



## BIOBRIDGE COLLABORATIVES-

### *Annual Leadership Cruise:*

Learning to use the best in yourself to bring about the best in others.

### *Join Us*

When: Thu, Jul 13th 2017 4:30 p.m-7:30 p.m.

Where: 8 Water Street, Excelsior, MN 55331

Who: All professionals interested in exploring mindfulness and strengths based positive psychology as a path to self-care and a more positive, inside-out, compassionate leadership model.

What: Explore how Gallup's strengths based approach will help you understand and apply your own talents as well as your team's.

Experience the power of mindfulness to develop an inspiration-centered leadership style.

Spring Clean your Brain and organize your own stressors to improve personal productivity.

Take-home tools: Personalized Strength Finder report and implementation plan; My strengths Card; Personalized Passion Statement; Meditation technique; tool to identify, organize and manage stressors.

### *Be a Part of The*

### *ResonateNow Challenge*

We welcome you to join the ResonateNow Challenge. Enjoy a serene dinner cruise on the Lake as you explore the principles of resonant leadership. Learn how to resonate with your own and your team's strengths & stressors and take productivity to the next level.

**Early Bird Registration End May 20<sup>th</sup> 2017**

[Register here](#)

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*Discounted rates available for a Group of 10 or more. Call or email for details*