



WISCAP Launches Project Recovery to Assist People Impacted by COVID-19

The Wisconsin Community Action Program Association (WISCAP) is launching Project Recovery to provide outreach, crisis counseling, and support to individuals emotionally affected by COVID-19. These resources are made available by the Department of Health Services (DHS) through the Federal Emergency Management Agency (FEMA) and in partnership with WISCAP and three community action agencies, the Social Development Commission, Community Action Coalition of South Central Wisconsin and NEWCAP.

The program, Project Recovery, will deploy trained outreach workers in the following Wisconsin counties: Brown, Dane, Milwaukee, Racine, Kenosha, Rock and Walworth Counties. These outreach workers help survivors and communities by organizing and prioritizing recovery tasks while also maintaining current information about a wide variety of recovery resources. Outreach workers are also available to help with problem solving, conflict resolution, stress management, and developing plans to address unmet needs.

Residents can access Project Recovery by visiting www.projectrecoverywi.org or calling 2-1-1.

If someone has been emotionally impacted by COVID-19, they may be experiencing:

- Anxiety
- Anger, resentment and conflict
- Uncertainty about the future
- Prolonged mourning
- Diminished problem-solving
- Isolation and hopelessness
- Health problems
- Physical and mental exhaustion
- Lifestyle changes
- Financial Stress

Project Recovery can offer them:

- Compassionate and nonjudgmental emotional support
- Organizing and prioritizing tasks
- Information and resource referral
- Problem solving
- Coping Skills
- Better understanding of their current situation and reactions
- Stress management
- Developing plans to address unmet needs