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APP Newsletter From The Chief's Desk

The Human Thread

Reflections on what connects us

Lately, I have found myself thinking about what connects us. Not as clinicians or leaders, but as people.

Despite our different roles, specialties, experiences, and backgrounds, I believe there is a human thread that runs through all of our lives. It is woven through moments of joy and disappointment, hope and uncertainty, celebration and loss. It reminds us that, beneath our different experiences, we all hope to be seen, understood, and to know that who we are matters.

That is the thread I hope we continue exploring together.

For the past seven years, this newsletter has connected our APP community by celebrating accomplishments, sharing updates, and highlighting the many ways APPs contribute across UCSF. I am grateful to everyone who has helped shape it over the years, and I am honored to weave another thread into its story.

Each month, I would simply like to share a conversation. Sometimes it may begin with a patient, a colleague, a book, or an ordinary moment that quietly stayed with me. My hope is not to offer answers, but to invite reflection...to notice the quiet truths about being human that often reveal themselves through caring, listening, learning, and simply being present for one another.

If this space offers even a brief moment to reconnect with what we share beyond our titles and responsibilities, then it will have served its purpose. Thank you for allowing me the privilege of serving alongside you. I look forward to continuing this conversation with you.

Ivette

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