.75**

Romaine, Herb Crouton, Parmesan Dressing

**GRILLED CHICKEN CAESAR SALAD \$8.75**

Romaine, Herb Crouton, Parmesan Dressing

**SPICY KRAB INARIZUSHI (4) \$7.50**

Sushi Rice, Marinated Tofu Pouch,  
Edamame, Cucumber **VEG**

**TURKEY & PESTO HOAGIE \$8.75**

Arugula, Tomato, Roast Red Onion, Ricotta Pesto,  
Olive Tapenade, Balsamic, Baguette

**SUNBUTTER & JELLY SANDWICH \$6**

White Bread **V GF Option**

**TUNA SALAD SANDWICH \$8.25**

Lettuce, Tomato, Pickles, Multigrain Bread

HOT ENTREES

**BBQ PULLED PORK SLIDERS (3) \$7.50**

Sweet Hawaiian Roll **GF Option**

**GROUND BEEF TACO BOWL (12 oz) \$8.95**

Onion, Spanish Rice, Pinto Bean, Cheddar Cheese,  
Mild Red Salsa **GF**

**MAC & CHEESE (12 oz) \$7.75**

Macaroni, House Made Cheese Sauce **VEG GF Option**

**WHOLE GRAIN CHICKEN CORN DOG **DF** \$4.95**

VEGETARIAN

VEGAN

GLUTEN FREE

DAIRY FREE

# SAINTS CAFÉ MENU

## BEVERAGES

Niagara Water \$1.45  
Smart Water \$3.10  
S. Pellegrino \$2.60  
S. Pellegrino *Sparkling* \$2.75  
Bai Infusion \$3.45

Gatorade \$2.60  
Aloha \$3.15  
Naked Juice \$4.95  
Honest Green Tea \$3.15  
Organic Milk \$2.95

Organic Choc. Milk \$2.95  
Hawaii Kona Coffee \$3.15  
Starbucks *Double Shot* \$4.15  
La Colombe Coffee \$5.75  
Ito En Green Tea \$3.40

## BREAKFAST

Assorted Cereal \$2.05  
Bagel & Cream Cheese \$4.50  
Assorted Muffins \$3.15

Butter Croissant \$3.95  
Chocolate Croissant \$3.45  
Assorted Danish \$3.45

Cinnamon Roll \$3.45  
Egg & Cheese Burrito \$6.50  
Bacon & Egg Burrito \$7.50

## HOMEMADE & RETAIL SNACKS

Mixed Fruit \$3.75  
Orange Slices \$2.95  
Grape Cup \$3.35  
Watermelon \$2.95  
Pineapple Cup \$2.95  
Mango Cup \$4.85  
Hard Boiled Egg (2) \$1.85  
Crudit  & Ranch \$3.85

Edamame \$3.40  
Chobani Yogurt \$1.95  
Popcorn \$2.25  
Miss Vickie's Chips \$2.15  
Lay's Chips \$1.95  
Cheez Its \$0.95  
Cheetos \$1.95  
Takis \$1.00

Stacey's Pita Chips \$2.25  
Beef Jerky \$4.75  
Power Protein Bar \$3.10  
Pickle Bites \$2.15  
Pocky \$3.40  
Freshly Baked Cookies \$1.25  
Protein Bites (2) \$3.85  
Sapphire Brownies \$1.85

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