



MONDAY | SEPTEMBER 15th

Cold Entrees

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

ANTIPASTI SALAD \$9.25

Romaine, Salami, Ham, Mozzarella, Tomato, Cucumber, Red Onion, Pepperoncini, Garbanzo Bean, Creamy Italian Dressing

BLT HOAGIE \$8.65

Bacon, Lettuce, Tomato, Baguette **DF**

COLD SALMON & SOBA NOODLE SALAD \$13.65

Cucumber, Cabbage, Carrot, Green Onion, Sesame Seed, Sesame-Yuzu Dressing

HAM & CHEDDAR CHEESE SLIDERS \$7.50 (3)

Sweet Hawaiian Roll

Hot Entrees

PENNE CHICKEN ALFREDO 12 oz \$8.95

Parmesan Cream Sauce **GF Option**

PENNE ALFREDO 12 oz \$7.95

Parmesan Cream Sauce **VEG**

CHORIZO & POTATO BURRITO \$7.95

Pinto Bean, Cheddar Cheese, Salsa, Roja, Flour Tortilla

HONEY SRIRACHA BEEF BOWL \$8.95

Sesame Noodle, Carrot, Cabbage, Celery, Pea, Onion **DF V Option**

TUESDAY | SEPTEMBER 16th

Cold Entrees

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN & STRAWBERRY SALAD \$9.65

Field Green, Strawberry, Cucumber, Feta Cheese, Sunflower Seed, Sherry Dressing **GF**

SESAME CHICKEN WRAP \$8.75

Cucumber, Carrot, Broccoli, Lettuce, Honey-Ginger Mayo, Flour Tortilla **DF**

TURKEY & CHEDDAR CHEESE SLIDERS (3) \$7.50

Sweet Hawaiian Roll

COLD CHICKEN UDON NOODLE BOWL \$9.25

Cucumber, Edamame, Cabbage, Carrot, Green Onion, Sesame Seed, Soy-Ginger Dressing **DF**

COLD TOFU UDON NOODLE BOWL \$8.65

Cucumber, Edamame, Cabbage, Carrot, Green Onion, Sesame Seed, Soy-Ginger Dressing **V**

Hot Entrees

CHEESEBURGER \$8.15

Angus Beef, Cheddar Cheese, White Bun **GF Option**

HAMBURGER \$7.85

Angus Beef, White Bun **DF GF Option**

BLACKENED CHICKEN PASTA 12 oz \$8.95

Bell Pepper, Onion, Tomato, Cajun Alfredo Sauce

SHRIMP FRIED RICE 12 oz \$8.95

Scrambled Egg, Carrot, Onion, Corns, Peas **DF**

WEDNESDAY | SEPTEMBER 17th

Cold Entrees

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

CHINESE CHICKEN SALAD \$8.25 **DF**Field Green, Orange, Carrot, Cabbage,
Edamame, Cucumber, Wonton Strip, Orange-
Sesame Dressing ***V Option****HAM & CHEDDAR CHEESE SLIDERS (3)** \$7.25

Sweet Hawaiian Roll

COLD STEAK & SWEET POTATO BOWL \$9.75Black Bean, Garlic Cauliflower, Grilled Red Onion,
Roast Apple, Dry Cranberry, Kale, Quinoa,
Maple- Tahini Dressing **GF****ITALIAN COLD SUB** \$8.25Salami, Ham, Provolone, Shredded Lettuce, Tomato,
Red Onion, Pepperoncini, Italian Dressing, Baguette**TURKEY & BACON WRAP** \$8.75Lettuce, Tomato, Ranch Dressing,
Whole Wheat Tortilla

Hot Entrees

ALL BEEF HOT DOG \$5.25Traditional Bun **DF GF Option****CHICKEN TACO BOWL** 12 oz \$8.95Macaroni, House Made Cheese Sauce **VEG**
GF Option**BEAN & CHEESE BURRITO** \$6.50Cheddar Cheese, Pinto Bean, Flour Tortilla **VEG****KOREAN BBQ BEEF BURRITO** \$8.75Kimchi, Cilantro, White Rice, Cilantro Mayo **DF**THURSDAY, SEPTEMBER 18th

Cold Entrees

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

CHICKEN ORZO PASTA SALAD \$8.75Feta Cheese, Red Onion, Tomato, Cucumber,
Kalamata Olive, Basil, Spinach, Balsamic
Dressing**CAPRESE SANDWICH** \$7.75Mozzarella, Tomato, Basil, Balsamic Baguette **VEG****OVEN ROASTED TURKEY CLUB SANDWICH** \$8.85Bacon, Lettuce, Tomato, White Bread **DF****SPICY KRAB INARIZUSHI** \$9.25

Edamame, Cucumber, Ponzu Sauce

Hot Entrees

HOT HAM & SWISS SLIDERS (3) \$7.50

Garlic Butter, Sweet Hawaiian Rolls

SESAME GROUND TURKEY BOWL \$8.35Green Onion, Broccoli, Carrot,
Steamed Brown Rice **DF****PENNE & MEATBALLS (3) 12 oz** \$8.95

Marinara, Parmesan Cheese

PENNE MARINARA 12 oz \$7.50**DF VEG GF Option**

FRIDAY, SEPTEMBER 19th

Cold Entrees

PLAIN CAESAR SALAD \$7.75

Romaine, Herb Crouton, Parmesan Dressing

GRILLED CHICKEN CAESAR SALAD \$8.75

Romaine, Herb Crouton, Parmesan Dressing

CILANTRO LIME BEEF SALAD \$8.95Field Green, Mozzarella, Roast Corn, Tomato,
Toasted Pumpkin Seed, Cilantro-Lime Vinaigrette **GF****SUNBUTTER & JELLY SANDWICH** \$6.00White Bread **V GF Option****TUNA SALAD CROISSANT** \$9.25

Lettuce, Tomato

CALIFORNIA ROLL \$8.95Krab, Cucumber, Avocado, Sushi Rice, Nori,
Edamame, Soy Sauce

Hot Entrees

4 PIECE CHICKEN TENDERS **DF** \$7.50**SPICY BEEF & BROCCOLI BOWL** \$9.25Green Onion, Steamed Jasmine Rice **DF****SPICY TOFU & BROCCOLI BOWL** \$8.25Green Onion, Steamed Jasmine Rice **V****CHEESE PIZZA SANDWICH** \$6.50Mozzarella Cheese, Cheddar Cheese,
Tomato Sauce, Baguette **VEG****PEPPERONI PIZZA SANDWICH** \$7.95Mozzarella Cheese, Pepperoni,
Tomato Sauce, Baguette**VEGETARIAN****VEGAN****GLUTEN FREE****DAIRY FREE**

SAINTS CAFÉ MENU

BEVERAGES

Niagara Water \$1.45
Smart Water \$3.10
S. Pellegrino \$2.60
S. Pellegrino *Sparkling* \$2.75
Bai Infusion \$3.45

Gatorade \$2.60
Aloha \$2.95
Naked Juice \$4.95
Honest Green Tea \$3.15
Organic Milk \$2.95

Organic Choc. Milk \$2.95
Hawaii Kona Coffee \$3.15
Starbucks *Double Shot* \$4.15
La Colombe Coffee \$5.75
Ito En Green Tea \$3.15

BREAKFAST

Assorted Cereal \$2.05
Bagel & Cream Cheese \$4.50
Assorted Muffins \$3.15

Butter Croissant \$3.95
Chocolate Croissant \$3.45
Assorted Danish \$3.45

Cinnamon Roll \$3.45
Egg & Cheese Burrito \$6.50
Bacon & Egg Burrito \$7.50

HOMEMADE & RETAIL SNACKS

Mixed Fruit \$3.75
Orange Slices \$2.95
Grape Cup \$3.35
Watermelon \$2.95
Pineapple Cup \$2.95
Mango Cup \$4.85
Hard Boiled Egg (2) \$1.85
Crudit  & Ranch \$3.85

Edamame \$3.40
Chobani Yogurt \$1.95
Popcorn \$2.25
Miss Vickie's Chips \$2.15
Lay's Chips \$1.95
Cheez Its \$0.95
Cheetos \$1.95
Takis \$1.00

Stacey's Pita Chips \$2.25
Beef Jerky \$4.75
Power Protein Bar \$3.10
Pickle Bites \$2.15
Pocky \$3.10
Freshly Baked Cookies \$1.25
Protein Bites (2) \$3.85
Sapphire Brownies \$1.85