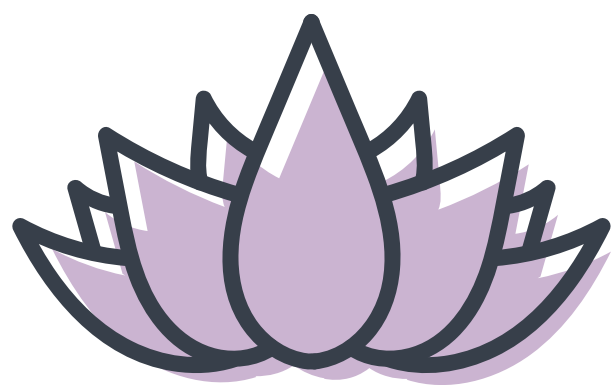


# Meditation Workshop



SeattleWECARE is offering  
meditation workshops to learn how  
to unwind and calm your mindset &  
spirit.

Taught by multiple instructors, we  
will meet regularly on weekends!



Questions?

Contact [info@seattlewecare.org](mailto:info@seattlewecare.org)