



SAINTS CAFÉ MENU

AUGUST 15th - 18th

Every child deserves a healthy start.™

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor.
Our sauces, soups, and dressings are homemade and contain no preservatives, or additives.

Our hamburger patties are 100% natural beef, and our chicken is fresh and natural.

For our sandwiches, we proudly utilize locally produced artisan breads.

VEGETARIAN

VEGAN

GLUTEN FREE

DAIRY FREE

TUESDAY | AUGUST 15TH

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.50

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.25

CHICKEN & HARVEST COUSCOUS SALAD Spinach, Red Cabbage, Roasted Butternut Squash, Apple, Dried Cranberries, Sunflower Seed, Goat Cheese, Maple-Balsamic Dressing **VEG Option** \$9.25

CHICKEN PESTO SANDWICH Fresh Mozzarella, Tomato, Arugula, Balsamic Pesto, Baguette \$8.25

TURKEY & BACON WRAP Lettuce, Tomato, Ranch Dressing, Spinach Tortilla \$8.25

HOT ENTREES

ALL BEEF HOT DOG Traditional Bun **DF GF Option** \$5.00

KOREAN BBQ BEEF BURRITO Kimchi, Cilantro, White Rice, Sriracha Mayo, Flour Tortilla **DF** \$8.35

PENNE CHICKEN ALFREDO 12 oz Parmesan Cream Sauce **GF Option** \$8.95

PENNE ALFREDO 12 oz Parmesan Cream Sauce **VEG GF Option** \$8.25

WEDNESDAY | AUGUST 16TH

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.50

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.25

CHINESE CHICKEN SALAD Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton Strip, Orange-Sesame Dressing **DF** \$9.25

BBQ CHICKEN TENDER WRAP Lettuce, Tomato, Shredded Cheddar Cheese, BBQ Ranch, Flour Tortilla \$8.25

ITALIAN COLD SUB Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette \$8.25

DIM SUM BOX Spam Musubi, Pork Dumplings, Rice Stuffed Inarizushi, Soy Sauce, Sriracha Mayo \$8.95

HOT ENTREES

BEEF TERIYAKI BOWL 12 oz Carrot, Onion, Cabbage, Edamame, Steamed Jasmine Rice **DF** \$8.95

CHEESEBURGER Cheddar Cheese, Potato Bun **GF Option** \$7.95

HAMBURGER Potato Bun **DF GF Option** \$7.75

MAC & CHEESE 12 oz Macaroni, House Made Cheese Sauce **VEG GF Option** \$7.75

SAPPHIRE AT SCHOOL

THURSDAY | AUGUST 17TH

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.50

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.25

BEEF TACO SALAD Romaine, Tomato, Roasted Corn, Black Bean, Cheddar Cheese, Pico de Gallo, Corn Tortilla Strips, Salsa Ranch Dressing **GF** \$9.35

OVEN ROASTED TURKEY CLUB SANDWICH Bacon, Lettuce, Tomato, White Bread **DF GF Option** \$8.25

TUNA SALAD SANDWICH Lettuce, Tomato, Multigrain Bread \$8.25

COLD PORK DUMPLINGS (6) Cucumber, Edamame, Ponzu \$8.50

HOT ENTREES

BBQ PULLED PORK SLIDERS (3) Sweet Hawaiian Roll \$7.95

BBQ PULLED JACKFRUIT SLIDERS (3) Sweet Hawaiian Roll **VEG** \$7.75

CHICKEN FRIED RICE 12 oz Scrambled Egg, Carrot, Corn, Onion, Pea **DF** \$8.75

PENNE & MEATBALLS 12 oz Marinara, Parmesan Cheese \$8.95

PENNE MARINARA 12 oz **DF VEG GF Option** \$7.25

FRIDAY | AUGUST 18TH

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.50

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.25

BALSAMIC GLAZED CHICKEN SALAD Kale, Mixed Green, Quinoa, Zucchini, Tomato, Cucumber, Red Onion, Feta Cheese, Creamy Balsamic Dressing **GF** \$9.25

GREEN GODDESS SANDWICH Fresh Mozzarella, Cucumber, Avocado, Tomato, Spinach, Caramelized Onion Aioli, Multi-Grain Bread **VEG** \$7.75

TURKEY & CHEDDAR CHEESE SLIDERS (3) Sweet Hawaiian Roll \$7.50

COLD FALAFEL BOWL Leaf Lettuce, Quinoa, Tomato, Cucumber, Cabbage, Bell Pepper, Olive, Garbanzo Bean, Hummus, Lemon- Tahini Dressing **GF V** \$8.95

HOT ENTREES

BLACKENED CHICKEN PASTA 12 oz Bell Pepper, Onion, Tomato, Cajun Alfredo Sauce **GF Option** \$8.95

BEAN, RICE & CHEESE BURRITO Cheddar Cheese, Spanish Rice, Pinto Bean, Flour Tortilla **VEG** \$6.50

CHEESE PIZZA SANDWICH Mozzarella Cheese, Cheddar Cheese, Tomato Sauce, Baguette **VEG** \$6.25

PEPPERONI PIZZA SANDWICH Mozzarella Cheese, Pepperoni, Tomato Sauce, Baguette \$7.50

SAPPHIRE AT SCHOOL

BEVERAGES

NIAGRA WATER \$1.25
SMART WATER \$2.95
S. PELLEGRINO \$2.60
S. PELLEGRINO *Sparkling* \$2.85
BAI INFUSION \$3.50

GATORADE \$2.45
ALOHA \$2.65
NAKED JUICE \$4.85
HONEST GREEN TEA \$3.15
ORGANIC MILK \$2.95

ORGANIC CHOC. MILK \$2.95
HAWAII KONA COFFEE \$3.15
STARBUCKS *Double Shot* \$4.15

BREAKFAST

ASSORTED CEREAL \$1.95
BAGEL & CREAM CHEESE \$4.25
ASSORTED MUFFINS \$2.95

BUTTER CROISSANT \$3.75
CHOCOLATE CROISSANT \$3.25
ASSORTED DANISH \$3.25

CINNAMON ROLL \$3.25
EGG & CHEESE BURRITO \$5.25
BACON & EGG BURRITO \$6.95

HOMEMADE & RETAIL SNACKS

MIXED FRUIT \$3.75
ORANGE SLICES \$3.75
GRAPE CUP \$4.25
WATERMELON \$3.75
PINEAPPLE CUP \$3.95
MANGO CUP \$4.50
HARD BOILED EGG (2) \$1.75
CRUDITE & RANCH \$3.85

EDAMAME \$3.80
CHOBANI YOGURT \$1.95
POPCORN \$2.45
MISS VICKIE'S CHIPS \$2.40
LAY'S CHIPS \$1.90
CHEEZ ITS \$0.95
CHEETOS \$1.90
TAKIS \$1.00

STACEY'S PITA CHIPS \$2.45
BEEF JERKEY \$4.50
POWER PROTEIN BAR \$2.75
PICKLE BITES \$2.00
POCKY \$2.00
FRESHLY BAKED COOKIES \$1.20
PROTEIN BITES (2) \$4.15
SAPPHIRE BROWNIES \$1.75