

Flu vs Cold

Signs and Symptoms	Influenza	Cold
Symptom Onset	Abrupt	Gradual
Fever	Usual; lasts 3-4 days	Rare
Aches	Usual; often severe	Slight
Chills	Fairly common	Uncommon
Fatigue/Weakness	Usual	Sometimes
Sneezing	Sometimes	Common
Stuffy Nose	Sometimes	Common
Sore Throat	Sometimes	Common
Chest Discomfort/Cough	Common; can be severe	Mild to moderate; hacking cough
Headache	Common	Rare