THE GREEN BANDANA PROJECT

The Green Bandana Project is a nationwide awareness campaign to destigmatize the discussion around mental health. Carry this card with you and tie the bandana to your backpack to signal you're an ally in this fight and can connect students to the resources on this card.

Please join us in taking the pledge to create a supportive environment for people in our community dealing with mental illness by empowering fellow community members as advocates for mental and emotional wellbeing.

In taking this bandana and keeping it visible in my daily life, I pledge:

I will listen if you need to talk to someone.
I will talk to someone if I need to be heard.
I will help you find someone to talk to when you need more support.
I will find someone to talk to when I need more support.

I will be accepting.
I will be honest.
I will see a person in need of support and not just their challenges.

With this pledge, I am declaring support for those dealing with challenges to their mental and emotional wellbeing. You can talk to me. I want to help.

You are way too important to feel alone today!

School Resources

Dr. Penley, School Psychologist/Mrs. Shelmerdine, School Adjustment Counselor
Guidance Counselors
School Nurses
School Resource Officer Crosman
Administrators: Mr. Booth, Ms. Giuliano, Mr. Haviland

Please know that every teacher and staff member at NAHS is here for you. Don't hesitate to let any teacher or staff member know that you, or someone you know, is in need of help so that they can connect you with the type of support that is needed.

active minds
North Attleborough High School

KYLECARES
The Kyle Johnson Foundation

North SERVES
READY. SET. SERVE.

Other Resources

Suicide Prevention Hotline
1-800-273-TALK (8255)
Refer a friend, or call if you are worried about a friend

The Trevor Project Lifeline (LGBTQ)
Text START to 678678
866-488-7386

Crisis Text Line
Text Connect to 741741

Just Us Women Health Center
508-699-7800

Mobile Crisis Team
(accepts Mass Health Ins. only)
508-285-9400

New Hope, Attleboro
(domestic/sexual violence)
800-323-4673

Riverside Community Care
800-529-5077