



SAINTS CAFÉ MENU

MONDAY | APRIL 20th

COLD ENTREES

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN & STRAWBERRY \$9.25

Field Green, Strawberry, Cucumber, Feta Cheese,
Sunflower Seed, Sherry Dressing **GF VEG Option**

BLT SANDWICH \$7.50

Bacon, Lettuce, Tomato, White Bread **DF**

TURKEY HOAGIE \$7.25

Provolone, Lettuce, Tomato

COLD PORK DUMPLINGS (6) \$8.95

Cucumber, Edamame, Ponzu **DF**

HOT ENTREES

CHOPPED CARNE ASADA BURRITO \$8.75

Refried Pinto Bean, Garlic White Rice,
Cheese, Salsa Roja, Flour Tortilla

GARLIC SHRIMP FRIED RICE (12 oz) \$8.95

Carrot, Cabbage, Pea, Onion **DF V Option**

PENNE CHICKEN ALFREDO (12 oz) \$8.95

Parmesan Cream Sauce **GF Option**

PENNE ALFREDO (12 oz) \$7.95

Parmesan Cream Sauce **VEG**

TUESDAY | APRIL 21st

COLD ENTREES

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

BEEF TACO SALAD 8.95

Romaine, Tomato, Roasted Corn, Black Bean,
Cheddar Cheese, Pico de Gallo, Corn Tortilla
Strips, Salsa Ranch Dressing **GF**

HAM & CHEESE TORTA \$8.75

Shredded Lettuce, Tomato, Avocado, Pickled Jalapeno,
Black Bean Spread, Lime Mayo, Baguette

TURKEY & AVOCADO SANDWICH \$8.75

Lettuce, Tomato, Avocado Spread, Ciabatta Bread **DF**

COLD TOFU UDON NOODLE BOWL \$7.95

Cucumber, Edamame, Cabbage, Carrot,
Green Onion, Sesame Seed, Soy-Ginger Dressing **V**

HOT ENTREES

BBQ PULLED PORK SLIDERS (3) \$7.50

Sweet Hawaiian Rolls

ORANGE CHICKEN BOWL \$8.25

Broccoli, Onion, Steamed Jasmine Rice **DF V Option**

CHEESEBURGER \$8.15

Angus Beef, Cheddar Cheese, White Bun **GF Option**

HAMBURGER \$7.85

Angus Beef, White Bun **DF GF Option**

VEGETARIAN

VEGAN

GLUTEN FREE

DAIRY FREE

WEDNESDAY | APRIL 22ndCOLD ENTREES**PLAIN CAESAR SALAD** \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

CHINESE CHICKEN SALAD \$8.25Field Green, Orange, Carrot, Cabbage,
Edamame, Cucumber, Wonton Strip,
Orange- Sesame Dressing **DF** *V Option***TURKEY & BACON WRAP** \$8.75

Lettuce, Tomato, Ranch Dressing, Flour Tortilla

ITALIAN COLD SUB \$8.25Salami, Ham, Provolone, Shredded Lettuce, Tomato,
Red Onion, Pepperoncini, Italian Dressing, Baguette**CALIFORNIA "POKE" BOWL** \$9.95Krab, Sticky Rice, Edamame, Tomato, Cucumber,
Japanese Carrot, Cabbage, Green Onion, Side of:
Pickled Ginger, Sriracha-Sesame Mayo, Soy Sauce **DF**HOT ENTREES**4 BAKED CHICKEN TENDERS** **DF** \$7.50**BEEF TERIYAKI BOWL (12 oz)** **DF** \$8.95

Carrot, Onion, Cabbage, Edamame, Jasmine Rice

BLACKENED CHICKEN PASTA (12 oz) \$8.95Bell Pepper, Onion, Tomato, Cajun Alfredo Sauce *GF Option***STEAMED PORK BUNS (2)** \$8.15THURSDAY | APRIL 23rdCOLD ENTREES**PLAIN CAESAR SALAD** \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

CHICKEN ORZO PASTA SALAD \$8.75Feta Cheese, Red Onion, Tomato, Cucumber,
Kalamata Olive, Basil, Spinach, Balsamic Dressing**CAPRESE SANDWICH** \$8.15Mozzarella, Tomato, Basil, Balsamic, Baguette **VEG****OVEN ROASTED TURKEY CLUB SANDWICH** \$8.75Bacon, Lettuce, Tomato, White Bread **DF** *GF Option***CALIFORNIA ROLL** \$8.95Krab, Cucumber, Avocado, Sushi Rice, Nori,
Edamame, Soy SauceHOT ENTREES**BBQ CHICKEN BOWL (12 oz)** \$8.50Carrot, Green Bean, Mashed Potato **GF****BEAN & CHEESE BURRITO** \$6.50Cheddar Cheese, Pinto Bean, Flour Tortilla **VEG****PENNE & MEATBALLS (3) (12 oz)** \$8.95

Marinara, Parmesan Cheese

PENNE MARINARA (12 oz) \$8.50*V GF Option*

FRIDAY | APRIL 24thCOLD ENTREES**PLAIN CAESAR SALAD** \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

CILANTRO LIME BEEF SALAD \$8.95 GFField Green, Mozzarella, Roast Corn, Tomato,
Toasted Pumpkin Seed, Cilantro-Lime Vinaigrette**HAM & CHEDDAR SANDWICH** \$8.75Lettuce, Tomato, Cucumber, Red Onion,
Honey- Mustard, Baguette**HONEY BBQ CHICKEN TENDER WRAP** \$8.75Tomato, Romaine, Cheddar Cheese, Ranch Dressing,
Flour Tortilla**SPAM MUSUBI** \$8.25

Cucumber, Edamame

HOT ENTREES**ALL BEEF HOT DOG** \$5.25

Traditional Bun DF GF Option

BREAKFAST BAGEL SANDWICH \$6.50

Scrambled Egg, Cheddar Cheese, Plain Bagel VEG

CHICKEN CHOW MEIN (12 oz) \$8.95Sesame Noodle, Carrot, Cabbage, Celery,
Pea, Onion DF**PORK CARNITAS BOWL (12 oz)** \$8.65

White Rice, Pinto Beans, Pico de Gallo GF DF

VEGETARIAN

VEGAN

GLUTEN FREE

DAIRY FREE

SAINTS CAFÉ MENU

BEVERAGES

Niagara Water \$1.45
Smart Water \$3.10
S. Pellegrino \$2.60
S. Pellegrino *Sparkling* \$2.75
Bai Infusion \$3.45

Gatorade \$2.60
Aloha \$3.15
Naked Juice \$4.95
Honest Green Tea \$3.15
Organic Milk \$2.95

Organic Choc. Milk \$2.95
Hawaii Kona Coffee \$3.15
Starbucks *Double Shot* \$4.15
La Colombe Coffee \$5.75
Ito En Green Tea \$3.40

BREAKFAST

Assorted Cereal \$2.05
Bagel & Cream Cheese \$4.50
Assorted Muffins \$3.15

Butter Croissant \$3.95
Chocolate Croissant \$3.45
Assorted Danish \$3.45

Cinnamon Roll \$3.45
Egg & Cheese Burrito \$6.50
Bacon & Egg Burrito \$7.50

HOMEMADE & RETAIL SNACKS

Mixed Fruit \$3.75
Orange Slices \$2.95
Grape Cup \$3.35
Watermelon \$2.95
Pineapple Cup \$2.95
Mango Cup \$4.85
Hard Boiled Egg (2) \$1.85
Crudit  & Ranch \$3.85

Edamame \$3.40
Chobani Yogurt \$1.95
Popcorn \$2.25
Miss Vickie's Chips \$2.15
Lay's Chips \$1.95
Cheez Its \$0.95
Cheetos \$1.95
Takis \$1.00

Stacey's Pita Chips \$2.25
Beef Jerky \$4.75
Power Protein Bar \$3.10
Pickle Bites \$2.15
Pocky \$3.40
Freshly Baked Cookies \$1.25
Protein Bites (2) \$3.85
Sapphire Brownies \$1.85