

SAPPHIRE AT SCHOOL

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SAINTS CAFÉ MENU

Every child deserves™ a healthy start.

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor.

Our sauces and dressings are homemade and contain no high fructose corn syrup, preservatives, or additives.

The menu includes carefully sourced ingredients such as certified organic chicken, 100% natural beef, select meats without added nitrates or nitrites, and recipes designed to minimize the use of seed oils whenever feasible.

For our sandwiches, we proudly utilize locally produced artisanal breads with no preservatives.

Each meal is served à la carte and includes packaged utensils, napkins, and condiments. All are individually packaged and labeled with student name and grade.

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

SAPPHIRE AT SCHOOL

MONDAY | NOVEMBER 2

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD — 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR — 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

HARVEST CHICKEN & COUSCOUS SALAD — 8.75
Spinach, Red Cabbage, Roasted Butternut Squash, Apple, Dried Cranberries, Sunflower Seed, Goat Cheese, Couscous, Maple-Balsamic Dressing *VEGO*

ROAST BEEF & SWISS HOAGIE — 8.95
Lettuce, Tomato, Caramelized Onion Mayo, Baguette

OVEN ROASTED TURKEY CLUB SANDWICH — 9
Nitrate-Free Bacon, Lettuce, Tomato, White Bread *GFO*

FALAFEL WRAP — 8.25
Romaine, Cucumber, Diced Tomato, Roasted Beet Hummus, Tahini Sauce, Flour Tortilla

(6) COLD PORK DUMPLINGS — 8.95
Cucumber, Edamame, Ponzu

HOT ENTREES

BEEF CHOW MEIN (LARGE) — 8.95
Sesame Noodle, Carrot, Cabbage, Celery, Pea, Onion

TOFU CHOW MEIN (LARGE) — 7.95
Sesame Noodle, Carrot, Cabbage, Celery, Pea, Onion

ALL BEEF HOT DOG — 5.25
Traditional Bun *GFO*

TURKEY PESTO SLIDERS — 7.50
Provolone Cheese, Garlic Butter, Sweet Hawaiian Rolls

SAPPHIRE AT SCHOOL

TUESDAY | NOVEMBER 3

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

CHEF'S SALAD 8.65
Romaine, Ham, Turkey, Hard Boiled Egg, Cheddar, Mozzarella, Tomato, Cucumber, Ranch Dressing

CAPRESE SANDWICH 8.15
Mozzarella, Tomato, Basil, Balsamic, White Baguette

HONEY BBQ CHICKEN TENDER WRAP 8.75
Tomato, Romaine, Cheddar Cheese, Ranch Dressing, Flour Tortilla

CALIFORNIA ROLL 7.75
Krab, Cucumber, Avocado, Sushi Rice, Nori, Soy Sauce

COLD TOFU UDON NOODLE BOWL 8.65
Cucumber, Edamame, Cabbage, Carrot, Green Onion Sesame Seed, Soy-Ginger Dressing

COLD CHICKEN UDON NOODLE BOWL 11.65
Organic Chopped Chicken, Cucumber, Edamame, Cabbage, Carrot, Green Onion Sesame Seed, Soy-Ginger Dressing

HOT ENTREES

GREEN CHILI CHICKEN ENCHILADAS 8.15
Pinto Beans, Tomato Rice, Tomatilla Salsa

(3) SWEDISH MEATBALLS 8.50
Mashed Potato, Peas, Lingonberry Gravy

PENNE BOLOGNESE (LARGE) 8.95
All Beef Meat Sauce, Marinara, Parmesan *GFO*

PENNE MARINARA (LARGE) *GFO* 7.25

SAPPHIRE AT SCHOOL

WEDNESDAY | NOVEMBER 4

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

BLACKENED SALMON CAESAR SALAD 11
Romaine, Herb Crouton, Parmesan Dressing

TURKEY & CRANBERRY SANDWICH 8.25
Lettuce, Cranberry Cream Cheese, Multigrain Bread

HARISSA CHICKPEA SALAD SANDWICH 7.75
Red Onion, Celery, Bell Pepper, Cilantro, Preserved Lemon Tahini, Lettuce, Tomato, Multigrain Bread

HAM & CHEDDAR HOAGIE 8.25
Lettuce, Tomato, Cucumber, Honey Mustard, Baguette

(6) COLD PORK DUMPLINGS 8.95
Cucumber, Edamame, Ponzu

CALIFORNIA "POKE" BOWL 9.95
Krab, Sticky White Rice, Edamame, Tomato, Cucumber
Japanese Carrot, Cabbage, Green Onion
Side of: Pickled Ginger, Sriracha-Sesame Mayo, Soy Sauce

HOT ENTREES

KOREAN BBQ BEEF BURRITO 8.75
Kimchi, Cilantro, White Rice, Sriracha Mayo, Flour Tortilla

KOREAN BBQ VEGGIE BURRITO 7.75
KBBQ Mushrooms, Carrots, Zucchini, Kimchi, Cilantro, White Rice, Sriracha Mayo

SHEPHERD'S PIE 8.95
Seasoned Ground Beef, Creamy Mashed Potatoes, Peas, Carrot, Cheddar Cheese

PENNE CHICKEN ALFREDO (LARGE) 8.95
Parmesan Cream Sauce *GFO*

PENNE ALFREDO (LARGE) 7.75
Parmesan Cream Sauce *GFO*

SAPPHIRE AT SCHOOL

THURSDAY | NOVEMBER 5

VEGETARIAN (OPTION) · VEGAN · GLUTEN FREE (OPTION) · DAIRY FREE · ORGANIC · SEED OIL FREE · NITRATE FREE · NOT SCRATCH MADE

COLD ENTREES

CAESAR SALAD — 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR — 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

CHINESE CHICKEN SALAD — 8.75
Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton, Orange-Sesame Dressing

CHINESE TOFU SALAD — 7.75
Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton, Orange-Sesame Dressing

TURKEY & SWISS SANDWICH — 8.25
Lettuce, Tomato, White Bread

ITALIAN COLD SUB — 8.75
Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette

SPICY KRAB INARIZUSHI — 9.25
Edamame, Cucumber, Ponzu Sauce

HOT ENTREES

GREEK LEMON CHICKEN & ORZO (LARGE) — 8.75
Carrots, Parmesan, Orzo Pasta

CHEESEBURGER — 8.15
Angus Beef, Cheddar Cheese, White Bun *GFO*

HAMBURGER — 7.85
Angus Beef, White Bun *GFO*

TRADITIONAL POT ROAST — 8.95
Carrot, Pea, Mashed Potato, Onion, Celery

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FRIDAY | NOVEMBER 6

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COLD ENTREES

CAESAR SALAD 7.75
Romaine, Herb Crouton, Parmesan Dressing

GRILLED ORGANIC CHICKEN CAESAR 11
Organic Grilled Chicken, Romaine, Herb Crouton, Parmesan Dressing

CILANTRO LIME BEEF SALAD 8.95
Field Green, Mozzarella, Roast Corn, Tomato, Toasted Pumpkin Seed, Cilantro-Lime Vinaigrette

OVEN ROASTED TURKEY CLUB SANDWICH 9
Nitrate-Free Bacon, Lettuce, Tomato, White Bread *GFO*

TUNA SALAD CROISSANT 9.25
Celery, Red Onion, Butter Croissant

TERIYAKI SALMON ROLL 8.50
Cucumber, Avocado, Sticky Rice, Nori, Edamame

HOT ENTREES

(3) BBQ PULLED PORK SLIDERS 7.50
Sweet Hawaiian Rolls

4 PIECE BAKED CHICKEN TENDERS 7.50

PEPPERONI PIZZA SLICE 4.95
Mozzarella Cheese, Tomato Sauce

CHEESE PIZZA SLICE 4.95
Mozzarella Cheese, Tomato Sauce

SAPPHIRE®
AT SCHOOL

BREAKFAST

ASSORTED CEREAL	2.05	BUTTER CROISSANT	3.95	CINNAMON ROLL	3.45
BAGEL & CREAM CHEESE	4.50	CHOCOLATE CROISSANT	3.45	EGG & CHEESE BURRITO	6.50
ASSORTED MUFFINS	3.15	ASSORTED DANISHES	3.45	BACON & EGG BURRITO	7.50

DAILY BEVERAGES

NIAGRA WATER	1.45	GATORADE	2.60	ORGANIC CHOCOLATE MILK	2.95
SMART WATER	3.10	ALOHA	3.15	HAWAIIAN KONA COFFEE	3.15
SAN PELLEGRINO	2.60	NAKED JUICE	4.95	STARBUCKS DOUBLE SHOT	4.15
SAN PELLEGRINO (SPARKLING)	2.75	HONEST GREEN TEA	3.15	LA COLOMBE COFFEE	5.75
BAI INFUSION	3.45	ORGANIC MILK	2.95	ITO EN GREEN TEA	3.40

DAILY HOMEMADE & RETAIL SNACKS

MIXED FRUIT	3.75	EDAMAME	3.40	STACEY'S PITA CHIPS	2.25
ORANGE SLICES	2.95	CHOBANI YOGURT	1.95	BEEF JERKY	4.75
GRAPE CUP	3.35	POPCORN	2.25	POWER PROTEIN BAR	3.10
WATERMELON CUP	2.95	MISS VICKIE'S CHIPS	2.15	PICKLE BITES	3.10
PINEAPPLE CUP	2.95	LAY'S CHIPS	1.95	POCKY	3.40
MANGO CUP	4.85	CHEEZ ITS	0.95	FESHLY BAKED COOKIES	1.25
(2) HARD BOILED EGGS	1.85	CHEETOS	1.95	(2) ENERGY BITES	3.85
CRUDITE & RANCH	3.85	TAKIS	1.00	SAPPHIRE BROWNIES	1.85