



SAINTS CAFÉ MENU

MONDAY | AUGUST 25TH

Cold Entrees

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

ANTIPASTI SALAD \$9.25

Romaine, Salami, Ham, Mozzarella, Tomato, Cucumber, Red Onion, Pepperoncini, Garbanzo Bean, Creamy Italian Dressing

TURKEY HOAGIE \$6.95

Provolone, Lettuce, Tomato

PROTEIN BOX \$7.25Hard Boiled Egg, Cheddar Cheese, Grape, Carrot, Sunbutter, Ritz Crackers **VEG****COLD PORK DUMPLINGS (6)** \$8.95

Cucumber, Edamame, Ponzu

Hot Entrees

ALL BEEF HOT DOG \$5.25Traditional Bun **DF****CHICKEN TIKKA MASALA** 12 oz \$8.95Peas, Buttered Basmati Rice **GF****PENNE CHICKEN ALFREDO** 12 oz \$8.95Parmesan Cream Sauce **GF Option****PENNE ALFREDO** 12 oz \$7.95Parmesan Cream Sauce **VEG**TUESDAY | AUGUST 26TH

Cold Entrees

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN & STRAWBERRY SALAD \$9.65Field Green, Strawberry, Cucumber, Feta Cheese, Sunflower Seed, Sherry Dressing **GF****SESAME CHICKEN WRAP** \$8.75

Cucumber, Carrot, Broccoli, Lettuce, Honey-Ginger Mayo, Flour Tortilla

TURKEY & CHEDDAR CHEESE SLIDERS (3) \$7.50

Sweet Hawaiian Roll

COLD CHICKEN UDON NOODLE BOWL \$9.25Cucumber, Edamame, Cabbage, Carrot, Green Onion, Sesame Seed, Soy-Ginger Dressing **DF****VEGGIE & HUMMUS SANDWICH** \$7.25Lettuce, Cucumber, Tomato, Avocado, Beets, Shredded Carrots, Multigrain Bread **V**

Hot Entrees

BLACKENED CHICKEN PASTA 12 oz \$8.95

Bell Pepper, Onion, Tomato, Cajun Alfredo Sauce

BBQ PULLED PORK SLIDERS (3) \$8.50

Sweet Hawaiian Roll

BEAN & CHEESE BURRITO \$6.50Cheddar Cheese, Pinto Bean, Flour Tortilla **VEG****4 PIECE CHICKEN TENDERS** **DF** \$7.50

WEDNESDAY | AUGUST 27TH

Cold Entrees

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

CHINESE CHICKEN SALAD \$8.25 **DF**

Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton Strip, Orange-Sesame Dressing

HAM & CHEDDAR CHEESE SLIDERS (3) \$7.25

Sweet Hawaiian Roll

COLD STEAK & SWEET POTATO BOWL \$9.75Black Bean, Garlic Cauliflower, Grilled Red Onion, Roast Apple, Dry Cranberry, Kale, Quinoa, Maple- Tahini Dressing **GF****ITALIAN COLD SUB** \$8.25

Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette

TURKEY & BACON WRAP \$8.75

Lettuce, Tomato, Ranch Dressing, Whole Lettuce

Hot Entrees

HOUSE CHICKEN BOWL 12 oz \$8.65Steamed Jasmine Rice, Cabbage, Carrot, Onion **DF****MAC & CHEESE** 12 oz \$7.75Macaroni, House Made Cheese Sauce **VEG**
GF Option**KOREAN BBQ BEEF BURRITO** \$8.75Kimchi, Cilantro, White Rice, Sriracha Mayo, Flour Tortilla **DF****MEATBALL SUB** \$8.95

Mozzarella, Marinara, Baguette

THURSDAY, AUGUST 28TH

Cold Entrees

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

CHICKEN SALAD SANDWICH \$8.75

Celery, Red Onion, Grape, Lettuce, Multi- Grain Bread

BBQ CHICKEN TENDER WRAP \$8.25

Lettuce, Tomato, Shredded Cheddar Cheese, BBQ Ranch, Flour Tortilla

OVEN ROASTED TURKEY CLUB SANDWICH \$8.85Bacon, Lettuce, Tomato, White Bread **DF****CALIFORNIA ROLL** \$9.85

Krab, Cucumber, Avocado, Sushi Rice, Nori, Edamame, Soy Sauce

Hot Entrees

BEAN & CHEESE BURRITO \$6.50Cheddar Cheese, Pinto Bean, Flour Tortilla **VEG****BUTTERED NOODLES & CHICKEN** 12 oz \$8.25**CHEESEBURGER** \$8.15Angus Beef, Cheddar Cheese, White Bun **GF Option****HAMBURGER** \$7.85Angus Beef, White Bun **DF GF Option****SESAME GROUND TURKEY BOWL** **DF** \$8.35

Green Onion, Broccoli, Carrot, Steamed Brown Rice

FRIDAY, AUGUST 29TH

Cold Entrees

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

CILANTRO LIME BEEF SALAD \$8.95Field Green, Mozzarella, Roast Corn, Tomato,
Toasted Pumpkin Seed, Cilantro-Lime Vinaigrette GF**SUNBUTTER & JELLY SANDWICH** \$6.00

White Bread V GF Option

TUNA SALAD CROISSANT \$9.25

Lettuce, Tomato

PROTEIN BOX \$7.25Hard Boiled Egg, Cheddar Cheese, Grape,
Carrot, Sunbutter, Ritz Crackers VEG

Hot Entrees

BEEF TERIYAKI BOWL 12 oz \$8.95

Carrot, Onion, Cabbage, Edamame, Jasmine Rice DF

TOFU TERIYAKI BOWL 12 oz \$7.95

Carrot, Onion, Cabbage, Edamame, Jasmine Rice V

PENNE & MEATBALLS (3) 12 oz \$8.95

Marinara, Parmesan Cheese

PENNE MARINARA 12 oz \$7.25

Marinara V

CHICKEN & WHOLE GRAIN CORN DOG \$4.95 DF

VEGETARIAN

VEGAN

GLUTEN FREE

DAIRY FREE

SAINTS CAFÉ MENU

BEVERAGES

Niagara Water \$1.45
Smart Water \$3.10
S. Pellegrino \$2.60
S. Pellegrino *Sparkling* \$2.75
Bai Infusion \$3.45

Gatorade \$2.60
Aloha \$2.95
Naked Juice \$4.95
Honest Green Tea \$3.15
Organic Milk \$2.95

Organic Choc. Milk \$2.95
Hawaii Kona Coffee \$3.15
Starbucks *Double Shot* \$4.15
La Colombe Coffee \$5.75
Ito En Green Tea \$3.15

BREAKFAST

Assorted Cereal \$2.05
Bagel & Cream Cheese \$4.50
Assorted Muffins \$3.15

Butter Croissant \$3.95
Chocolate Croissant \$3.45
Assorted Danish \$3.45

Cinnamon Roll \$3.45
Egg & Cheese Burrito \$6.50
Bacon & Egg Burrito \$7.50

HOMEMADE & RETAIL SNACKS

Mixed Fruit \$3.75
Orange Slices \$2.95
Grape Cup \$3.35
Watermelon \$2.95
Pineapple Cup \$2.95
Mango Cup \$4.85
Hard Boiled Egg (2) \$1.85
Crudit  & Ranch \$3.85

Edamame \$3.40
Chobani Yogurt \$1.95
Popcorn \$2.25
Miss Vickie's Chips \$2.15
Lay's Chips \$1.95
Cheez Its \$0.95
Cheetos \$1.95
Takis \$1.00

Stacey's Pita Chips \$2.25
Beef Jerky \$4.75
Power Protein Bar \$3.10
Pickle Bites \$2.15
Pocky \$3.10
Freshly Baked Cookies \$1.25
Protein Bites (2) \$3.85
Sapphire Brownies \$1.85