# Make a Meal for Many Volunteer Opportunity

Now is your chance to be part of Spokane County United Way's premier Day of Action volunteer event — Make a Meal for Many. Your investment in Spokane County United Way's volunteerism efforts will create rippling change throughout the community. Simply complete and return the form below to change lives today!

# Volunteer Opportunities Available 9/16/16

## **Table Packing**

#### Volunteers should arrive at 7:45am

In this volunteer position you will be part of the packaging line. Your job will be one of the following; scooping ingredients into the bag, weight the bags on the scales, sealing the bag, placing a sticker onto the bag, or stacking bags on the charting board. A total of 12 volunteers will be at each packaging line, so you will have the opportunity to volunteer with others from the community.

Heavy Lifter: Must be able to lift 50 lbs.

### Volunteers must arrive at 7:15am

In this volunteer position you will unload product; open bags, fill totes and remove bags to trash cans. You will also supply product in totes to the stations. Finally collect boxed meals, load pallets with boxed meals and load pallets into trucks.

Please RSVP to Samantha Pridemore to reserve your spot to volunteer at Make a Meal for Many.

Email Samantha—samanthap@unitedwayspokane.org by close of business Friday, August 26th the following information.

- Volunteer Position
- Shirt Size
- Lunch RSVP

