SCHOOL SPOTLIGHT : Attleboro High School



Empowering Students, Engaging the Community, and Building a Culture of Support

At Attleboro High School, mental health awareness is more than an initiative—it's becoming part of the school's identity. Guided by a shared goal of creating a culture where every student feels seen, heard, and supported, the school is advancing mental wellness through both strong administrative leadership and student-driven energy.

Since launching its Active Minds chapter in Spring 2024, Attleboro has rapidly built a foundation of student engagement and creative programming. With over 50 students involved, the chapter—led by advisors Tommy Burns and Tina Hayes—has hosted impactful events like Mental Health Awareness Weeks, powerful speaker visits, mindfulness sessions, and themed basketball games that bring mental health into the spotlight to help create space for open, honest dialogue. Students are not only leading conversations within the school but also planning community-wide efforts, like a Mental Health Awareness Night featuring local community partners and guest speakers.

Principal Kate Campbell emphasizes that this progress is part of a broader, long-term strategy. "Our goal is to have sustainability and foundational awareness for mental health, and the team is doing a great job building capacity from multiple angles", she said. That includes working closely with entities such as The Jed Foundation on a long-term, comprehensive strategy for supporting student wellness, and well as internal resources such as the district's Welcome Center and a family resource staff to connect students and families with vital services, all while incorporating mental health into the school council's core priorities this year.

As both student-led and system-level efforts continue to expand, Attleboro High stands out as a model of what's possible when a school embraces mental wellness as a shared responsibility—one that includes students, educators, families, and the wider community, while empowering young people to lead the culture change.

