

international school  
focus week 2020  
may 18- may 22



## Purpose of Focus Week

Students will access quality work and experiences, develop strong relationships with adults, and cultivate relationships with students outside of their usual social group in a stimulating environment outside of the regular curriculum and classroom. Each Focus Week activity provides instruction in work skills and career education in one or more of the following areas: *industrial arts, home and family life, business and office education, agricultural education, health occupations education, vocational education, trade and industrial education, and technical education*. Students earn their one required credit of Career Tech Education for successful completion of four Focus Weeks during grades 9-12. At the end of Focus Week, students should be able to describe in detail at least one career and the path necessary to follow in order to pursue participation in that career.

**New this year – Fee-Free Focus Weeks:** Students are not *required to pay* to attend Focus Week but we depend on parent support for the success of our activity offerings! We are working hard to reduce the cost of Focus Week by using parent drivers, public transportation, and reduced food expenditures. Focus Week expenses will be an estimated \$200 per participant. Please consider donating to cover the cost of providing these enrichment opportunities. Any and all amounts are appreciated in order to make focus week successful!

Our donation drive for Focus week will run from December 16-February 28 and families can donate at [TouchBase Lite](#) or in person in the main office.

The exception to Fee-Free Focus Weeks is for overnight trips. Students selecting to take part in Focus Week activities that have overnight excursions will be charged for these activities. This year, overnight trips include Sixth Grade Camp (and 11<sup>th</sup> and 12<sup>th</sup> grade counselors), the French Exchange, the Taiwan Trip, and the Mt. Rainier Trip. If students take overnight trips, they will be charged a fee for the week. Scholarships are available.

## Focus week choices are divided by grades. Find the choices for your grade.

Please discuss with your family the following options and **select four activities**, ranked first choice through fourth choice. Focus Week is **mandatory** for all students.

**Sign-ups for your ranked four choices will occur online during Community on January 8<sup>th</sup>, 2020.**

## Sixth Grade

**Because this is an overnight trip there is a \$330 fee. Scholarships are available**

All 6th graders will attend camp at Camp Orkila on Orcas Island in the San Juans for 3 nights/4 days.

### **Be cool!! 6th grade camp**

**Fee: \$330**

Attend 6<sup>th</sup> grade camp at beautiful Camp Orkila. We will take the Washington state ferry to Orcas Island in the beautiful San Juan's where we will stay for a 4-day/3- night adventure. Enjoy the outdoor classroom, learn about outdoor living skills, invertebrates, geology and more. You'll work individually, in small learning groups and as a whole group to learn about forest, wetland, and wildlife ecology. Enjoy classic camp activities, time around the campfire, performing skits, and a night walk. Camp will run from Monday to Thursday. Contact middle school counselor Arty Christianto [christianto@bsd405.org](mailto:christianto@bsd405.org) with any questions.

**Careers Explored:** ecologist, cook/chef, engineer

## Seventh and Eighth Grade

### **Computer Coding!**

Come join us for a week of computer coding! Whether you are starting from zero or already have some programming knowledge under your belt, there will be lots to learn and discuss. Students will spend the week creating a project using Scratch or Python, and there will be a variety of concepts taught designed for students at all different levels.

**Careers Explored:** computer programmer

### **Snap & Explore**

Students will explore the world through the lenses of a photographer. They will get a better understanding of one of the most livable cities in America through architecture, botanical gardens, and culture while learning to take photographs with their camera/smartphone. Students will also learn to edit photographs in Photoshop for potentials careers in journalism, advertisement, and fine art.

**Careers Explored:** photography, marketing, journalism, and fine arts

### **STEM Academy**

STEM Academy is an opportunity to engage in real-world problem-solving, critical thinking, and teamwork through STEM projects, robotics and other cool tech (no prior robotics know-how necessary).

**Careers Explored:** civil engineer, software developer, data scientist

### **Projects in Flight and Aerospace**

Explore our regions rich history in flight and aerospace. Field trips will include the Museum of Flight, Flying Heritage Museum and a tour of the Everett Boeing plant. You will get hands on experience building planes, launching rockets and racing mini quadcopter drones!

**Careers explored:** aeronautical engineer, mechanical engineer, materials science engineer

### **Filmmaking**

Work with Northwest Film Forum and Foundry 10 to learn about making films. Get hands on with real equipment as you learn the workings of the film industry with a group of young professional film makers. From story boarding to filming on a set to acting and directing and more. You will have fun making a film and learning about this exciting profession.

**Careers Explored:** writer, actor, producer, director, film editor, script editor, agent

## Drill Team

There are many fields in the performing arts and music world and here's one you may not be familiar with. Have you ever seen a half time show with lines of dancers, flag performers, and replica rifle/saber twirlers moving in sync on the field? Come spend a week learning how to use this drill team equipment and study the competitive marching band world!

**Careers Explored:** dance instructor, choreographer

## Mount Rainier is calling...

**Fee: \$370**

**Because this is an overnight trip there is \$370 a fee. Scholarships are available.**

Mount Rainier - first known by the local Salishan speakers as Tahoma. Come encounter wild and beautiful parts of Mount Rainier National Park and examine ecosystem services through the lens of values (economic, ecological, and cultural). We'll be challenged individually and as part of a team as we investigate the diverse ecosystems of the Mount Rainier region. Return home with a sense of empowerment and responsibility to make a positive difference in the environment in which you live every day. The Mount Rainier Institute program is four days and three nights, based at University of Washington's Pack Forest (staying in cabins there), traveling to Mount Rainier National Park.

**Careers Explored:** ecologist, park ranger, environmental scientist

## High School – Ninth through Twelfth Grade

### Event Planning and Project Management

Do you want to learn leadership, communication, and management skills that you can use to build your resume for college? Event Planning and Project Management will provide you with the opportunity to organize, brand, merchandise, and manage school-wide events such as Dejeuner en Blanc, the Last Day of School, or the first annual I.S. Tailgate Party. Develop project planning, branding, and public speaking while having fun! This focus week will also empower you to plan your own events and succeed in your Senior Project.

To participate in this Focus Week, you **MUST** be willing and able to run the event you plan this year.

**Careers explored:** project manager, event planner, communications manager

### Your Self, Your Future

Want to know more about how yourself--your personality, your aptitudes, your preferences? Want to know more about how these things influence the after-high-school choices and career paths that could be right for you? Then attend this Focus Week, and spend time exploring who you are, what you want to do with your life, and how to get there. By the end of the week, you'll know more about yourself, your goals, and your future.

**Careers explored:** life coach, counselor

### Reading and Reviewing

Let's play critic! We will read in various fun locations, hold picnic lunches, and discuss our adventures in books as well as give critical analysis as if writing a review for the paper!

**Careers explored:** author, literary critic, book reviewer

### The perfect selfie!

Let's gather to learn how to style hair and perform cool make up styles. You may discover that costume makeup is your thing! Or even want to be a future Instagram star with tutorials!

**Careers explored:** photographer, aesthetician, cosmetologist, make up artist

## Software Development IRL

Learning about computers in the classroom is very different than when you actually have to develop and create things. This week we will do a hyper-accelerated project from planning to development to testing. Interspersed we will also visit 2 -3 local companies (a software giant, a smaller game company, and maybe something else). We will meet developers, program managers, and others to get some tips on how it's done and what a job like this is really like. No programming experience necessary but would be beneficial, a passion for a future in the tech industry encouraged.

**Careers explored:** software developer, program manager

## Microsoft IT Academy!

Earn College Credit through Microsoft Academy: The Microsoft IT Academy enables students to be trained on fundamental technology skills and technical courses for those interested in pursuing a career in IT after graduation. This focus week would also prepare you to be part of any business through studying functions of Microsoft Office. You pick the course (or courses!) you want to master, and utilize your time in an online, self-directed area of study. Technology is everywhere! Get a head start for college and your future profession, whether or not you are pursuing an IT career. Find out more at:

[https://bsd405.sharepoint.com/:b:/s/international/Staff/ESeSrZVm-LZFjaF6r60YUA0Bs9CcdHshOyBKC8IWg\\_CSyw?e=GRXAfv](https://bsd405.sharepoint.com/:b:/s/international/Staff/ESeSrZVm-LZFjaF6r60YUA0Bs9CcdHshOyBKC8IWg_CSyw?e=GRXAfv)

Field trips: Living Computer Museum, Microsoft Visitor Center Redmond, Makerspace downtown Bellevue

**Careers explored:** executive, administrator, technician

## Long Lost Treasures of Chemistry

Learn more about careers in science by performing labs and demonstrations each morning and afternoon that were not included in either 1st year chemistry or AP chemistry courses. In the middle of the day, we'll have guest speakers and go on field trips to see chemistry labs in action.

**Careers explored:** chemist, pharmacology, forensic scientist and chemical engineer

## Lifeguarding

Ready to prepare for your summer job! Bellevue beaches and pools need lifeguards, the job is fun and the pay is good! Come to the Bellevue Aquatic Center to train and earn a Red Cross Lifeguard Certification. Must be 15 years or older and must be able to pass a basic swimming test. See Lee Holt for details.

**Careers explored:** lifeguard, first responder, aquatic facilities manager

## Art Art Art!

Be a part of something big! If you are a high school student that is interested in art, this focus week is for you! We will be working on painting a new mural for the cafeteria in the mornings and in the afternoons we will do field trips to artist studios, galleries, sketching about town and more.

**Careers explored:** artist

## Cultural Cooking

Come and test your cooking skills! Learn to cook cuisines from places all over the world, such as dumplings, sushi, pasta, and some sweet stuff too! Every day we will explore a different cultural cuisine. We will primarily be on campus but may venture out for some specialty ingredients at local stores.

**Careers explored:** chef, restaurateur, catering manager

## **Graphic novel meets theatre**

Spend focus week creating plays inspired by Tintin, Wonder-Woman, and your other favorite graphic novel characters and stories! Students will read and explore a selection of graphic novels (both fiction and non-fiction). Students will also learn and practice basic theater foundations and essential elements of playwriting. In small groups, students will then use these foundations to create their own graphic novel storyboards that they will develop into an original play. Workshop co-led by Rachel Atkins, Seattle playwright and teaching artist.

**Careers explored:** author, animator, playwright, director, stage production

## **Random Acts of Crafts**

We will spend the week learning arts & crafts techniques: Tie dye a T-shirt; Tile a flower pot; Decorate a cake; Sew a pillowcase; Cross-stitch a sachet. It will be a stress free week with lots of time to create projects and be with friends.

**Careers Explored:** artist; artisan, designer

## **Go Urban**

Through daily trips into Seattle and Bellevue we will explore urban architectural design, planning of public spaces, traffic flow and the challenges that go into making a city dynamic, livable, and accessible. We will tour a variety of spaces, that may include trendy neighborhoods, the University of Washington and the Greenest commercial building in the world. We will be guided by city planners, architects, and artists to get a better understanding of their roles in making the Seattle metro area one of the most livable cities in America.

**Careers Explored:** architect, city planner, artist

## **Automotive Fun**

If you like working with your hands, learning about cars and engines then this is the focus week for you. Including learning about general maintenance for your car and visiting some local automotive shops in the area. Other trips may include LeMay Automotive Museum and K1 speed.

**Careers explored:** mechanic, electrician, mechanical engineer

## **France Trip**

**Advanced sign up required**

## **Taiwan Trip**

**Advanced sign up required**

## **Eleventh and Twelfth Grade Only**

### **Camp Counselors**

**Fee: \$150**

**Because this is an overnight trip there is \$150 a fee. Scholarships are available.**

Have you ever thought you might like to be a camp counselor? Do you love working with kids? Here is your chance to build your skills. Help run the 6<sup>th</sup> grade camp at Camp Orkila for 4 days (3 nights).

Students are eligible to earn 20 community service hours.

**Careers Explored:** camp counselor

## **Additional Important Notes**

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Please consider your spring sports schedule when signing up for Focus Week. Remember that Focus Week is May 18-22, 2020.

Scholarships are available for overnight trips and will be awarded based on need. A written request for scholarship assistance must be submitted to the counselor one month prior to Focus Week.