

SAPPHIRE AT SCHOOL

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SAINTS CAFÉ MENU

Every child deserves™ a healthy start.

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor.

Our sauces and dressings are homemade and contain no high fructose corn syrup, preservatives, or additives.

The menu includes carefully sourced ingredients such as certified organic chicken, 100% natural beef, select meats without added nitrates or nitrites, and recipes designed to minimize the use of seed oils whenever feasible.

For our sandwiches, we proudly utilize locally produced artisanal breads with no preservatives.

Each meal is served à la carte and includes packaged utensils, napkins, and condiments. All are individually packaged and labeled with student name and grade.

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

SAPPHIRE AT SCHOOL

MONDAY | OCTOBER 26

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

HARVEST CHICKEN & COUSCOUS SALAD 8.75
Spinach, Red Cabbage, Roasted Butternut Squash, Apple, Dried Cranberries, Sunflower Seed, Goat Cheese, Couscous, Maple-Balsamic Dressing *VEGO*

(3) HAM & CHEDDAR SLIDERS 7.25
Ham, Sweet Hawaiian Roll

OVEN ROASTED TURKEY CLUB SANDWICH 9
Nitrate-Free Bacon, Lettuce, Tomato, White Bread *GFO*

FALAFEL WRAP 8.25
Romaine, Cucumber, Diced Tomato, Roasted Beet Hummus, Tahini Sauce, Flour Tortilla

(6) COLD PORK DUMPLINGS 8.95
Cucumber, Edamame, Ponzu

HOT ENTREES

BLACKENED CHICKEN PASTA (LARGE) 8.75
Bell Pepper, Onion, Tomato, Cajun Alfredo Sauce

BBQ CHICKEN SANDWICH 8.75
Grilled Red Onion, Pickles, Soft Bun

CALIFORNIA BURRITO 8.95
Carne Asada, Tater Tots, Cheddar Cheese, Salsa Roja, Sour Cream, Flour Tortilla

WHOLE GRAIN CHICKEN CORN DOG 4.95

SAPPHIRE AT SCHOOL

TUESDAY | OCTOBER 27

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

CHOPPED BBQ CHICKEN SALAD 8.65
Romaine, Tomato, Cucumber, Roast Corn, Red Onion, Black Bean, Cheddar Cheese, BBQ Ranch Dressing

HAM & SWISS SANDWICH 8.75
Tomato, Lettuce, B&B Pickle, Honey-Mustard Aioli, Baguette

(3)TURKEY & CHEDDAR SLIDERS 7.50
Sweet Hawaiian Rolls

SPICY KRAB & AVOCADO ROLL 8.25
Sticky Rice, Nori, Edamame

COLD TOFU UDON NOODLE BOWL 8.65
Cucumber, Edamame, Cabbage, Carrot, Green Onion Sesame Seed, Soy-Ginger Dressing

COLD CHICKEN UDON NOODLE BOWL 11.65
Organic Chopped Chicken, Cucumber, Edamame, Cabbage, Carrot, Green Onion Sesame Seed, Soy-Ginger Dressing

HOT ENTREES

YELLOW THAI CHICKEN CURRY 8.75
Peas, Carrot, Jasmine Rice

ROLLED CHIPOTLE CHICKEN QUESADILLA 7.95
Bell Pepper, Onion, Cheese, Flour Tortilla

LASAGNA (LARGE) 8.95
All Beef Meat Sauce, Ricotta, Mozzarella, Parmesan

PENNE MARINARA (LARGE) *GFO* 7.25

SAPPHIRE AT SCHOOL

WEDNESDAY | OCTOBER 28

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

BEEF TACO SALAD 8.35
Romaine, Tomato, Roasted Corn, Black Beans, Cheddar Cheese, Pico de Gallo, Corn Tortilla Strips, Salsa Ranch

HAM & CHEDDAR WRAP 7.75
Arugula, Tomato, Roast Onion, Dijonnaise, Flour Tortilla

TURKEY HOAGIE 7.50
Provolone Cheese, Lettuce, Tomato

(6) COLD PORK DUMPLINGS 8.95
Cucumber, Edamame, Ponzu

CALIFORNIA "POKE" BOWL 9.95
Krab, Sticky White Rice, Edamame, Tomato, Cucumber
Japanese Carrot, Cabbage, Green Onion
Side of: Pickled Ginger, Sriracha-Sesame Mayo, Soy Sauce

HOT ENTREES

(3) BBQ PULLED PORK SLIDERS 7.50
Sweet Hawaiian Roll

CHICKEN FRIED RICE (LARGE) 8.95
Scrambled Egg, Carrot, Corn, Onion, Peas

SHRIMP FRIED RICE (LARGE) 8.95
Scrambled Egg, Carrot, Corn, Onion, Peas

PENNE CHICKEN ALFREDO (LARGE) 8.95
Parmesan Cream Sauce *GFO*

PENNE ALFREDO (LARGE) 7.75
Parmesan Cream Sauce *GFO*

SAPPHIRE AT SCHOOL

THURSDAY | OCTOBER 29

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

CHINESE CHICKEN SALAD 8.75
Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton, Orange-Sesame Dressing

CHINESE TOFU SALAD 7.75
Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton, Orange-Sesame Dressing

BBQ CHICKEN TENDER WRAP 8.75
Lettuce, Tomato, Shredded Cheddar Cheese, BBQ Ranch, Flour Tortilla

ITALIAN COLD SUB 8.75
Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette

(3) ROAST BEEF & CHEDDAR SLIDERS 7.50
Sweet Hawaiian Rolls

SPAM MUSUBI 8.25
Edamame, Cucumber

HOT ENTREES

4 PIECE BAKED CHICKEN TENDERS 7.50

CHEESEBURGER 8.15
Angus Beef, Cheddar Cheese, White Bun *GFO*

HAMBURGER 7.85
Angus Beef, White Bun *GFO*

TRADITIONAL POT ROAST 8.95
Carrot, Pea, Mashed Potato, Onion, Celery

SAPPHIRE AT SCHOOL

FRIDAY | OCTOBER 30

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COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

BLACKENED SALMON CAESAR SALAD 11
Romaine, Herb Crouton, Parmesan Dressing

SESAME CHICKEN WRAP 8.75
Cucumber, Carrot, Broccoli, Lettuce, Honey-Ginger Mayo, Flour Tortilla

BLT CROISSANT 9.75
Bacon, Lettuce, Tomato

CALIFORNIA ROLL 7.75
Krab, Cucumber, Avocado, Sushi Rice, Nori, Soy Sauce

HOT ENTREES

ALL BEEF HOT DOG 5.25
Traditional Bun *GFO*

CARNITAS BOWL (LARGE) 8.65
White Rice, Pinto Beans, Pico de Gallo

TURKEY CHILI BAKED POTATO 7.95
Cheddar Cheese, Sour Cream, Green Onion

BUTTERNUT SQUASH ALFREDO (LARGE) 7.75
Spinach, Peas, Broccoli, Penne

SAPPHIRE®
AT SCHOOL

BREAKFAST

ASSORTED CEREAL	2.05	BUTTER CROISSANT	3.95	CINNAMON ROLL	3.45
BAGEL & CREAM CHEESE	4.50	CHOCOLATE CROISSANT	3.45	EGG & CHEESE BURRITO	6.50
ASSORTED MUFFINS	3.15	ASSORTED DANISHES	3.45	BACON & EGG BURRITO	7.50

DAILY BEVERAGES

NIAGRA WATER	1.45	GATORADE	2.60	ORGANIC CHOCOLATE MILK	2.95
SMART WATER	3.10	ALOHA	3.15	HAWAIIAN KONA COFFEE	3.15
SAN PELLEGRINO	2.60	NAKED JUICE	4.95	STARBUCKS DOUBLE SHOT	4.15
SAN PELLEGRINO (SPARKLING)	2.75	HONEST GREEN TEA	3.15	LA COLOMBE COFFEE	5.75
BAI INFUSION	3.45	ORGANIC MILK	2.95	ITO EN GREEN TEA	3.40

DAILY HOMEMADE & RETAIL SNACKS

MIXED FRUIT	3.75	EDAMAME	3.40	STACEY'S PITA CHIPS	2.25
ORANGE SLICES	2.95	CHOBANI YOGURT	1.95	BEEF JERKY	4.75
GRAPE CUP	3.35	POPCORN	2.25	POWER PROTEIN BAR	2.15
WATERMELON CUP	2.95	MISS VICKIE'S CHIPS	2.15	PICKLE BITES	3.10
PINEAPPLE CUP	2.95	LAY'S CHIPS	1.95	POCKY	3.40
MANGO CUP	4.85	CHEEZ ITS	0.95	FESHLY BAKED COOKIES	1.25
(2) HARD BOILED EGGS	1.85	CHEETOS	1.95	(2) ENERGY BITES	3.85
CRUDITE & RANCH	3.85	TAKIS	1.00	SAPPHIRE BROWNIES	1.85