October 2016

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Pancake Day!	Cheesy Quesadilla	Spaghetti	Deep dish cheese pizza	Chicken nuggets
Roasted potatoes	Carrot sticks w/dip	Broccoli w/dip	Garden salad	Mashed potatoes w/gravy
Fresh fruit	Baked beans	Fresh fruit	Fresh fruit	Corn
Peaches	Fresh fruit/ Applesauce	Pineapple tidbits	Pears	Applesauce/Fresh fruit
Milk	Milk	Milk	Milk	Milk
10	11	12	13	14
Cheeseburger	Nachos	Mandarin orange	Mini corn dogs	Chicken tenders
Roasted potatoes	Refried beans	chicken/rice & roll	Mac/cheese	Mashed potatoes w/gravy
Fresh fruit	Corn	Garden salad	Carrot sticks w/dip	Green beans
Peaches	Fresh fruit/ Applesauce	Fresh fruit/Pineapple	Apple	Fresh fruit/applesauce
Milk	Milk	Milk	Milk	Milk
17	18	19	20	21
Jumbo corn dog	Tacos	French toast	Chicken sandwich	Deep dish cheese pizza
Baked potato wedges	Corn	Sausage links	Baked beans	Carrot sticks w/dip
Fresh fruit	Garden salad	Roasted potatoes	Fresh fruit/pears	Apple
Peaches	Fresh fruit/applesauce	Fresh fruit/pineapple	Milk	Milk
Milk	Milk	Milk		
24	25	26	27	28
Cheese stuffed sticks	Nachos	Hot do		
w/sauce	Spanish rice	Baked beans		
Green beans	Zucchini/grape tomatoes	Carrot sticks w/dip	No School	No School
Fresh fruit/peaches	Apple	Fresh fruit/pineapple		
Milk	Milk	Milk		
31				
Pancake Day!	(0)			
Roasted potatoes				
Fresh fruit/peaches				
Milk				