

Influenza Activity Has Begun to Increase in Orange County

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Influenza Update:

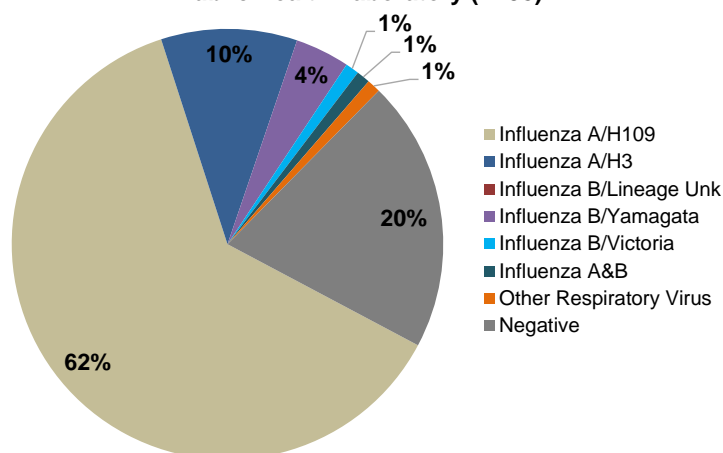
- Locally, influenza activity has increased in recent weeks. At the State level, influenza activity is increasing in southern and central California.
- The most frequently identified influenza virus type reported by Orange County Public Health Laboratory was influenza A(H1N1)pdm09 virus.
- No influenza-associated deaths in persons under the age of 65 years have been reported to Orange County Public Health so far this season.

Season Totals thru 12/15/18

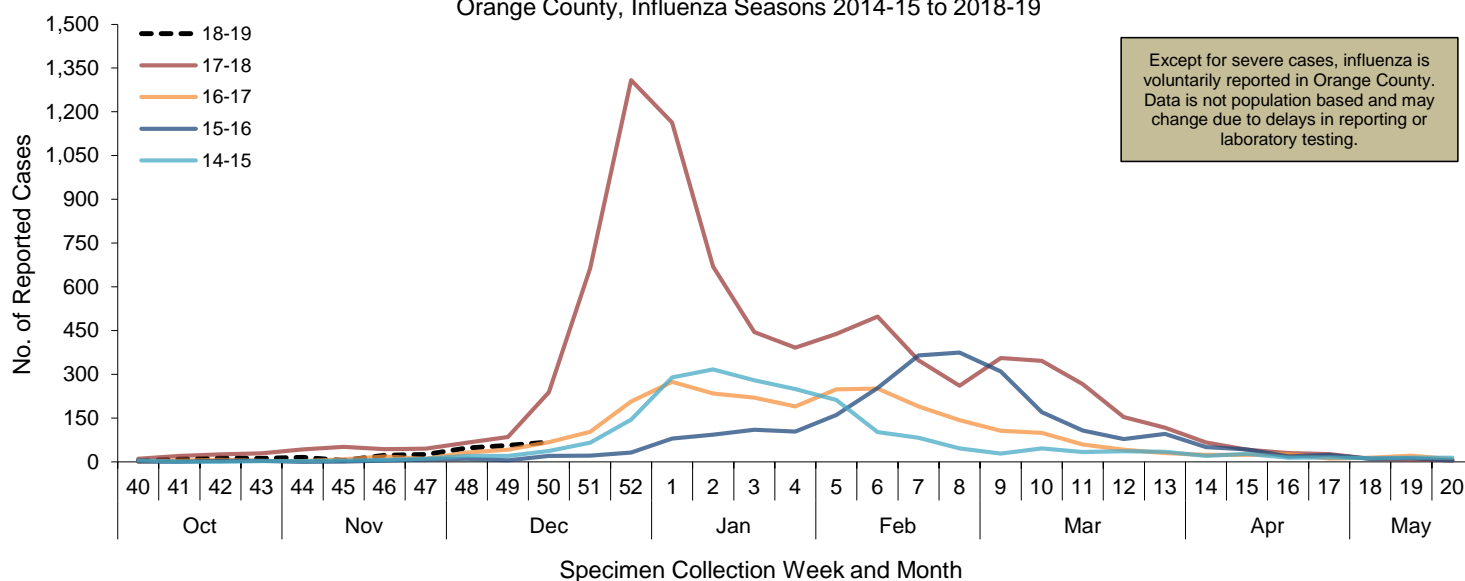
Increasing ↑	Local Flu Activity
0 children 1 adult	ICU Cases (0-64 yrs)
0 children 0 adults	Deaths (0-64 yrs)
1 LTCF 0 Schools	Respiratory Outbreaks

LTCF = Long Term Care Facility

Specimen Testing Results from Orange County Public Health Laboratory (n=98)



Reported Influenza Cases by Disease Week and Season, Orange County, Influenza Seasons 2014-15 to 2018-19



Clinical News:

- Influenza vaccine reduces a pregnant woman's risk of being hospitalized from influenza infection by an average of 40% ([read more here](#)).
- Infectious Diseases Society of America updates influenza management guidelines, including new information on testing, treatment and chemoprophylaxis ([read more here](#)).