VACATION BIBLE SCHOOL TODDLER ACTIVITIES

WEEK 5

- Practice giving a hug or patting a friend or family member when they feel sad. We are here to look out for each other and to help each other feel better when we feel sad.

- Look at pictures of people in a magazine or book. Study their face and decide if you think they are happy or sad.

- When you feel sad about something, practice saying "I'm sad" to a friend or family member. When we know how we feel, we can decide what to do to help ourselves feel better.

- Sing and dance along to "All Sad Songs" - and see if you can sing it all the way through!

