

Influenza Activity Remains Low in Orange County. Get Your Vaccination Now!

Local Influenza Update:

- As of week 43 (ending 10/26/2019), overall influenza activity remains low throughout the county.
- The most frequently identified influenza virus type reported by Orange County Public Health Laboratory was influenza A/H3 virus.
- No influenza-associated deaths in persons under the age of 65 years have been reported to Orange County Public Health so far this season, which started September 30, 2019.
- Influenza vaccination is always the best way to prevent influenza and its potentially serious complications. Go to ochealthinfo.com/flu to find out where you can get an influenza shot in Orange County.
- For the most up-to-date surveillance information, including highlights from 2018-2019 influenza season, visit our [influenza surveillance webpage](#).

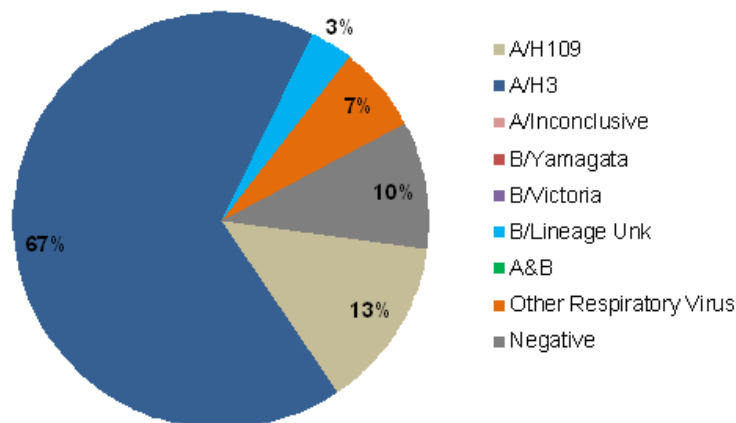
Weekly Flu Recap

Data as of Week 43 (ending 10/26/19)

Low	Local Flu Activity
0 children 0 adults	ICU Cases (0-64 yrs)
0 children 0 adults	Deaths (0-64 yrs)
0 LTCFs 0 Schools	Respiratory Outbreaks

LTCF = Long Term Care Facility

Influenza Specimen Testing Results from Orange County Public Health Laboratory (n=30)



State & National Influenza Update:

- Seasonal influenza activity in the United States, including California, remains low.
- Two pediatric influenza-associated deaths occurred in the U.S. during week 41 (ending 10/12/2019). One death was associated with influenza A (unknown subtype), the other was influenza B/Victoria.
- Influenza A/H3 and Influenza B viruses have been co-circulating so far this season.

Clinical News:

- A survey conducted by CDC found only 54% of pregnant women were vaccinated against the flu during the 2018-2019 season ([link](#)). Vaccination of pregnant women is particularly important, as they are at disproportionate risk of severe illness due to influenza.