



NOT EVERYONE **TRAPPED** BY ALCOHOL IS AN **ALCOHOLIC.**

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Families and friends
are suffering too.

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Do you worry
about how much
someone drinks?

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Al-Anon and Alateen
can help.

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NEW AL-ANON MEETING

WEDNESDAYS

7:30-8:30 PM starting

OCTOBER 1

St. Mary Parish

55 Catoonah Street

Ridgefield, CT

LOCATION: Barn (*Looking at the front
of the church, the Barn is to the
back right*)

CTAlanon.org

1-888-825-2666



Al-Anon Family Groups
Help and hope for families and friends of alcoholics

Meetings are for all substance abuse