



## Happy Feet, Happy Earth

- Objectives:
- 1) Students will identify links between happiness and walking
  - 2) Students will identify benefits for the community and the earth when people choose to walk rather than use motorized vehicles
  - 3) Students will convey these benefits through at least one art form.

Lead class on a walkabout around the schoolyard and/or neighbourhood (you may need parent volunteers or older students). *Ensure that required permissions are obtained if students are leaving the school site.*

Before returning to class, ask students to name all the reasons they can think of why walking makes them happy; then how it makes their community happy; and how it makes the earth happy. (You may want to visit the International Walk to School website to see some of the statements and songs that have been created by other students - <http://www.iwalktoschool.org/>).

Back in the classroom, students work with a partner to determine how they want to convey the benefits of walking. They can create a poster, make up a song, write a story, create a skit, make a puppet show. Each team shares their work with the whole class and you may want to share this with other classes.

Assessment Suggestion: Evaluate effectiveness of the presentation format chosen.

Further resources about active commuting are available through Green Communities Canada at: <http://www.saferoutestoschool.ca/school-travel-planning>