



SAINTS CAFÉ MENU

AUGUST 19th - 23rd

Every child deserves a healthy start.™

Our lunch menus are carefully selected to provide healthy variety, balance, and flavor.
Our sauces, soups, and dressings are homemade and contain no preservatives, or additives.
Our hamburger patties are 100% natural beef, and our chicken is fresh and natural.
For our sandwiches, we proudly utilize locally produced artisan breads.

VEGETARIAN

VEGAN

GLUTEN FREE

DAIRY FREE

MONDAY | AUGUST 19th

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.25

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.15

SALAMI SALAD Mozzarella Cheese, Pepperoncini, Tomato, Red Onion, Herb Crouton, Olive, Garbanzo Bean, Creamy Italian Dressing \$9.35

CHICKEN SALAD WRAP Celery, Red Onion, Grape, Dijonnaise, Lettuce, Whole Wheat Tortilla \$8.25

TURKEY HOAGIE Lettuce, Tomato, Provolone Cheese \$6.95

FALAFEL PITA KIT Carrot, Jicama, Tomato, Cucumber, Tzatziki Sauce, Hummus, Pita Bread **VEG** \$7.95

HOT ENTREES

ALL BEEF HOT DOG Traditional Bun **DF GF Option** \$5.00

BEEF TERIYAKI BOWL 12 oz Carrot, Onion, Cabbage, Edamame, Steamed Jasmine Rice **DF** \$8.95

BLACKENED CHICKEN PASTA 12 oz Bell Pepper, Onion, Tomato, Cajun Alfredo Sauce **VEG & GF Option** \$8.95

TUESDAY | AUGUST 20th

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.25

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.15

CHICKEN ORZO PASTA SALAD Feta Cheese, Red Onion, Tomato, Cucumber, Kalamata Olive, Basil, Spinach, Balsamic Dressing \$8.25

BLT HOAGIE Bacon, Lettuce, Tomato, Baguette \$8.25

HAM & SWISS CROISSANT Lettuce, Tomato \$9.25

COLD TOFU UDON NOODLE BOWL Cucumber, Edamame, Cabbage, Carrot, Green Onion, Sesame Seed, Soy-Ginger Dressing **V DF** \$8.25

HOT ENTREES

4 PIECE CHICKEN TENDERS **DF** \$7.95

HOT HAM & SWISS CHEESE SLIDERS (3) Sweet Hawaiian Roll \$7.50

PENNE CHICKEN ALFREDO 12 oz Parmesan Cream Sauce **GF Option** \$8.95

PENNE ALFREDO 12 oz Parmesan Cream Sauce **VEG GF Option** \$8.25

WEDNESDAY | AUGUST 21ST

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.25

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.15

CHINESE CHICKEN SALAD Field Green, Orange, Carrot, Cabbage, Edamame, Cucumber, Wonton Strip, Orange- Sesame Dressing **DF** \$9.25

ITALIAN COLD SUB Salami, Ham, Provolone, Shredded Lettuce, Tomato, Red Onion, Pepperoncini, Italian Dressing, Baguette \$8.25

TURKEY & CHEDDAR CHEESE SLIDERS (3) Sweet Hawaiian Roll \$7.50

DIM SUM BOX Spam Musubi, Pork Dumplings, Rice Stuffed Inarizushi, Soy Sauce, Sriracha Mayo \$8.95

HOT ENTREES

BUTTERED NOODLES WITH CHICKEN 12 oz Penne Pasta, Chopped Grilled Chicken **GF Option** \$7.95

CHEESEBURGER Cheddar Cheese, White Bun **GF Option** \$7.75

HAMBURGER White Bun **DF GF Option** \$7.50

MAC & CHEESE 12 oz Macaroni, House Made Cheese Sauce **VEG GF Option** \$7.75

THURSDAY | AUGUST 22ND

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.25

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.15

BEEF TACO SALAD Romaine, Tomato, Roasted Corn, Black Bean, Cheddar Cheese, Pico de Gallo, Corn Tortilla Strips, Salsa Ranch Dressing **GF** \$9.15

OVEN ROASTED TURKEY CLUB SANDWICH Bacon, Lettuce, Tomato, White Bread **DF GF Option** \$8.25

TUNA SALAD SANDWICH Lettuce, Tomato, Multigrain Bread \$8.25

COLD PORK DUMPLINGS (6) Cucumber, Edamame, Ponzu \$8.50

SPICY KRAB BOWL Sticky Rice, Edamame, Tomato, Cucumber, Japanese Carrot, Cabbage, Green Onion, Ponzu Sauce **DF** \$8.95

HOT ENTREES

BBQ PULLED PORK SLIDERS (3) Sweet Hawaiian Roll \$7.95

CHICKEN CHOW MEIN 12 oz Sesame Noodle, Carrot, Cabbage, Celery, Pea, Onion **DF** \$8.95

WHOLE GRAIN CHICKEN CORN DOG **DF** \$4.75

FRIDAY | AUGUST 23RD

COLD ENTREES

PLAIN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$8.25

GRILLED CHICKEN CAESAR SALAD Romaine, Herb Crouton, Parmesan Dressing \$9.15

BALSAMIC GLAZED CHICKEN SALAD Kale, Mixed Green, Quinoa, Zucchini, Tomato, Cucumber, Red Onion, Feta Cheese, Creamy Balsamic Dressing **GF** \$9.25

COLD ANCHO CHICKEN TORTA Queso Fresco, Lettuce, Tomato, Red Onion, Pickled Jalapeno, Cumin-Black Bean Spread, Cilantro-Lime Mayo, Soft Roll \$8.95

SOUTHWEST CHICKEN WRAP Black Bean, Roast Corn, Pico de Gallo, Cabbage, Lettuce, Cheddar Cheese, Avocado-Cilantro Ranch, Dressing, Flour Tortilla \$7.95

COLD FALAFEL BOWL Leaf Lettuce, Quinoa, Tomato, Cucumber, Cabbage, Bell Pepper, Olive, Garbanzo Bean, Hummus, Lemon- Tahini Dressing **GF V** \$7.95

HOT ENTREES

CHEESE ENCHILADAS Refried Pinto Bean, Spanish Rice **VEG GF** \$7.35

CHEESE PIZZA SANDWICH Mozzarella Cheese, Cheddar Cheese, Tomato Sauce, Baguette **VEG** \$6.25

PEPPERONI PIZZA SANDWICH Mozzarella Cheese, Pepperoni, Tomato Sauce, Baguette \$7.50

STEAMED PORK BUNS (2) \$7.75

SAPPHIRE AT SCHOOL

BEVERAGES

NIAGRA WATER \$1.25
SMART WATER \$2.95
S. PELLEGRINO \$2.60
S. PELLEGRINO *Sparkling* \$2.85
BAI INFUSION \$3.50

GATORADE \$2.45
ALOHA \$2.65
NAKED JUICE \$4.85
HONEST GREEN TEA \$3.15
ORGANIC MILK \$2.95

ORGANIC CHOC. MILK \$2.95
HAWAII KONA COFFEE \$3.15
STARBUCKS *Double Shot* \$4.15

BREAKFAST

ASSORTED CEREAL \$1.95
BAGEL & CREAM CHEESE \$4.25
ASSORTED MUFFINS \$2.95

BUTTER CROISSANT \$3.75
CHOCOLATE CROISSANT \$3.25
ASSORTED DANISH \$3.25

CINNAMON ROLL \$3.25
EGG & CHEESE BURRITO \$5.25
BACON & EGG BURRITO \$6.95

HOMEMADE & RETAIL SNACKS

MIXED FRUIT \$3.75
ORANGE SLICES \$3.75
GRAPE CUP \$4.25
WATERMELON \$3.75
PINEAPPLE CUP \$3.95
MANGO CUP \$4.50
HARD BOILED EGG (2) \$1.75
CRUDITE & RANCH \$3.85

EDAMAME \$3.80
CHOBANI YOGURT \$1.95
POPCORN \$2.45
MISS VICKIE'S CHIPS \$2.40
LAY'S CHIPS \$1.90
CHEEZ ITS \$0.95
CHEETOS \$1.90
TAKIS \$1.00

STACEY'S PITA CHIPS \$2.45
BEEF JERKEY \$4.50
POWER PROTEIN BAR \$2.75
PICKLE BITES \$2.00
POCKY \$2.00
FRESHLY BAKED COOKIES \$1.20
PROTEIN BITES (2) \$4.15
SAPPHIRE BROWNIES \$1.75