



Our mission is to equip people to grow their faith
by connecting to God and others
while reaching out with love

Sixteenth Sunday after Pentecost
Proper 19

September 12, 2021

Prelude *Rehearse the hymn for after the sermon*

A bell will be rung three times to begin our worship

Opening Hymn

Help us accept each other



1. Help us ac - cept each oth - er as Christ ac - cept - ed us; teach
2. Teach us, O God, your les - sons, as in our dai - ly life we
3. Let your ac - cep - tance change us, so that we may be moved in



us as sis - ter, broth - er, each per - son to em - brace. Be
strug - gle to be hu - man and search for hope and faith. Teach
liv - ing sit - u - a - tions to do the truth in love; To



pres - ent, God, a - mong us, and bring us to be - lieve we
us to care for peo - ple, for all, not just for some, to
prac - tice your ac - cep - tance, un - til we know by heart the



are our - selves ac - cept - ed and meant to love and live.
love them as we find them, or as they may be - come.
ta - ble of for - give - ness and laugh - ter's heal - ing art.

tune: AURELIA

Opening Acclamation

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider May God be with you.

People **And also with you.**

Presider Let us pray.

The Collect of the Day

O God, because without you we are not able to please you mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Ministry of the Word

First Reading

Proverbs 1:20-33

Wisdom cries out in the street; in the squares she raises her voice. At the busiest corner she cries out; at the entrance of the city gates she speaks: "How long, O simple ones, will you love being simple? How long will scoffers delight in their scoffing and fools hate knowledge? Give heed to my reproof; I will pour out my thoughts to you; I will make my words known to you. Because I have called and you refused, have stretched out my hand and no one heeded, and because you have ignored all my counsel and would have none of my reproof, I also will laugh at your calamity; I will mock when panic strikes you, when panic strikes you like a storm, and your calamity comes like a whirlwind, when distress and anguish come upon you. Then they will call upon me, but I will not answer; they will seek me diligently, but will not find me. Because they hated knowledge and did not choose the fear of the Lord, would have none of my counsel, and despised all my reproof, therefore they shall eat the fruit of their way and be satiated with their own devices. For waywardness kills the simple, and the complacency of fools destroys them; but those who listen to me will be secure and will live at ease, without dread of disaster."

Reader Hear what the Spirit is saying to God's People.

People **Thanks be to God.**

Psalm 19

The Lord is my light and my sal - va - tion. Whom shall I fear?

The Lord is the light of my life. Of whom shall I be a - fraid?

words: Kevin Pearson; music: Jack Barben

The heavens declare the glory of / God,*
And the firmament shows / his handiwork
One day tells its tale to a/nother,*
And one night imparts knowledge to another. *Refrain*

Although they have no words or / language,*
And their voices are / not heard,
Their sound has gone out into all / lands,*
And their voices are not heard,

In the deep has he set a pavilion for the / sun;*
It comes forth like a bridegroom out of his chamber; it rejoices like a champion to run / its course.
It goes forth from the uttermost edge of the heavens and runs about to the end of it a/gain.*
Nothing is hidden from its burning heat. *Refrain*

The law of the Lord is perfect and revives the / soul;*
The testimony of the Lord is sure and gives wisdom to / the innocent.
The statutes of the Lord are just and rejoice the / heart;*
The commandment of the Lord is clear and gives light to the eyes.

The fear of the Lord is clean and endures for / ever;*
The judgments of the Lord are true and righteous al/together.
More to be desired are they than gold, more than much fine /gold,*
Sweeter far than honey, than honey in the comb. *Refrain*

By them also is your servant en/lightened,*
And in keeping them there is great / reward.
Who can tell how often he of/fends?*

Cleanse me from my secret faults.

Above all, keep your servant from presumptuous sins; let them not get dominion over / me;*
Then shall I be whole and sound, and innocent of a great / offence.
Let the words of my mouth and the meditation of my heart be acceptable in your / sight,*
O Lord, my strength and my redeemer. *Refrain*

Second Reading

James 3:1-12

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits. How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue—a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

Reader Hear what the Spirit is saying to God's People.

People Thanks be to God.

Gradual Hymn

Alleluia Celtic

The musical notation is written on a treble clef staff with a key signature of one sharp (F#). The melody consists of quarter and eighth notes. The lyrics are: "Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia." Above the first line of music are the chords D (all open 5th), C, and D. Above the second line are the chords C, A, and D. The piece ends with a double bar line and repeat dots. The text "Celtic Alleluia" is written below the first line of the second staff.

The Gospel

Mark 8:27-38

Presider The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him. Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation,

of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.”

Presider The Gospel of the Lord.
People Praise to you, Lord Christ.

Sermon The Rev. Liz Tichenor

You are invited to join in a time of silence and reflection following the homily.

Hymn

Can you see the living Christ



1 Can you see the liv-ing Christ in the peo-ple gath-ered here, in the
2 Can you sense the liv-ing Christ in the praise the earth can give, as the
3 Ris - en Christ, we see your face in the peo-ple gath-ered here. Here we



sol - ace of this hour, as the Spir-it draws us near? Can you
col - ors leap with joy in the gar-den where you live? Can you
meet you as we are, as the Spir-it draws us near. Ris - en



hear the liv-ing Christ in the songs of young and old, in the
feel the liv-ing Christ in the love that holds us fast, as the
Christ, we live by faith, trust-ing what we can - not see, till our



voic - es, in the prayers, in the stor-ies of - ten told?
mor - tar holds the stone while it ech-oes prais - es past?
sor - row turns to joy, and you come to set us free.

WORDS and MUSIC: Daniel Charles Damon

CANYON LAKE

7.7.7.7.D.

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Affirmation of Faith *The Nicene Creed* *standing*

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People *standing*

Presider In peace, we pray to you, Lord God.

Silence

Leader For all people in their daily life and work;
***People* For our families, friends, and neighbors, and for those who are alone.**

Leader For this community, the nation, and the world;
***People* For all who work for justice, freedom, and peace.**
Leader For the just and proper use of your creation;
***People* For the victims of hunger, fear, injustice, and oppression.**

Leader For all who are in danger, sorrow, or any kind of trouble;
***People* For those who minister to the sick, the friendless, and the needy.**

Leader For the peace and unity of the Church of God;
People **For all who proclaim the Gospel, and all who seek the Truth.**

Leader For Michael our Presiding Bishop, and Marc our Bishop; and all bishops and other ministers;
People **For all who serve God in her Church.**

Leader For the special needs and concerns of this congregation, remembering especially those on our parish prayer list.

Silence

The People may add their own petitions

Leader Hear us, Lord;
People **For your mercy is great.**

Leader We thank you, Lord, for all the blessings of this life. We thank you especially for Dave, Jan, Emma and Alexander; Laura, Nicholas and Katherine; Hugo, Margarita, Sophia and Olivia, members of our parish family.

Silence

The People may add their own thanksgivings

Leader We will exalt you, O God our King;
People **And praise your Name for ever and ever.**

Leader We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Leader Lord, let your loving-kindness be upon them;
People **Who put their trust in you.**

Presider O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

Confession

Presider Let us confess our sins against God and our neighbor.

Silence may be kept.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**

The Peace

Presider May the peace of Christ be always with you.
People **And also with you.**

Announcements

Thanksgivings and Concerns

The Hands of God

To - day, to - mor-row and al - ways we re - joi - ce in the hands of God. May God's
pow - er - ful hands sup - port you, May God's guid - ing hands lead you, May God's
lov - ing hands en - fold you. We re - joi - ce in the hands of God.

The Offertory

Presider Let us with gladness present the offerings and oblations of our life and labor to the Lord.

Offertory Hymn 417

This is the feast

Antiphon

This is the feast of vic - to - ry for our God.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

- 1 Wor - thy is Christ, the Lamb who was slain, — whose
- 2 Pow - er, rich - es, wis - dom, and strength, — and
- 3 Sing — with all the peo - ple of God, — and
- 4 Bless - ing, hon - or, glo - ry, and might be to
- 5 For — the Lamb — who was slain has be -

- 1 blood set us free — to be peo - ple of God. [Ant.]
- 2 hon - or, — bless - ing, and glo - ry are his. [Ant.]
- 3 join in the hymn of all cre - a - tion. [Ant.]
- 4 God and the Lamb for ev - er. A - men. [Ant.]
- 5 gun his — reign. — Al - le - lu - ia! [Ant.]

Final Antiphon

This is the feast of vic - to - ry for our God.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Words: Revelations 5:12-13; adapt. John W. Arthur (1922-1980)
Music: *Festival Canticle*, Richard Hillert (b. 1923)

For those gathered in person, if you wish to make a gift you can do so when an usher brings the offering plate to you. If you would like to make a gift online, you can securely do so through [PayPal here](#). You can also mail checks to the church at 399 Gregory Lane, Pleasant Hill CA, 94523. Thank you!

The Great Thanksgiving

standing

Presider All things come of you O God.
People **And of your own have we given you.**

Presider The Lord be with you.
People **And also with you.**

Presider Lift up your hearts.
People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

The Presider continues:

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through Jesus Christ our Lord.

In fulfillment of his true promise, the Holy Spirit came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

Ho - ly, ho - ly, ho - ly Lord, God of power and
might, heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed is the one who comes
in the name of the Lord. Ho - san - na in the
high - est. Ho - san - na in the high - est.

The Presider continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.
Christ is risen.
Christ will come again.**

The Presider continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in harmony with your Christ, and bring us to that heavenly country where, with Mary the God-bearer and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Presider And now, as our Savior Christ has taught us, we are bold to pray,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Presider breaks the consecrated Bread

A period of silence is kept.

Presider Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Presider The Gifts of God for the People of God.

The Communion of the People

All are invited to receive Communion. *Please gather around the altar, giving those on either side of you some space. Place one hand on top of the other to receive the bread. We will not be sharing wine or grape juice today. If you would prefer to receive a blessing, just ask.*

Gluten free wafers are available; *please let Rev. Liz know if that's your preference.*

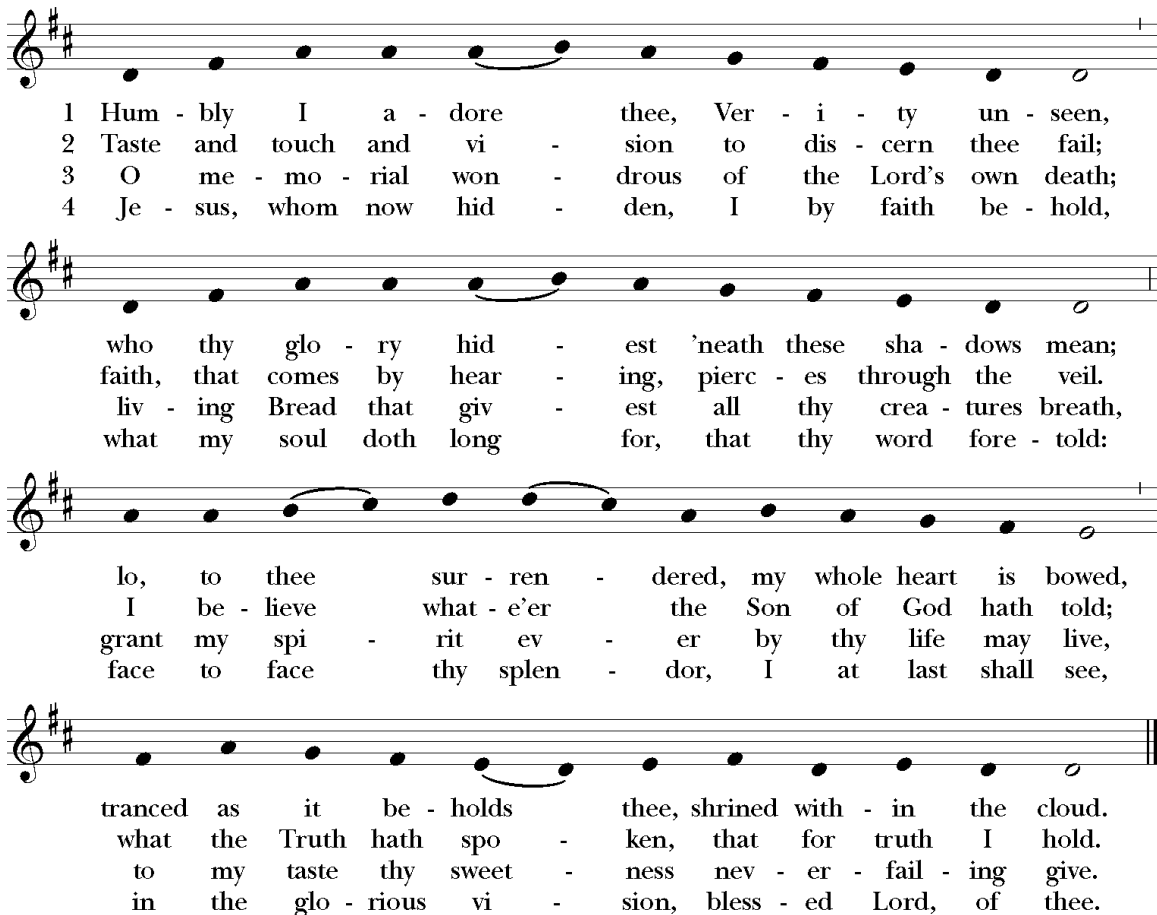
If you are worshipping via livestream, you may wish to pray this prayer during communion:

Prayer for Spiritual Communion

In union, O Lord, with your faithful people who long to gather at every altar of your Church, where the Holy Eucharist has been celebrated, and, we pray, will be celebrated again soon, we desire to offer to you praise and thanksgiving. We remember your death, Lord Christ; we proclaim your resurrection; we await your coming in glory. Since we cannot receive you today in the Sacrament of your Body and Blood, we beseech you to come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

Communion Hymn 314

Humbly I adore Thee



1 Hum - bly I a - dore thee, Ver - i - ty un - seen,
2 Taste and touch and vi - sion to dis - cern thee fail;
3 O me - mo - rial won - drous of the Lord's own death;
4 Je - sus, whom now hid - den, I by faith be - hold,
who thy glo - ry hid - est 'neath these sha - dows mean;
faith, that comes by hear - ing, pierc - es through the veil.
liv - ing Bread that giv - est all thy crea - tures breath,
what my soul doth long for, that thy word fore - told:
lo, to thee sur - ren - dered, my whole heart is bowed,
I be - lieve what - e'er the Son of God hath told;
grant my spi - rit ev - er by thy life may live,
face to face thy splen - dor, I at last shall see,
tranced as it be - holds thee, shrined with - in the cloud.
what the Truth hath spo - ken, that for truth I hold.
to my taste thy sweet - ness nev - er - fail - ing give.
in the glo - rious vi - sion, bless - ed Lord, of thee.

Words: Att. Thomas Aquinas (1225?-1274); sts. 1-3, tr. *Hymnal 1940*; st. 4, tr. *Hymnal 1982*

Music: *Adoro devote*, French church melody, Mode 5, *Processionale*, 1697; acc. Charles Winfred Douglas (1867-1944), alt.

Post-Communion Prayer

Presider Let us pray.

People **Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

Final Blessing

May the blessing of the God of Abraham and Sarah, and of Jesus Christ born of our sister Mary, and of the Holy Spirit, who broods over the world as a mother over her children, be upon you and remain with you always. **Amen.**

Closing Hymn 675

Take up your cross



1 Take up your cross, the Sa - vior said, if
2 Take up your cross, let not its weight fill
3 Take up your cross, heed not the shame, and
4 Take up your cross, then, in his strength, and



1 you would my dis - ci - ple be; take up your cross with
2 your weak spi - rit with a - larm; his strength shall bear your
3 let your fool - ish heart be still; the Lord for you ac -
4 calm - ly ev - ery dan - ger brave: it guides you to a -



1 will - ing heart, and hum - bly fol - low af - ter me.
2 spi - rit up, and brace your heart, and nerve your arm.
3 cept - ed death up - on a cross, on Cal - vary's hill.
4 bun - dant life and leads to vic - tory o'er the grave.

Words: Charles William Everest (1814-1877), alt.

Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. John Leon Hooker (b. 1944)

The Dismissal

Presider Let us go forth into the world, rejoicing in the power of the Spirit.
People **Thanks be to God.**

Prayer List

Gary L.	Karen
Firefighters & victims of wildfires	Mary Lou Kenny
Jacki M	Len
Rachel E.	Peggy
Valerie F.	Pauline
Neil	Eloise
Lian	Katherine
John	Violaine
Carol Ann	Jennifer
Pat A.	Pam
Mark G.	Mary Pat
Denae	Chris
Russ	Carmel
Maria	Cammy
Paige	Robyn
Carole	Skip
Keesler Family	Rev. Steve
David	Sasha
Diane	Pat
Matt M.	Rick
Katie	Bob
Kristin E.	Teresa
John C.	Paula
Steve	Jeff
Julie	Grace
Christina	Joy
Emily	Amy
Laurel & Saki	Kathie
Leonard	John
Mike & Veronique	Shelly
Diane & Jared	Julie
Julie	Matthew
John & family	Dave
Sandy	Rosella
Betsy	John
Nancy	Betty
Altrina	Bev
Phyllis I.	Mike
Klaus	Amy
Sally & Cary	Meg
Glenn	Rick
Jennifer M.	Chaz
Jim	Marcos
Jake & family	Jim
Becky	Jordan

Please Pray for those in the Armed Services

Tristan, David, Katie, Kris, Devin, Adam, Jason, John

Pentecost – Proper 19
10:15 a.m. – September 12, 2021

Presider and Preacher	The Rev. Liz Tichenor
Lay Eucharistic Minister	Kim McConnell
Reader	Phil Matthews
Acolytes	Katie Wilson
Parish Musician	Charles Rus
Videographer	Ken Carlson
Sound Tech	Rob Evans
Communion Bread Maker	Ann Scott
Altar Guild	Laura Lakemacher, Mitch Epperson
Ushers	Neil Crawford, Rich Gianello, Chuck Bartell, Scott Wilson, Teddi Alexander

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