



SAINTS CAFÉ MENU

AUGUST 20TH – 26TH

Every child deserves a healthy start.™

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor.
Our sauces, soups, and dressings are homemade and contain no preservatives, or additives.
Our hamburger patties are 100% natural beef, and our chicken is fresh and natural.
For our sandwiches, we proudly utilize locally produced artisan breads.

VEGETARIAN

VEGAN

GLUTEN FREE

DAIRY FREE

MONDAY | AUGUST 26TH

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.25

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.15

CHICKEN TENDER SALAD Tomato, Cucumber, Carrot, Red Cabbage, Cheddar Cheese, Sunflower Seed, Buffalo Ranch Dressing \$9.25

HAM & CHEDDAR CHEESE SLIDERS (3) Sweet Hawaiian Roll \$7.50

TURKEY HOAGIE Lettuce, Tomato, Provolone Cheese \$6.95

FALAFEL PITA KIT Carrot, Jicama, Tomato, Cucumber, Tzatziki Sauce, Hummus, Pita Bread **VEG** \$7.95

HOT ENTREES

BREADED CHICKEN SANDWICH Swiss Cheese, Dill Pickle, Soft Bun \$7.75

BUTTERED NOODLES WITH CHICKEN 12 oz Penne Pasta, Chopped Grilled Chicken **GF Option** \$7.95

CALIFORNIA BURRITO Carne Asada, Tater Tots, Cheddar Cheese, Salsa Roja, Sour Cream \$8.50

STEAMED PORK BUNS (2) \$7.75

TUESDAY | AUGUST 27TH

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.25

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.15

CHICKEN ORZO PASTA SALAD Feta Cheese, Red Onion, Tomato, Cucumber, Kalamata Olive, Basil, Spinach, Balsamic Dressing \$9.25

BLT SANDWICH Bacon, Lettuce, Tomato, White Bread **DF GF Option** \$8.25

CHICKEN PESTO SANDWICH Fresh Mozzarella, Tomato, Arugula, Balsamic Pesto, Baguette \$8.25

COLD TOFU UDON NOODLE BOWL Cucumber, Edamame, Cabbage, Carrot, Green Onion, Sesame Seed, Soy-Ginger Dressing **V DF** \$8.25

HOT ENTREES

CHINESE SAUSAGE & SHRIMP FRIED RICE Eggs, Peas, Carrots **DF** \$8.75

PENNE CHICKEN ALFREDO 12 oz Parmesan Cream Sauce **GF Option** \$8.95

PENNE ALFREDO 12 oz Parmesan Cream Sauce **VEG GF Option** \$8.25

PHILLY CHEESESTEAK Bell Pepper, Onion, Provolone Cheese, Hoagie Roll \$8.50

WEDNESDAY | AUGUST 28TH

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.25

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.15

CHINESE CHICKEN SALAD Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton Strip, Orange- Sesame Dressing **DF** \$9.25

ITALIAN COLD SUB Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette \$8.25

TURKEY & CHEDDAR CHEESE SLIDERS (3) Sweet Hawaiian Roll \$7.50

CALIFORNIA ROLL Krab, Cucumber, Avocado, Sushi Rice, Nori, Edamame, Soy Sauce \$8.45

HOT ENTREES

BEAN & CHEESE BURRITO Cheddar Cheese, Pinto Bean, Flour Tortilla **VEG** \$6.50

CHEESEBURGER Cheddar Cheese, White Bun **GF Option** \$7.75

HAMBURGER White Bun **DF GF Option** \$7.50

SPICY BEEF & BROCCOLI BOWL Green Onion, Carrot, Steamed Jasmine Rice **DF** \$8.95

THURSDAY | AUGUST 29TH

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.25

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.15

BEEF TACO SALAD Romaine, Tomato, Roasted Corn, Black Bean, Cheddar Cheese, Pico de Gallo, Corn Tortilla Strips, Salsa Ranch Dressing **GF** \$9.15

OVEN ROASTED TURKEY CLUB SANDWICH Bacon, Lettuce, Tomato, White Bread **DF GF Option** \$8.25

COLD PORK DUMPLINGS (6) Cucumber, Edamame, Ponzu \$8.50

SESAME CHICKEN WRAP Cucumber, Carrot, Lettuce, Honey-Ginger Mayo, Flour Tortilla **DF** \$8.25

HOT ENTREES

BBQ PULLED PORK SLIDERS (3) Sweet Hawaiian Roll \$7.95

ORANGE CHICKEN 12 oz Broccoli, Onion, Steamed Jasmine Rice **DF** \$8.35

PENNE & MEATBALLS 12 oz Marinara, Parmesan Cheese \$8.95

PENNE MARINARA 8 oz **DF VEG GF Option 12 oz** \$7.25

FRIDAY | AUGUST 30TH

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.25

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.15

CHEF SALAD Romaine, Turkey, Ham, Hard Boiled Egg, Cheddar, Swiss Cheese, Tomato, Cucumber, Ranch Dressing **GF** \$8.25

BBQ CHICKEN TENDER WRAP Lettuce, Tomato, Shredded Cheddar Cheese, BBQ Ranch, Flour Tortilla \$8.25

COLD ANCHO CHICKEN TORTA Queso Fresco, Lettuce, Tomato, Red Onion, Pickled Jalapeno, Cumin-Black Bean Spread, Cilantro-Lime Mayo, Soft Roll \$8.95

SPICY KRAB INARIZUSHI Cucumber, Edamame, Chili Oil \$9.25

HOT ENTREES

CHEESE ENCHILADAS Refried Pinto Bean, Spanish Rice **VEG GF** \$7.35

CHEESE PIZZA SANDWICH Mozzarella Cheese, Cheddar Cheese, Tomato Sauce, Baguette **VEG** \$6.25

PEPPERONI PIZZA SANDWICH Mozzarella Cheese, Pepperoni, Tomato Sauce, Baguette \$7.50

ROLLED CHIPOTLE CHICKEN QUESADILLA Bell Pepper, Onion, Cheese, Flour Tortilla \$7.95

SAPPHIRE AT SCHOOL

BEVERAGES

NIAGRA WATER \$1.25
SMART WATER \$2.95
S. PELLEGRINO \$2.60
S. PELLEGRINO *Sparkling* \$2.85
BAI INFUSION \$3.50

GATORADE \$2.45
ALOHA \$2.65
NAKED JUICE \$4.85
HONEST GREEN TEA \$3.15
ORGANIC MILK \$2.95

ORGANIC CHOC. MILK \$2.95
HAWAII KONA COFFEE \$3.15
STARBUCKS *Double Shot* \$4.15

BREAKFAST

ASSORTED CEREAL \$1.95
BAGEL & CREAM CHEESE \$4.25
ASSORTED MUFFINS \$2.95

BUTTER CROISSANT \$3.75
CHOCOLATE CROISSANT \$3.25
ASSORTED DANISH \$3.25

CINNAMON ROLL \$3.25
EGG & CHEESE BURRITO \$5.25
BACON & EGG BURRITO \$6.95

HOMEMADE & RETAIL SNACKS

MIXED FRUIT \$3.75
ORANGE SLICES \$3.75
GRAPE CUP \$4.25
WATERMELON \$3.75
PINEAPPLE CUP \$3.95
MANGO CUP \$4.50
HARD BOILED EGG (2) \$1.75
CRUDITE & RANCH \$3.85

EDAMAME \$3.80
CHOBANI YOGURT \$1.95
POPCORN \$2.45
MISS VICKIE'S CHIPS \$2.40
LAY'S CHIPS \$1.90
CHEEZ ITS \$0.95
CHEETOS \$1.90
TAKIS \$1.00

STACEY'S PITA CHIPS \$2.45
BEEF JERKEY \$4.50
POWER PROTEIN BAR \$2.75
PICKLE BITES \$2.00
POCKY \$2.00
FRESHLY BAKED COOKIES \$1.20
PROTEIN BITES (2) \$4.15
SAPPHIRE BROWNIES \$1.75