

THE NORTHERN CALIFORNIA  
ASSOCIATION OF PAIN  
PSYCHOLOGISTS

PRESENTS

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**MODELS OF CARE IN PEDIATRIC  
PAIN AND ILLNESS**

**PRESENTED BY**

**David Becker, MD**

**Brittney Blockman, MD**

**Samantha Huestis, PhD**

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Saturday December 8, 2018

UCSF Mission Hall, Room 2105

550 16th Street

San Francisco, CA

MAP: <https://www.ucsf.edu/maps/mission-bay>

REGISTRATION 9:30am - 10:00am

SEMINAR 10:00am- 12:00pm

# MODELS OF CARE IN PEDIATRIC PAIN AND ILLNESS

This inaugural event of NCAPP's pediatric subdivision will feature three established clinicians from different disciplines and backgrounds (psychology, integrative medicine, pediatrics, behavioral medicine) from three different organizations (UCSF's Pediatric Pain and Palliative Care Clinic, the Osher Center, and the Stanford Pediatric Pain Clinic), who will each speak to their inter/multidisciplinary models of care and treatment programs for youth with chronic pain and illness. In this workshop we will explore options offered by our local pediatric pain community, and raise awareness of current issues in pediatric pain. Discussion to follow.

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David Becker, MD, MA is a Clinical Professor in the UCSF Department of Pediatrics. He is co-Medical Director of the Pediatric Pain Management Clinic at UCSF Benioff Children's Hospital, and sees patients at the UCSF Osher Center for Integrative Medicine. He specializes in integrative medicine, behavioral health, and chronic pain management. His specialty training includes an Integrative Medicine Fellowship, extensive mind-body training and practice, chronic pain management, and a MA in Clinical Psychology, and is a licensed Marriage and Family Therapist. Dr. Becker teaches and lectures nationally and internationally on integrative medicine, mental health, chronic pain management and mind-body strategies.

David Becker, MD, MA, LMFT, FAAP  
Clinical Professor, UCSF Department of Pediatrics  
Co-Medical Director, UCSF Pediatric Pain Management Clinic  
Pediatric Integrative and Behavioral Health,  
UCSF Osher Center for Integrative Medicine

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# MODELS OF CARE IN PEDIATRIC PAIN AND ILLNESS

Brittany Blockman, MD, MA, is an Associate Physician Diplomate at the UCSF Osher Center for Integrative Medicine and Clinical Instructor in Pediatrics at UCSF, where she provides integrative consultations for youth living with a wide spectrum of chronic illnesses. She established and runs an insurance-billed, mind-body group for youth living with chronic illness, which is becoming a model for other UCSF programs. Prior to her current position at the Osher Center, she completed a two-year clinical fellowship in integrative medicine at the Osher Center and residency in the UCSF Pediatric Leadership for the Underserved (PLUS) residency program. During her residency, she founded Communitas Health, a non-profit organization that provides immersive, integrative medicine education, peer support, and empowerment with self-care skills for youth living with chronic illness and their families.

Brittany Blockman, MD, MA

Associate Diplomate Physician - Pediatrician

Osher Center for Integrative Medicine

University of California San Francisco

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Samantha Huestis, PhD is a clinical assistant professor in the Department of Anesthesiology, Perioperative, and Pain Medicine at Stanford University School of Medicine, and psychologist in the Pediatric Pain Management Clinic at Stanford Children's Health. After earning her doctorate from Case Western Reserve University she completed fellowships at the Yale Child Study Center and Stanford School of Medicine. She has published on collaborative patient-provider communications, patient-centered outcomes tracking, and value of peer and multi-family group therapies. Dr. Huestis champions strength-based approaches to fostering resilience over risk as youth learn to live beyond pain.

Samantha Huestis, PhD

Clinical Assistant Professor

Pediatric Pain Management Clinic, Stanford Children's Health

Stanford University School of Medicine

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Fees:

CE credits for Psychologists, LMFTs and LCSWs

(To register without CE credits, email

NCAPP.org@gmail.com and confirm)

2 CE credits

\$40 (NCAPP members)

\$60 (non-NCAPP members)

Groups of 3 or more \$53 each person

Groups of 5 or more \$48 each person

Free for attendees not receiving CE credits

Free for students and interns

To Register:

Send your payment via PayPal: NCAPP.org@gmail.com

or

Send your check to Eric Nadler:

Eric Nadler, PhD

Chronic Pain Management Program

99 Montecillo Rd., MOB 2

San Rafael, CA, 94903

Questions? Email Rachel Zoffness:

drzoffness@gmail.com

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