



SAINTS CAFÉ MENU

TUESDAY | JANUARY 20th

COLD ENTREES

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

GREEK CHICKEN SALAD 8.75

Romaine, Tomato, Cucumber, Onion, Olive, Feta,
Citronade Dressing **GF**

SESAME CHICKEN WRAP \$8.75

Cucumber, Carrot, Lettuce, Honey-Ginger Mayo,
Flour Tortilla

TURKEY & CHEDDAR CHEESE SLIDERS (3) \$7.50

Sweet Hawaiian Roll

COLD TOFU UDON NOODLE BOWL \$8.65

Cucumber, Edamame, Cabbage, Carrot,
Green Onion, Sesame Seed, Soy-Ginger Dressing **V**

HOT ENTREES

4 BAKED CHICKEN TENDERS **DF \$7.50**

BBQ PULLED PORK SLIDERS (3) \$7.50

Sweet Hawaiian Roll

CREAMY CHICKEN PESTO PASTA 12 oz \$8.95

Tomato, Zucchini, Parmesan Cheese, Fusilli Past

BEEF TERIYAKI BOWL \$8.95

Broccoli, Carrot, Cabbage, Steamed Jasmine Rice **DF**

WEDNESDAY | JANUARY 21st

COLD ENTREES

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

CHINESE CHICKEN SALAD \$8.25 **DF**

Field Green, Orange, Carrot, Cabbage,
Edamame, Cucumber, Wonton Strip,
Orange- Sesame Dressing **V Option**

GROUND BEEF TACO WRAP \$8.75

Cheddar Cheese, Bell Pepper, Black Beans, Romaine,
Pico de Gallo, Chipotle- Lime Ranch, Flour Tortilla

ITALIAN COLD SUB \$8.25

Salami, Ham, Provolone, Shredded Lettuce, Tomato,
Red Onion, Pepperoncini, Italian Dressing, Baguette

CALIFORNIA "POKE" BOWL **DF \$9.95**

Krab, Sticky Rice, Edamame, Tomato, Cucumber,
Japanese Carrot, Cabbage, Green Onion, Side of: Pickled
Ginger, Sriracha-Sesame Mayo, Soy Sauce

HOT ENTREES

CHICKEN TIKKA MASALA (12 oz) \$8.95

Peas, Buttered Basmati Rice **GF V Option**

HOT PESTO CHICKEN SANDWICH \$8.95

Mozzarella, Tomato, Pesto, Baguette

PENNE MEATBALLS (3) (12 oz) \$8.95

Marinara, Parmesan Cheese

PENNE MARINARA (12 oz) **V \$7.50**

THURSDAY | JANUARY 22nd

COLD ENTREES

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

ROAST CHICKEN COBB SALAD \$8.75

Romaine, Egg, Bacon, Tomato, Cucumber,
Cheddar Cheese, Ranch Dressing **GF**

GRILLED CHICKEN PITA WRAP \$8.25

Tomato, Cucumber, Red Onion, Kalamata Olives,
Feta Cheese, Hummus, Tzatziki

HAM & CHEDDAR CHEESE SLIDERS (3) \$7.50

Sweet Hawaiian Roll

COLD FALAFEL BOWL \$7.75

Leaf Lettuce, Tomato, Cucumber, Cabbage, Bell Pepper,
Olive, Garbanzo Bean, Lemon-Tahini Dressing **V**

HOT ENTREES

ROLLED CHIPOTLE CHICKEN QUESADILLA \$8.65

Cheddar Cheese, Bell Pepper, Onion, Flour Tortilla

CHEESEBURGER \$8.15

Angus Beef, Cheddar Cheese, White Bun **GF Option**

SWEDISH MEATBALLS (3) (12 oz) \$8.50

Creamy Mashed Potato, Lingonberry Gravy

HAMBURGER \$7.85

Angus Beef, White Bun **DF GF Option**

FRIDAY | JANUARY 23rd

COLD ENTREES

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

VEGAN TACO SALAD \$6.50

Black Bean, Quinoa, Roast Corn, Tomato,
Cucumber, Red Onion, Bell Pepper,
Pumpkin Seed, Tortilla Strips, Romaine,
Cilantro- Avocado Citrus Dressing **GF V**

TURKEY & PESTO HOAGIE \$8.75

Arugula, Tomato, Roast Red Onion, Ricotta Pesto,
Olive Tapenade, Balsamic, Baguette

HONEY BBQ CHICKEN TENDER WRAP \$7.95

Lettuce, Shredded Carrot, Cucumber, Whole Wheat Tortilla

KRAB INARIZUSHI (4) \$7.50

Sushi Rice, Marinated Tofu Pouch,
Edamame, Cucumber **VEG**

HOT ENTREES

ALL BEEF HOT DOG \$5.25

Traditional Bun **DF GF Option**

CHICKEN CHOW MEIN (12 oz) \$8.95

Sesame Noodle, Carrot, Cabbage, Celery,

GROUND BEEF NACHOS (12 oz) \$8.95

Pinto Beans, Cheese Sauce, Salsa Rojo, Tostitos Chips **GF**

MAC & CHEESE (12 oz) \$7.75

Macaroni, House Made Cheese Sauce **VEG GF Option**

VEGETARIAN

VEGAN

GLUTEN FREE

DAIRY FREE

SAINTS CAFÉ MENU

BEVERAGES

Niagara Water \$1.45
Smart Water \$3.10
S. Pellegrino \$2.60
S. Pellegrino *Sparkling* \$2.75
Bai Infusion \$3.45

Gatorade \$2.60
Aloha \$3.15
Naked Juice \$4.95
Honest Green Tea \$3.15
Organic Milk \$2.95

Organic Choc. Milk \$2.95
Hawaii Kona Coffee \$3.15
Starbucks *Double Shot* \$4.15
La Colombe Coffee \$5.75
Ito En Green Tea \$3.40

BREAKFAST

Assorted Cereal \$2.05
Bagel & Cream Cheese \$4.50
Assorted Muffins \$3.15

Butter Croissant \$3.95
Chocolate Croissant \$3.45
Assorted Danish \$3.45

Cinnamon Roll \$3.45
Egg & Cheese Burrito \$6.50
Bacon & Egg Burrito \$7.50

HOMEMADE & RETAIL SNACKS

Mixed Fruit \$3.75
Orange Slices \$2.95
Grape Cup \$3.35
Watermelon \$2.95
Pineapple Cup \$2.95
Mango Cup \$4.85
Hard Boiled Egg (2) \$1.85
Crudit  & Ranch \$3.85

Edamame \$3.40
Chobani Yogurt \$1.95
Popcorn \$2.25
Miss Vickie's Chips \$2.15
Lay's Chips \$1.95
Cheez Its \$0.95
Cheetos \$1.95
Takis \$1.00

Stacey's Pita Chips \$2.25
Beef Jerky \$4.75
Power Protein Bar \$3.10
Pickle Bites \$2.15
Pocky \$3.40
Freshly Baked Cookies \$1.25
Protein Bites (2) \$3.85
Sapphire Brownies \$1.85