Go on a Sound Walk Outside

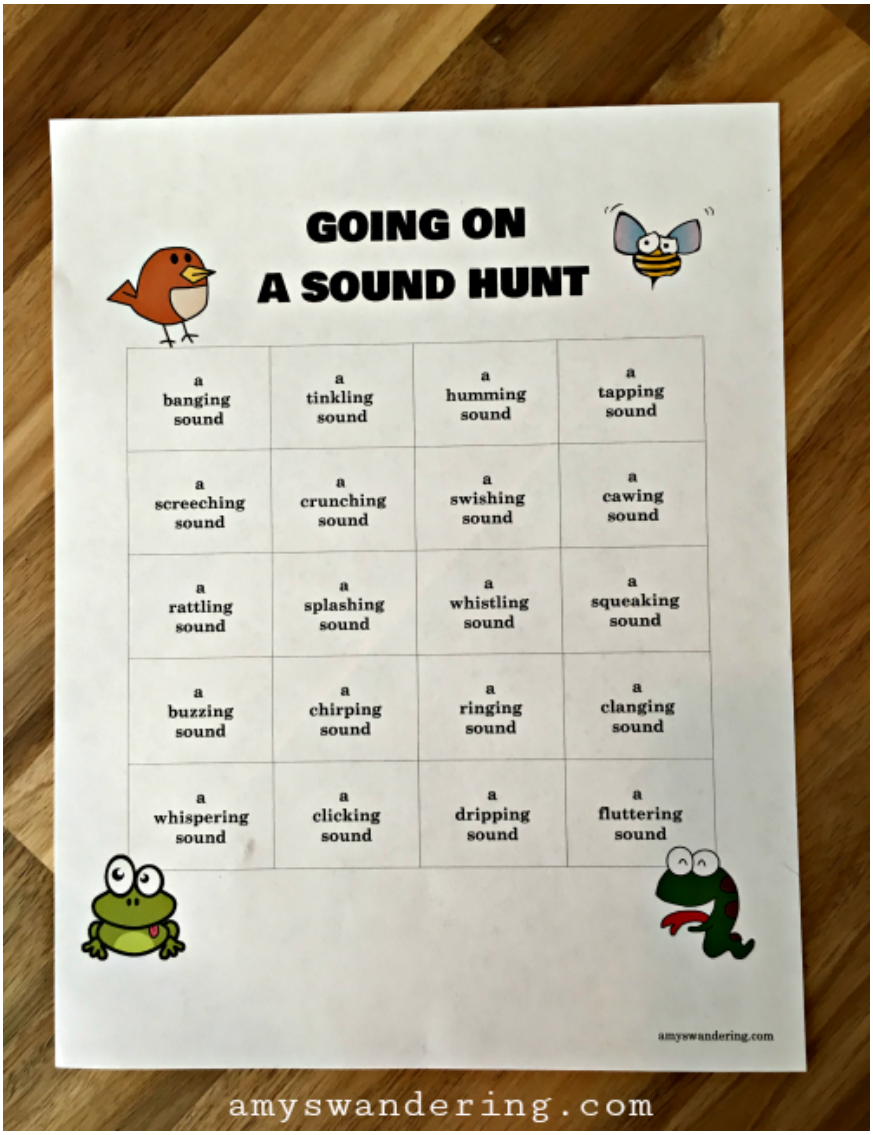
Go outside and just listen! It is amazing how much we miss in our busy lives running from here to there.

Take a day to slow down and listen to the sounds around you.

Go on a sound scavenger hunt and see if you can mark off the items on this list:

http://amyswandering.com/wp-content/uploads/2017/10/Sound-Hunt.pdf

Keep listening this summer until you can check them all off!



What other sounds do you notice?