

Anti-Racist De-escalation Simulation (Code CARE Sim)

**Practice communicating with patients and families
in challenging situations before you are in the
situation in real life!**

Multidisciplinary team members of the de-escalation team (nursing, social work, physicians, nurse practitioners and spiritual services) will get **HANDS ON** practice communicating with patients, families and healthcare providers in crisis. Participate in scenarios (using standardized patients (actors)) that lead to uncomfortable conversations around hospital policy with our disenfranchised patient population. Sessions led by healthcare facilitators who have skill sets in simulation, CPI, and trauma informed care.

****New 2025 Sessions available for BCH/Mission Bay Staff:
2025 Available sessions: 2/25; 3/25; 5/20
Session times vary with date**

Session Objectives:

- To create a space for team members to talk about issues around bias, specifically racism, and how it affects interactions with our patients and our families
- To provide an inclusive learning environment for healthcare providers to practice responses to situations that require de-escalation techniques
- To critically evaluate hospital policies and procedures as they apply to our patient population

Search: Code CARE

All RNs: Register on Nursing Connect to receive your CEs

Non-RN Staff: Register on UC Learning Once you select “register” the session dates will auto populate.

RNs will be granted 2 Contact Hours via Nursing Connect after completing the evaluation. Contact hours Provided approved by the California Board of Registered Nursing, Provider #CEP12980

**** Nurses, contact Dawn Bradley, with questions.**

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